



# CICERONE

SPRING/SUMMER CATALOGUE 2020

FIFTY YEARS OF  
ADVENTURE  
1969 | 2019



CICERONE



Cover: A steep climb to Marions Peak from *Hiking the Overland Track* by Warwick Sprawson  
Photo: 'The veranda at New Pelion Hut – attractive habitat for shoes and socks' also from *Hiking the Overland Track* by Warwick Sprawson



# Welcome to CICERONE

Nearly 400 practical and inspirational  
guidebooks for hikers, mountaineers,  
climbers, runners and cyclists

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## The essence of Cicerone

We are sitting outside the Cabane du Mont-Fort high above Verbier, looking out at the sunset over the Combin range with Mont Blanc behind. Dinner is coming soon and the trekkers' thoughts have moved on from today's grinding 1650m climb to tomorrow's route over the wild and remote Grand Désert. The question goes out: 'What does Kev say?' and half a dozen copies of the little blue guidebook appear and are studied. Of course, most of the trekkers have read the book several times, but this is the decision point – whether to take the high path over the Col de la Chaux with the chance of late snow, or the slightly lower Sentier des Chamois with spectacular views of the Combin and the long drop to Val de Bagnes. Plans are made, dinner is served, beers are exchanged for wine, and conversation flows in several languages.

The scene is played out wherever we go: in the Dolomites, the AV2 trekkers at Rifugio Pisciadù are asking 'What does Gillian say?'; the GR20 trekkers at Ascu Stagnu in Corsica are asking 'What does Paddy say?'. Much the same scene happens from the Alps to the Canaries, from the north of Scotland to Sweden, from Patagonia to the Rockies. Grades are dissected, times and distances computed and checked, the ups and downs investigated, the maps explored for critical turns, the photographs assessed for dodgy terrain.

### **Every word, every comma, matters.**

This is what it is all about, why our team works so hard on the guides. We reflect on the responsibility of helping so many adventurers achieve their hills, treks and trips, and we feel the pleasure of helping them do so. In the feedback we receive from hikers, we see how every aspect of our craft must play its part, how the exactitude and quality of our authors' work and of our own work must come together perfectly; we see the importance of the highest editorial standards and great design, the best maps and photographs, the constant effort to stay as up to date as possible.

Then we look deeper and see more. We see the importance of finding inspiring new places, ranges and routes; the importance of the author's love and passion and desire to communicate it, which is the foundation of all our work; the importance of how we market and present our guides; the importance of our reputation for all these years.

'What does Kev say?' In those few words spoken high in the Swiss Alps, the whole of Cicerone is laid bare to us and we see how everything works together – all the moving parts we've strived to perfect and the people we've worked with for a good part of a generation.

Are we proud? Maybe just a little. Are we nervous about our responsibilities? Absolutely. Do we want to keep on doing it better? Definitely.

**Taken from the Prologue in *CICERONE: Celebrating Fifty Years of Adventure 1969 | 2019***

Jumping for joy in the Italian Dolomites  
(photo: James Rushforth)





# CICERONE – guides for great adventures

- market leader of guidebooks for outdoor and mountain activities
- largest range of international titles in the English language
- unique guidebooks to many regions of the world
- full colour national or bespoke mapping
- all the UK's national trails with map booklets included
- continuous innovation and development
- printed on environmentally sustainable paper
- regularly updated, with current updates available online
- full support for retailers
- worldwide distribution network

## Our reputation is built on

- TRUST
- EXPERT KNOWLEDGE
- GREAT VALUE
- EXTENSIVE CHOICE
- RESPONSIBLE VALUES
- LOVED BY OUR USERS



## Some unique Cicerone hiking guides

Mountain Adventures guides:

Chamonix, Maurienne, Innsbruck

Fastpacking

GR5 Trail: 3 guides covering the entire trail from Hoek of Holland to the Mediterranean

Karnischer Höhenweg

Munich to Venice (Traumpfad)

Zagori – Greece

Abruzzo

Tajikistan

Moroccan Anti-Atlas

Bulgaria's national parks

Trekking in Ladakh

Trekking in Bhutan

The Pacific Crest Trail

Torres del Paine

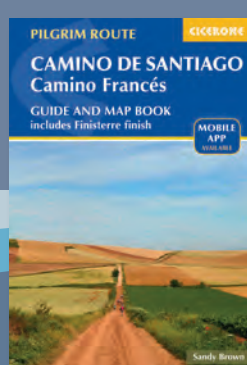
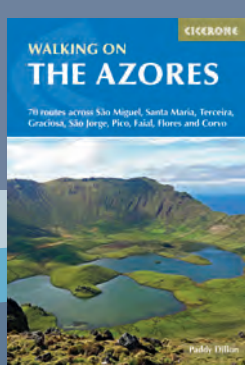
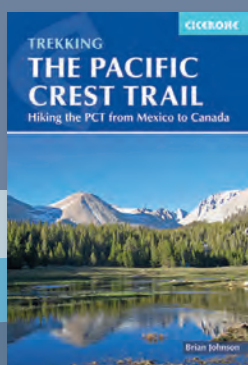
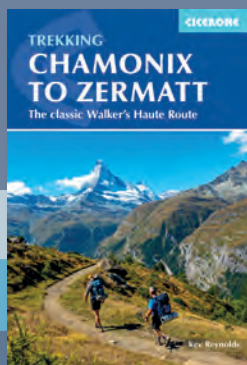
Kumano Kodo – Japan

Trekking in Japan

Julian Alps of Slovenia

Peaks of the Balkans Trail

over 50 guidebooks to the Alps



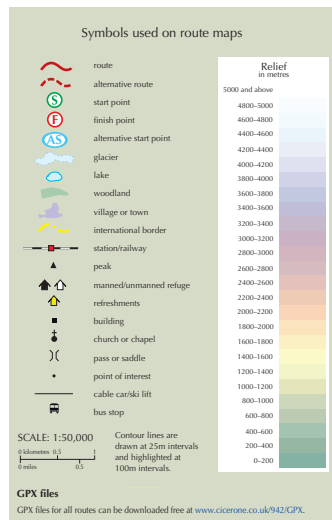
# Long-distance routes/trekking

GR routes  
caminos  
national trails

World Heritage treks  
circular tours  
waymarked routes

## Designed for the independent trekker

- trek planning tables
- overview maps
- stage-by-stage mapping and descriptions
- accommodation advice
- travel advice
- information on local interest and culture



## BRITISH ISLES

- 70 guidebooks to long-distance walks throughout Britain, including the national trails
- many national trails guides include a separate OS 1:25,000 map booklet

## EUROPE AND WORLDWIDE

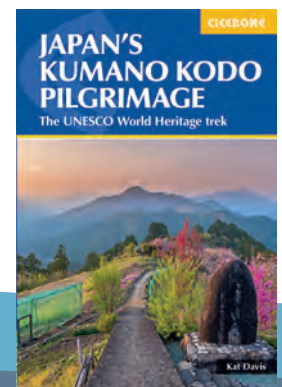
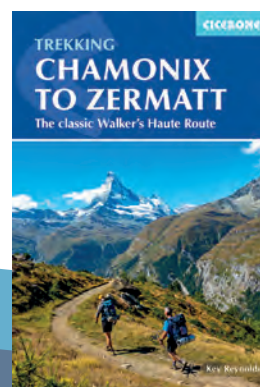
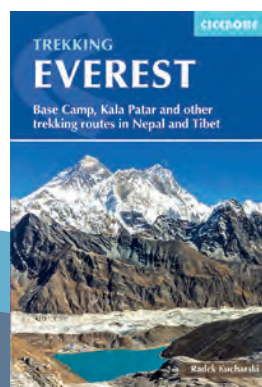
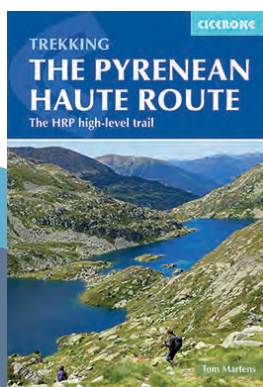
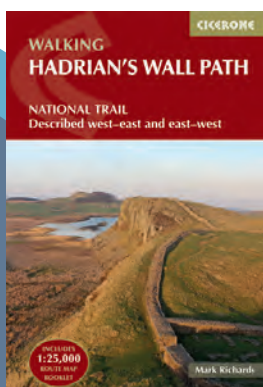
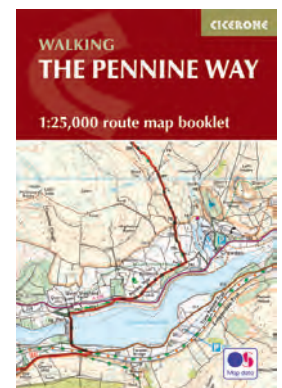
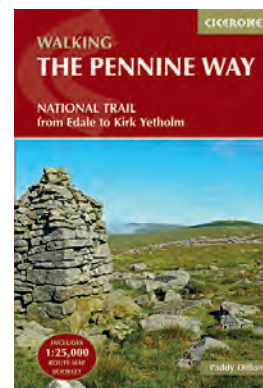
- over 60 guides, many unique titles
- the largest range of trekking guides in the English language.

## AUTHOR SPOTLIGHT

### Paddy Dillon



Paddy is an indefatigable long-distance walker who has walked all of Britain's National Trails and several major European trails. He lives on the fringes of the Lake District and has walked, and written about walking, in every county throughout the British Isles. He has over 90 guidebooks to his name and he has walked throughout Europe, as well as in Nepal, Tibet, Korea, Africa and the Rocky Mountains of Canada and the US.



# Day walks for all

easy family walks

short walks

full-day walking routes

walks for adventures

hills, countryside, coasts

UK, Europe, worldwide

## Designed for the independent walker

- area overview maps
- clear mapping and descriptions
- what to expect, timing and difficulty
- transport connections
- information on local interest and culture

### BRITISH ISLES

- 90 guidebooks to walks throughout the British Isles
- mountain walking, countryside, riverside, lakes and coastal

### EUROPE AND WORLDWIDE

- 70 guides, many unique titles
- largest range of guides in the English language



## Popular titles include

### BRITISH ISLES

Lake District Low Level & Lake Walks

Lake District High Fell Walks

The Isle of Skye

Walking the Jurassic coast

Walking on Harris and Lewis

Ben Nevis and Glencoe

Walking on the Brecon Beacons

Walking in Norfolk

Walking on the Isles of Scilly

### EUROPE AND WORLDWIDE

Shorter Walks in the Dolomites

The Julian Alps of Slovenia

Walking on the Amalfi Coast

Walking in Andalucia

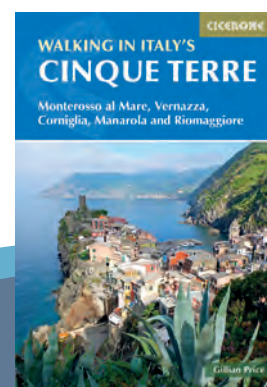
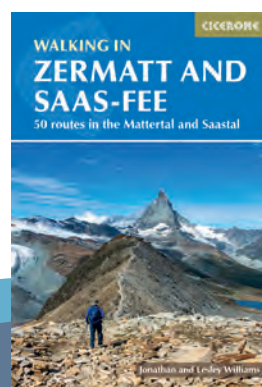
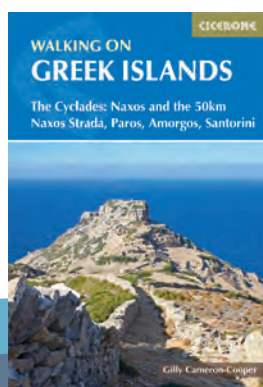
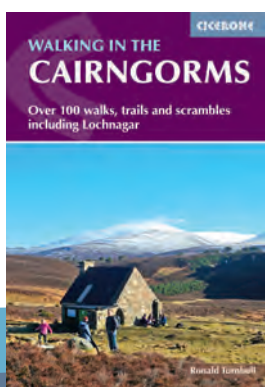
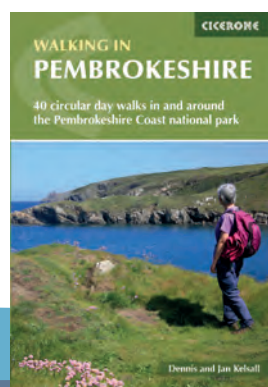
Mont Blanc Walks

Walking in the Bernese Oberland

Walking the Italian Lakes

100 Hut walks in the Alps

Walking in Tuscany





# Cycle touring and Mountain biking

## Extensive cycle-touring range

Many favourites, including

Lands End to John o' Groats

London to Paris

Hebrides

C2C

Lôn Las Cymru

Wild Atlantic Way

Rhine Cycle Route

Rhone Cycle Route

Danube Cycleway

Canal du Midi



- clear mapping for cyclists
- route profiles
- what to expect, and timing
- services and information for cyclists

## Mountain biking and mountain adventures

### BRITISH ISLES

Mountain Biking in the Lake District

Mountain Biking in the Yorkshire Dales

Mountain Biking in West and North West Scotland

Mountain Biking in Southern and Central Scotland

Cycling the Pennine Bridleway

Mountain Biking on the North Downs

Mountain Biking on the South Downs

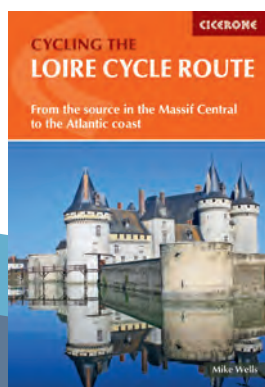
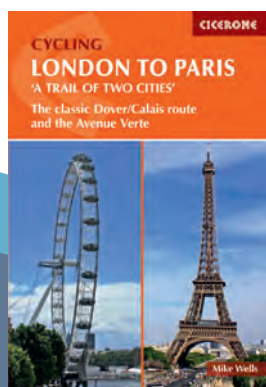
### EUROPE AND WORLDWIDE

Mountain Biking in Slovenia

Chamonix Mountain Adventures

Innsbruck Mountain Adventures

Mountain Adventures in the Maurienene



# Cicerone guides also cover....

adventures with children  
trail running & fastpacking  
scrambles and climbs  
winter climbs/ski-touring

## Encouraging the next generation to explore



Family days with under 12s exploring, biking, scrambling, on the water and more



## Cicerone is proud to work with new authors to develop specialist guides for emerging outdoor activities, running and climbing

A fast-growing activity in the world of trail running, fastpacking is the art of moving fast and light on multi-day running adventures.

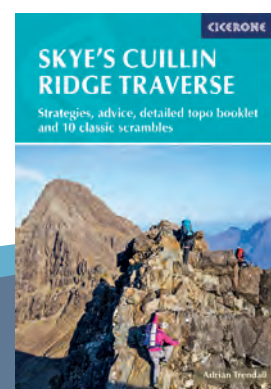
Making it possible to see more and travel further in a shorter period, fastpacking is perfect for running enthusiasts wanting to make the most of a weekend or holiday.

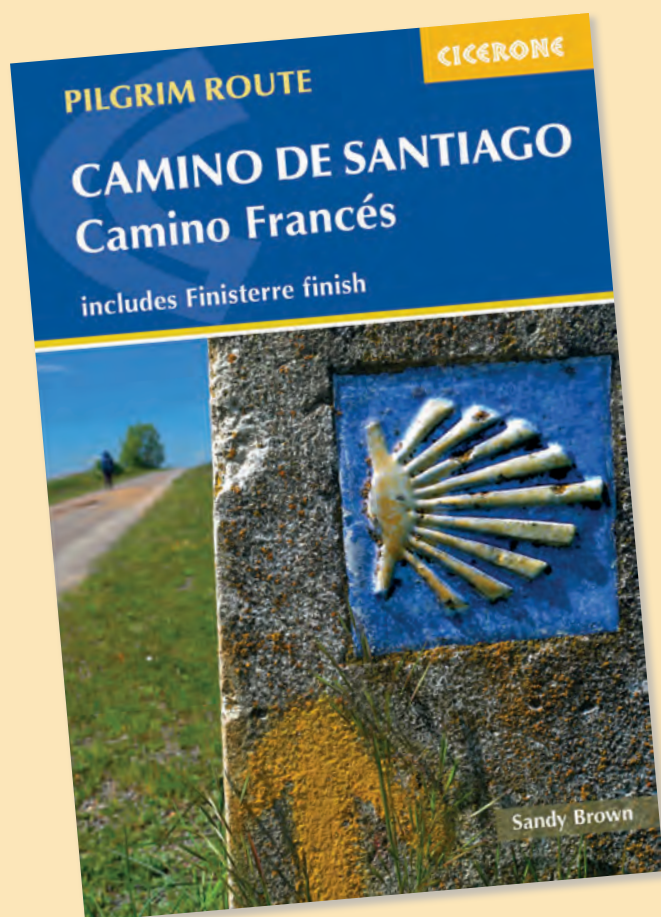
### AUTHOR SPOTLIGHT

#### Adrian Trendall

Adrian has been climbing since the mid 1980s and is a mountain guide and photographer living on Skye. His CV includes Alpine north faces, big walls in Yosemite and first ascents on the White Cliffs of Dover.

Adrian and his wife, Bridgette, live at the foot of the Cuillin, and together, they run a guiding and photography company, *All Things Cuillin*. Adrian is the author of *Skye's Cuillin Ridge Traverse* – a new two volume guide and topo to the ridge.





## Camino de Santiago – Camino Francés

Guide with map book – includes Finisterre finish

SANDY BROWN

The Camino Francés is the most popular route of the Camino de Santiago, and one of the most travelled pilgrimage routes in the world. This two-volume set of guidebook and map book covers the 784km route from Saint-Jean-Pied-de-Port in southern France to Santiago de Compostela, which can be walked in 4–5 weeks.

Divided into 6 sections, each section is broken down into stages with easily customisable start and finish points according to the amount of accommodation available. Over 500 pilgrim lodgings are listed within the guide, including all public and private albergues, with contact details and a description of facilities available. The accompanying map book covers the entire route, showing the locations of accommodation and services, and includes over 100 town and village maps.

A downloadable app provides an abundance of information that allows complete customisation of the Camino, making this an ideal guidebook for all pilgrims walking the Camino Francés.

(Code **1004**) ISBN 978 1 78631 004 0

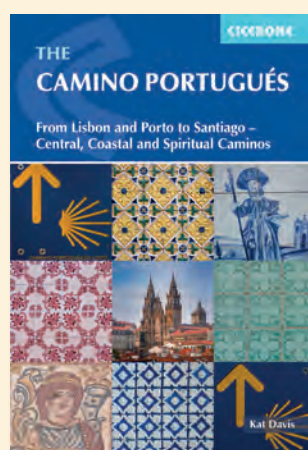
304pp 172x116mm P/B (both books in PVC sleeve)

**New guide replaces ISBN 9781852843724**

**January 2020**

**£17.95**

- **two books in one package**
- **over 500 accommodation listings – public and private albergues**
- **map book of entire route includes 100 town and village maps**
- **downloadable app with full information**
- **the most up to date and comprehensive guide available**



## Camino Portugués

From Lisbon and Porto to Santiago – Central, Coastal and Spiritual caminos

KAT DAVIS

A 620km long-distance route from Portugal's capital Lisbon to Santiago de Compostela in Spain. This guide is in 25 stages with two coastal options, and takes in historic and religious sites and stunning scenery. Includes planning and accommodation information.

(Code **932**) ISBN 978 1 85284 932 0

336pp 172x116mm P/B

**July 2019**

**£16.95**



## Cycling the Camino de Santiago

The Way of St James – Camino Frances

MIKE WELLS

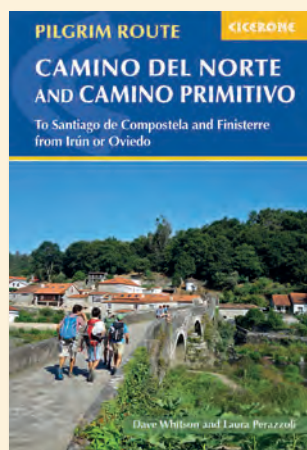
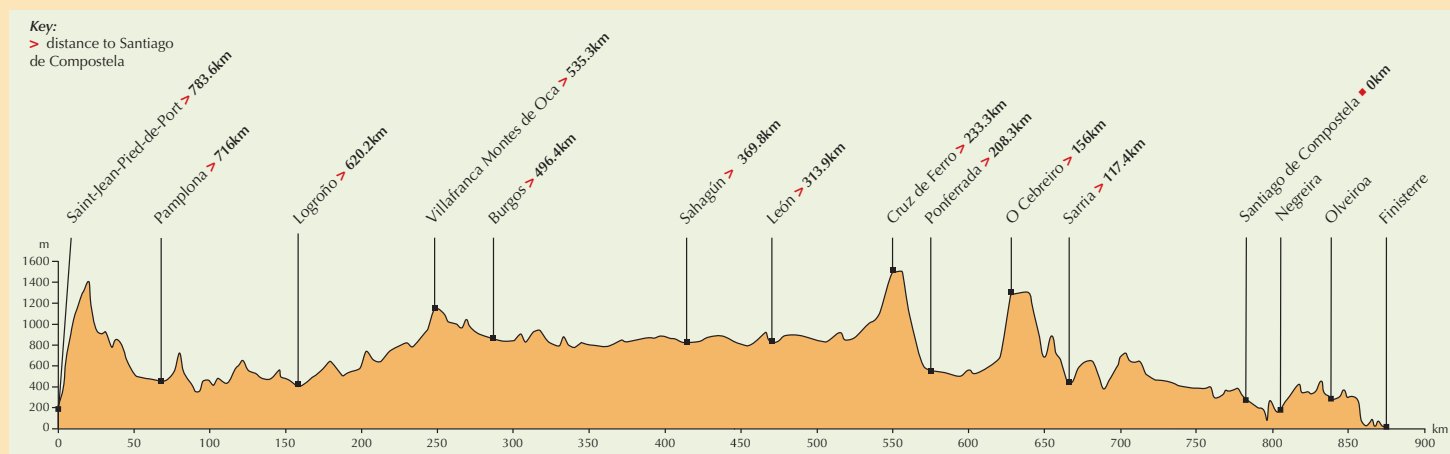
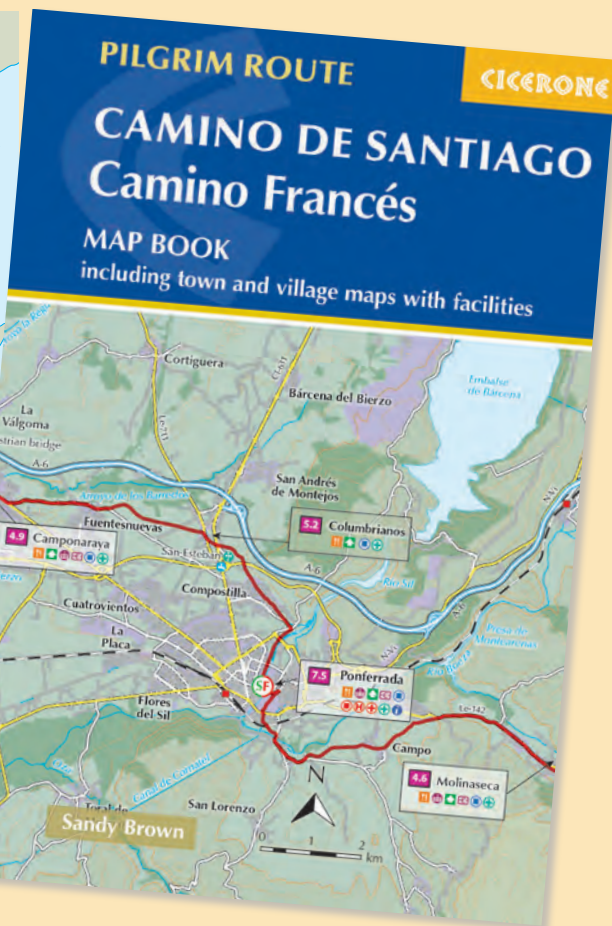
This guide presents the 850km journey in 19 stages. Two versions of the route are described; close to the walkers' route and suitable for hybrid or mountain bikes and a route for road and touring cycles. It can be cycled in around 10–14 days

(Code **969**) ISBN 978 1 85284 969 6

264pp 172x116mm P/B

**March 2019**

**£14.95**



## The Camino del Norte and Camino Primitivo

To Santiago de Compostela from Irún or Oviedo

DAVE WHITSON AND LAURA PERAZZOLI

Includes the Camino Finisterre from Santiago to the coast.

(Code 1014) ISBN 978 1 78631 014 9  
 312pp 172x116mm P/B

May 2019  
 £16.95



## The Camino Inglés and Ruta do Mar

To Santiago de Compostela and Finisterre from Ferrol, A Coruña or Ribadeo

DAVE WHITSON AND LAURA PERAZZOLI

Includes the Camino Finisterre from Santiago to the coast.

(Code 1006) ISBN 978 1 78631 006 4  
 152pp 172x116mm P/B

June 2019  
 £14.95



## Tour of Mont Blanc

Complete two-way trekking guide

KEV REYNOLDS

The Tour of Mont Blanc is one of the world's classic treks.

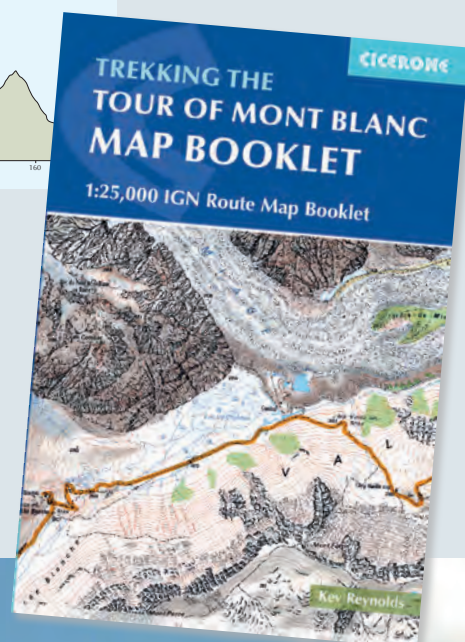
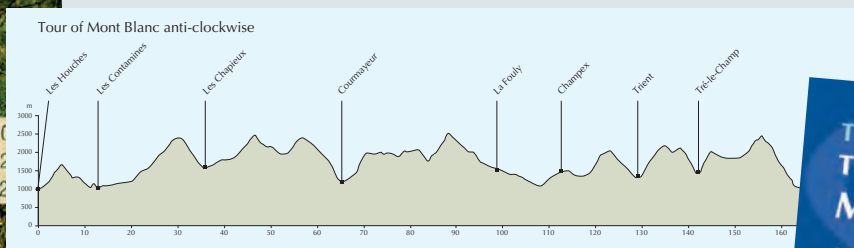
Every year thousands of walkers embark on the Tour of Mont Blanc, a 170km route that is recognised as one of the world's favourite walks. This guidebook contains in-depth route description for both the classic 11 day anti-clockwise circuit and an alternative 10 day clockwise trip.

The guidebook is packaged with a map booklet containing official 1:25,000 IGN mapping that covers the entire TMB route, and urban maps for the major centres of Chamonix, Courmayeur, Les Contamines and Champex.

(Code **1062**) ISBN 978 1 78631 062 0  
256pp 172x116mm P/B in PVC sleeve  
**Fifth edition: Replaces 9781852847791**

**April 2020**  
**£17.95**

- **1:25,000 IGN mapping in separate map book (included)**
- **classic anticlockwise and alternative anti-clockwise descriptions**



## Walking in Zermatt and Saas-Fee

50 routes in the Mattertal and Saastal

JONATHAN AND LESLEY WILLIAMS

Zermatt is one of the capitals of world mountaineering. Surrounded by most of Europe's largest mountains, Zermatt is an international centre, attracting visitors from the whole world, with the Matterhorn high in the southern sky.

Saas-Fee meanwhile is smaller, mellower, discrete. Still surrounded by large mountains, but a world apart from its cousin less than 10km away.

This guidebook describes 50 graded day walks in the Valais region of Switzerland, based around the resort towns of Zermatt, Saas-Fee and Grächen. The routes cover the Mattertal and Saastal valleys and their surrounding mountains and offer spectacular views of the Swiss 4000m giants, including the Matterhorn and Monte Rosa.

All routes are suitable for walkers, although some are more challenging high mountain days. Welcoming huts offer refreshment on the routes.

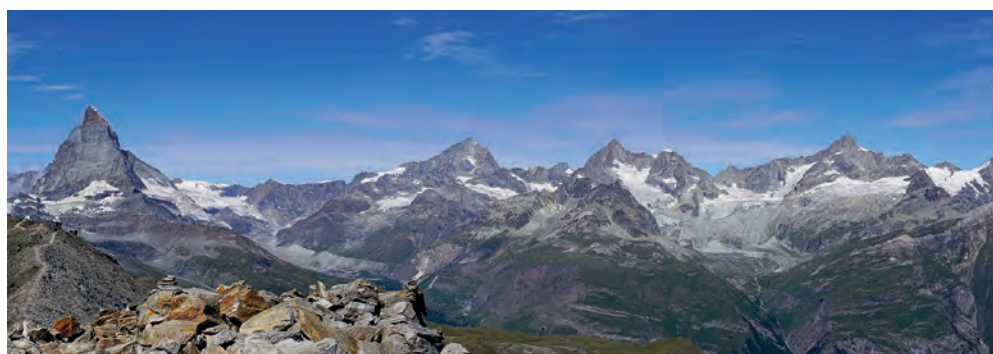
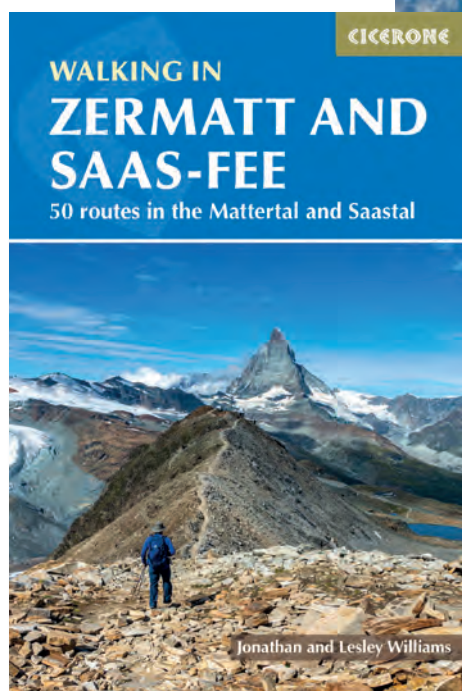
(Code **1062**) ISBN 978 1 78631 075 0

256pp 172x116mm P/B

May 2020

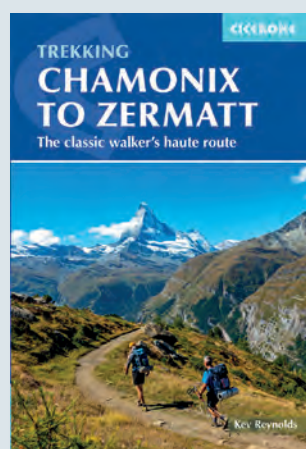
£16.95

- walks graded from straightforward to hard and challenging.



## Also available:

### Trek between Chamonix and Zermatt – Mont Blanc to the Matterhorn



## Chamonix to Zermatt

The Classic Walker's Haute Route

KEV REYNOLDS

The hiking Haute Route from Chamonix to Zermatt is one of the most beautiful mountain treks in Europe. Usually hiked within 2 weeks, the through-hiker enjoys overnight stops in remote mountain villages and high mountain huts. Described in 14 stages, the route crosses 11 passes between Mont Blanc and the Matterhorn and involves more than 12,000m of ascent and descent.

With numerous route options and variants, this is a complete guide for planning and hiking the route, with full accommodation information.

(Code **1048**) ISBN 978 1 78631 048 4

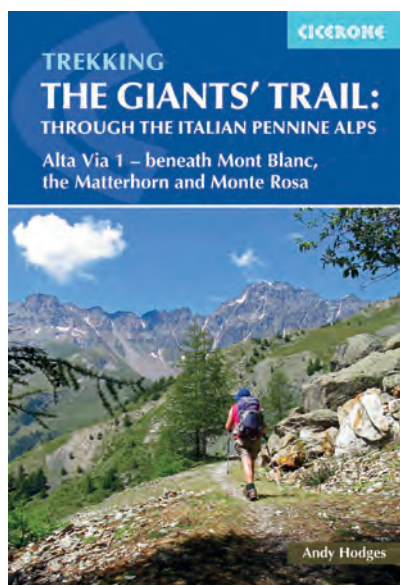
256pp 172x116mm P/B (in PVC sleeve)

Sixth edition: Replaces 9781852847807

June 2019

£14.95





## The Giants' Trail: Alta Via 1 through the Italian Pennine Alps

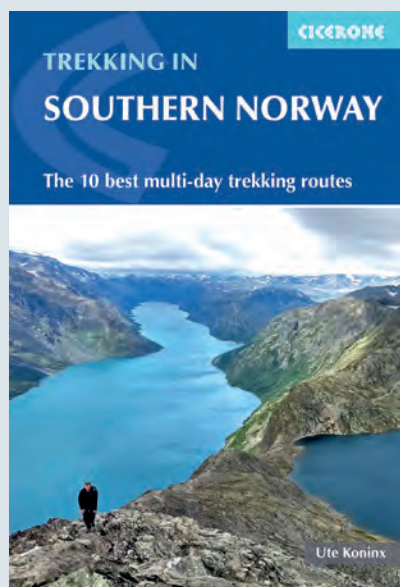
Beneath Mont Blanc, the Matterhorn and Monte Rosa

ANDY HODGES

Italy's Alta Via 1 is a 180km trail through the Italian Alps, following the northern flank of the Aosta Valley from Donnas to Courmayeur. The route is sometimes nicknamed the Giants' Trail because it affords fantastic views of the Alpine giants – Mont Blanc, the Matterhorn and Monte Rosa, and can be combined with the Alta Via 2 (covered in a separate Cicerone guide), which runs along the southern flank of the valley, to form the Tor des Geants. The guide also includes travel advice and accommodation listings.

(Code **992**) ISBN 978 1 85284 992 4  
160pp 172x116mm P/B

**May 2020**  
**£16.95**



## Trekking in Southern Norway

The 10 best multi-day trekking routes

UTE KONINX

This guide describes 10 treks of 3–8 days (although many can be adapted or combined to create longer or shorter routes) in Southern Norway. The hut-to-hut routes cover Jotunheimen, Rondane, Dovrefjell, Trollheimen and Ryfylke, with highlights including Galdhøpiggen – Norway's highest peak at 2469m – and the iconic Pulpit Rock and Kjeragbolten on the Lysefjord. They are suitable for experienced hikers with a good level of fitness and can be walked from mid-July to the end of September.

Although all of the routes follow waymarked trails, some cross remote and challenging terrain. The treks showcase Norway's wild natural beauty, from narrow ridges to wide glacial valleys and from shimmering fjords to striking alpine peaks. Accommodation listings include the Norwegian Trekking Association's extensive hut network.

(Code **975**) ISBN 978 1 85284 975 7  
272pp 172x116mm P/B

**June 2020**  
**£17.95**



## Hiking the Overland Track

Tasmania:

Cradle Mountain – Lake St Clair National Park

WARWICK SPRAWSON

Tasmania's iconic Overland Track is consistently rated as one of the World's best hikes. Described over 7 stages, the 81km trail from Cradle Valley to Lake St Clair takes in glacier-carved valleys, vast buttongrass moorlands, mossy rainforests, rugged peaks, thundering waterfalls, alpine meadows and peaceful lakes. There are plenty of opportunities to tackle the track's many higher level sidetrips which include Tasmania's highest peak, Mt Ossa.

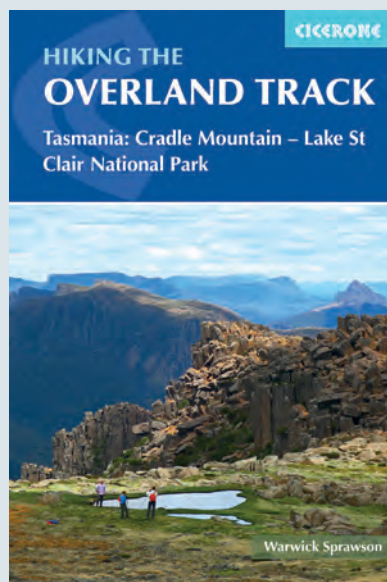
The guide includes crucial information for planning, including arranging permits and booking onto the Overland Track. It also provides a wealth of notes about the facilities available at each hut and the national park's wildlife, making this an essential guide for hikers.

(Code **1013**) ISBN 978 1 78631 013 2

208pp 172x116mm P/B

February 2020

£17.95



## The Mountains of Romania

Trekking and walking in the Carpathian Mountains

JANNEKE KLOP

This guide describes 27 short treks of 2–6 days and 10 day walks exploring Romania's Carpathian Mountains. From the Fagaras to the Retezat, the Apuseni to the Mountains of Maramures, the routes covers iconic and lesser known massifs and also includes an ascent of Moldoveanu, Romania's highest peak at 2544m.

The graded routes are as varied as Romania's diverse landscapes, taking in rolling hills, craggy karst peaks, glacial lakes and Europe's last virgin forests, with other highlights including Transylvanian castles, the painted monasteries of Bukovina and the spectacular Sapte Scari (Seven Ladders) and Turda Gorges. Historic towns such as the Saxon citadel of Brasov and the spa resort of Vatra Dornei offer easy access to the mountains; other routes visit remote villages that have changed little over the centuries

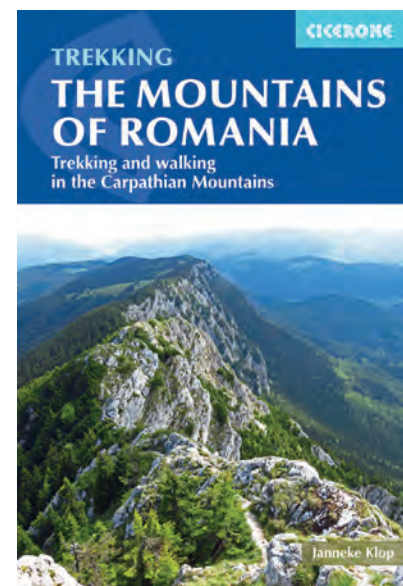
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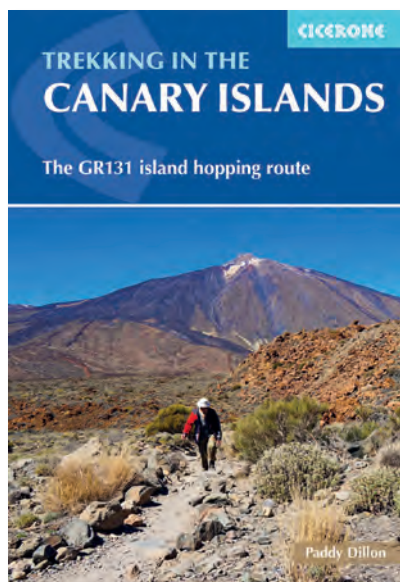
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February 2020

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New guide: Replaces 9781852842956





## Trekking in the Canary Islands

### The GR131 island-hopping route

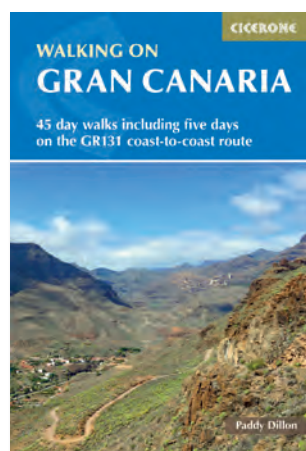
PADDY DILLON

This guidebook provides a comprehensive and detailed description to all 32 stages of the GR131, an island-hopping trail across the seven Canary Islands. The 560km (348 miles) route begins on Lanzarote and finishes on El Hierro and takes about a month to complete. The route is well-marked but some navigational skills are required.

This is the first guidebook to cover the entire GR131 trail. The GR131 forms the westernmost section of the E7 European long-distance route.

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## Walking on Gran Canaria

45 day walks including five days on the GR131 route

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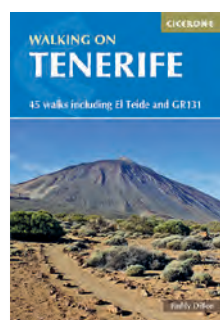
45 day walks on Gran Canaria, generally averaging 10 to 12km each. The section of the GR131 long-distance route on Gran Canaria is included, and shorter walks can be linked to form longer itineraries. One of the larger Canary Islands, Gran Canaria is a popular destination but offers many peaceful, rural areas perfect for walking.

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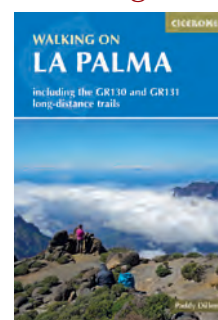


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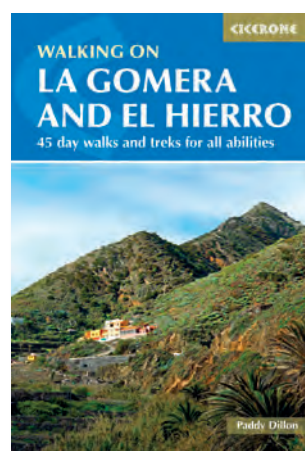
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## Walking on the Greek Islands

The Cyclades: Naxos and the 50km Naxos Strada, Paros, Amorgos, Santorini

GILLY CAMERON-COOPER

Covering the four islands of Naxos, Paros, Amorgos and Santorini, this guidebook presents 35 day walks in the Greek Cyclades. The guide also provides details for walking the new coast-to-coast route of the Naxos Strada, broken down into five day walks.

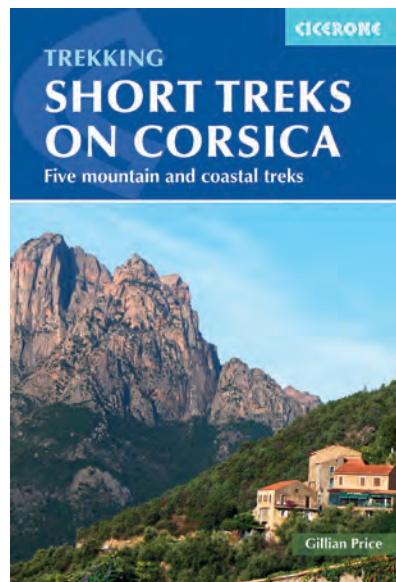
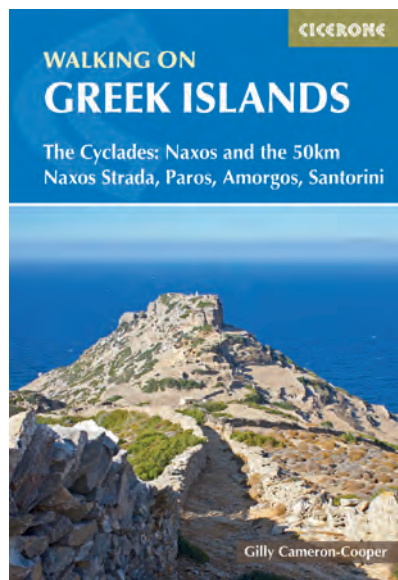
There's plenty to offer across these four islands, from the volcanic landscape of Santorini to the remote cliffs and aromatic shrublands of Amorgos, the rugged mountains of Naxos to the cosmopolitan centre of Paros. These walks travel through working landscapes, passing through olive groves and vineyards before visiting monasteries, vibrant fishing villages and quarries that produced marble for ancient statues..

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With a favourable climate and magnificent mountain and coastal scenery, Corsica is a wonderful trekking destination. These shorter routes represent an accessible option for trekkers wishing to explore the island, for whom the GR20 may seem too challenging. From turquoise bays to rugged mountains, the trails showcase the 'real' Corsica, away from the bustling coastal resorts..

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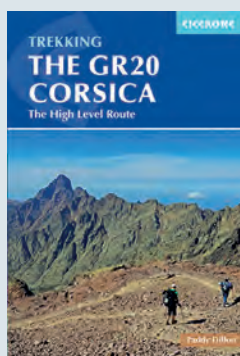
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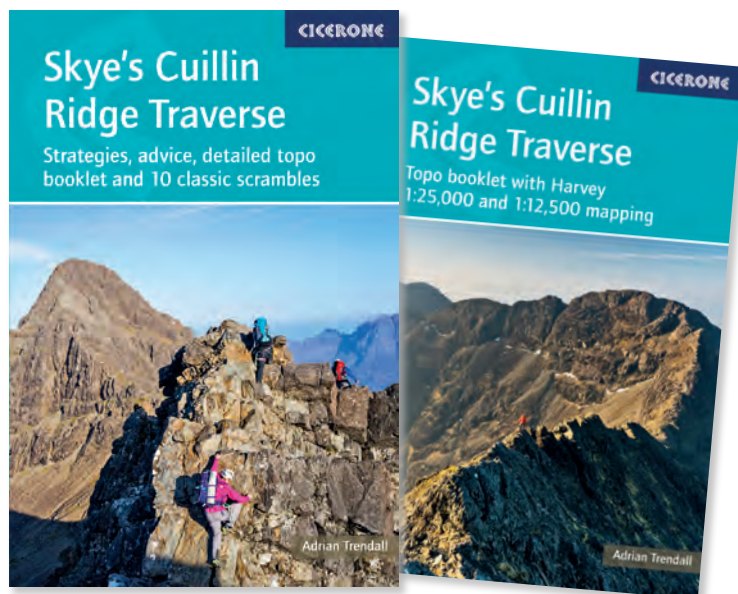
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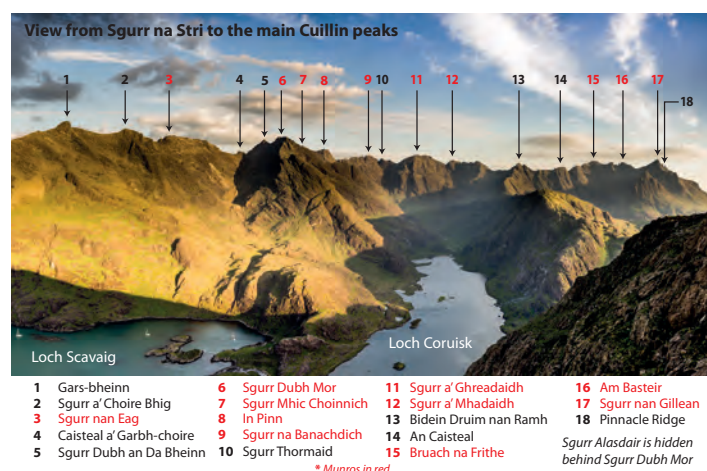
An 88 page detailed topo booklet (volume two) has route description and maps, and clear photo topos illustrating lines of ascent/descent, with points on the route numbered consistently across text, maps and topos to facilitate navigation.

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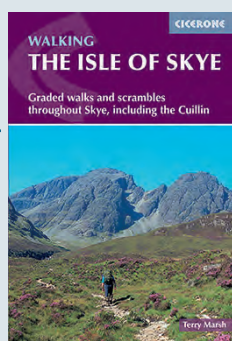
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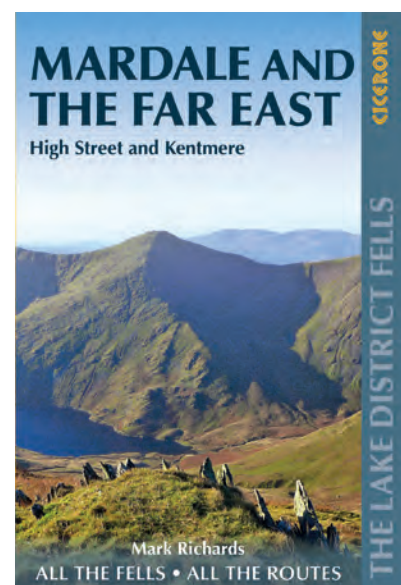
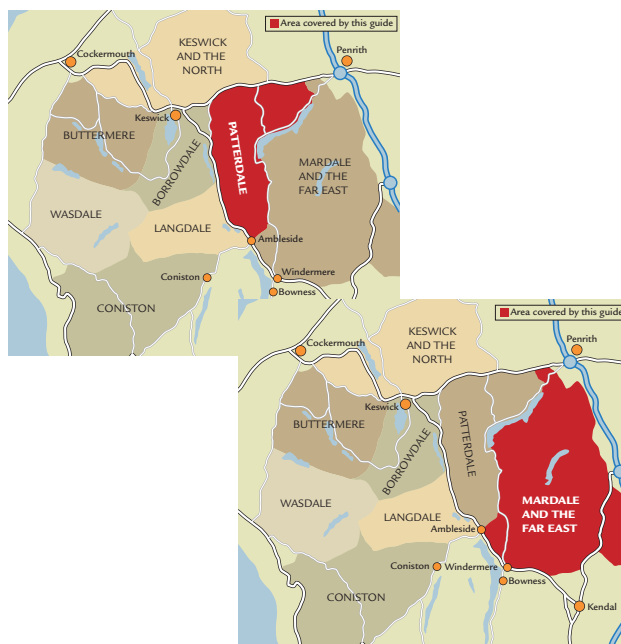
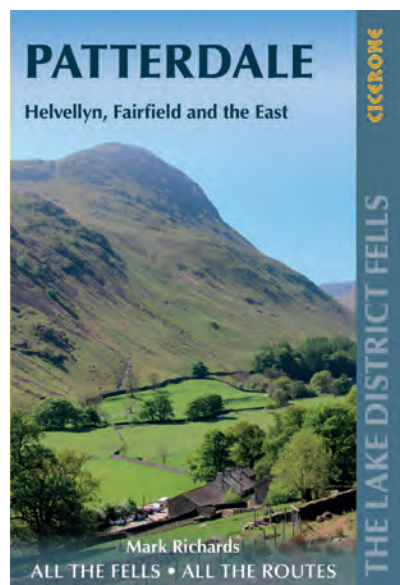
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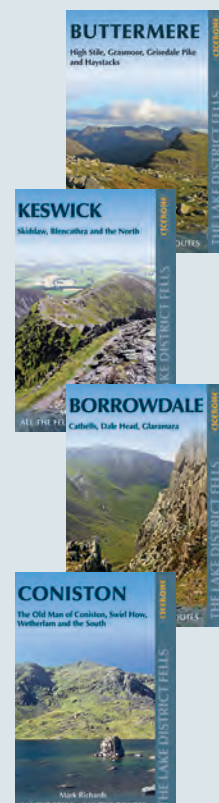
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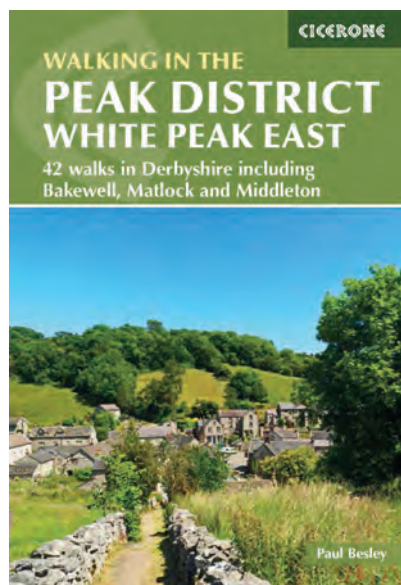
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216pp 172x116mm P/B

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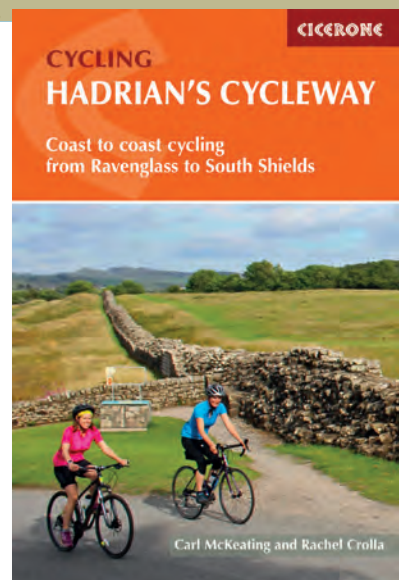
The route is entirely on cycle paths and quiet country roads, and is therefore suitable for cyclists of all abilities.

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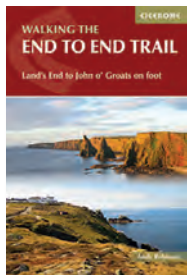
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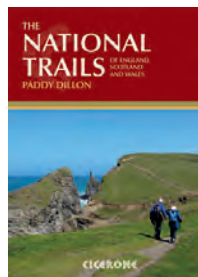
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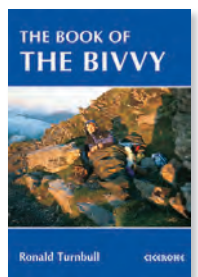
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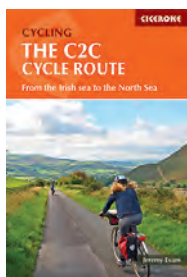
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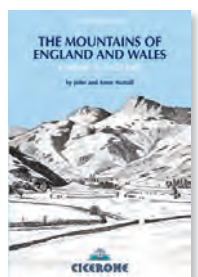
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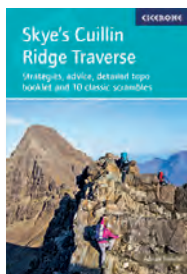
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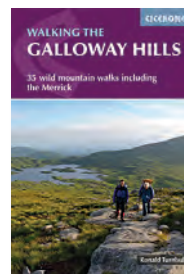
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# Scotland



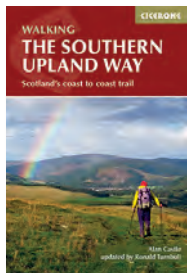
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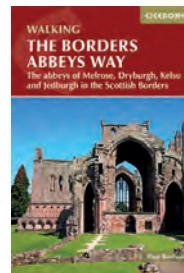
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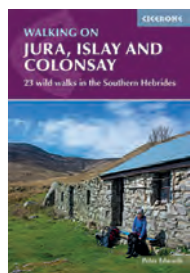
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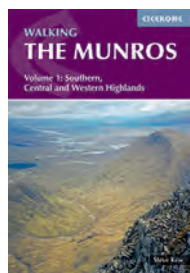
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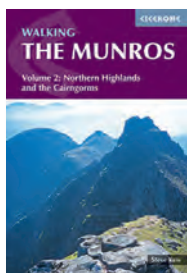
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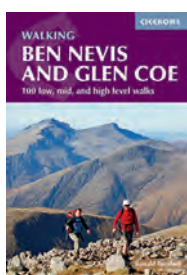
**Walking the Munros Vol 2 – Northern Highlands and the Cairngorms**  
*Steve Kew*  
Focusing on the northern Highlands (north of the Great Glen), the Cairngorms and the Isle of Skye, with 70 routes including those up Ben Macdui, Braeriach and Cairn Gorm. Routes range from 7 to 46km.  
**9781852849313** **2016**  
320pp 172x116mm P/B PVC **£14.95**



**Walking in the Cairngorms**  
*Ronald Turnbull*  
Over 100 walks in the Cairngorms and Lochnagar, covering low-level, mid-level and mountain routes (including 18 Munro summits) and both day walks and multi-day treks.  
**9781852848866** **2019**  
320pp 172x116mm P/B PVC **£14.95**



**The Skye Trail**  
*Helen Webster, Paul Webster*  
A 7-stage long-distance trail from Rubha Hunish in the north along the Trotternish Ridge and past the Cuillin to Broadford in the south – for experienced backpackers.  
**9781852848729** **2019**  
112pp 172x116mm P/B **£9.95**

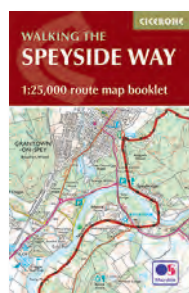


**Ben Nevis and Glen Coe**  
*Ronald Turnbull*  
Details of 100 low, mid, and high-level walks among some of Scotland's highest mountains. From the Grey Corries to Ben Cruachan, including Glen Etive and the Blackmount.  
**9781852848712** **2016**  
320pp 172x116mm P/B PVC **£14.95**



**The Speyside Way**  
*Alan Castle*  
A 66 mile walk from Aviemore to Buckie, described in 10 stages, from 2 to 11 miles. The route can be linked to the Dava Way and Moray Coast Trail, which are also described.  
**9781852848682** **2016**  
224pp 172x116mm P/B PVC **£16.95**



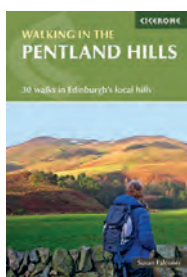


### The Speyside Way Map Booklet

*Alan Castle*

Map of the Speyside Way, from Aviemore to Buckie and can be linked to the Dava Way and Moray Coast Trail. This booklet is included with the guidebook, and shows the full route on OS 1:25K maps.

**9781852849382** **2016**  
56pp 166x106mm P/B PVC **£7.95**



### Walking in the Pentland Hills

*Susan Falconer*

A guide to walking on Edinburgh's local hills, written by a Countryside Ranger. 30 circular walks from 2 to 17 miles on good paths with ideas for all to enjoy.

**9781852848675** **2016**  
176pp 172x116mm P/B **£12.95**

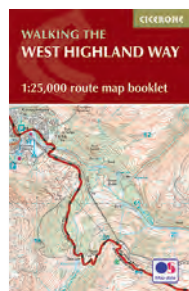


### The West Highland Way

*Terry Marsh*

95 mile Scottish long-distance route from Milngavie near Glasgow to Fort William. Suggested itineraries over 6 to 9 days, described both ways and with accommodation guide. With 1:25K OS map booklet.

**9781852848576** **2019**  
144pp 172x116mm P/B PVC **£14.95**

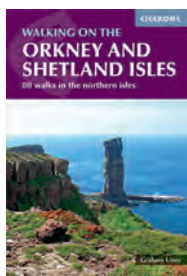


### West Highland Way Map Booklet

*Terry Marsh*

Compact booklet of Ordnance Survey 1:25,000 maps showing the full route of the 95 mile West Highland Way. The booklet provides all the mapping you need.

**9781852848989** **2019**  
56pp 166x106mm P/B PVC **£7.95**

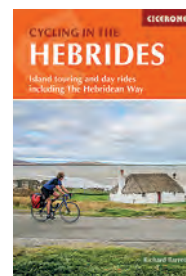


### Walking on the Orkney and Shetland Isles

*Graham Uney*

80 routes on the Orkney, Shetland and Fair Isles including Hoy, Rousay, Foula, Yell and Unst. Walks range from 1 to 16 miles for most abilities, with visitor information.

**9781852848347** **2018**  
240pp 172x116mm P/B **£14.95**

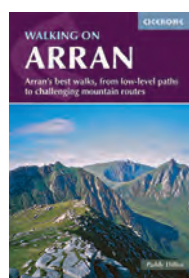


### Cycling in the Hebrides

*Richard Barrett*

Routes, day rides and suggested island cycle tours throughout the Inner and Outer Hebrides and the Firth of Clyde with ferry schedules and timings. Includes a challenging 600 mile tour.

**9781852848279** **2018**  
304pp 172x116mm P/B **£14.95**

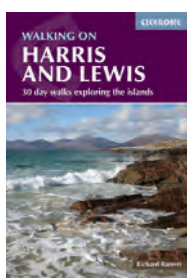


### Walking on Arran

*Paddy Dillon*

These 45 walking routes, ranging from easy nature trails to arduous long mountain routes with scrambles, provide thorough coverage of Arran, including nearby Holy Isle.

**9781852848255** **2019**  
272pp 172x116mm P/B **£12.95**



### Walking on Harris and Lewis

*Richard Barrett*

30 walks (2 to 14 miles long) from hill days to short walks visiting world heritage sites, accessible from Stornaway or Tarbert. Includes An Cliseam horseshoe, Calanais stone circles and Butt of Lewis.

**9781852848187** **2018**  
192pp 172x116mm P/B **£12.95**

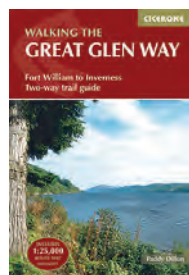


### The Cape Wrath Trail

*Iain Harper*

A challenging long-distance trek through the Scottish Highlands, from Fort William to Cape Wrath. A 230 mile, 3-week trek across wilderness. For experienced backpackers.

**9781852848170** **2017**  
176pp 172x116mm P/B PVC **£14.95**

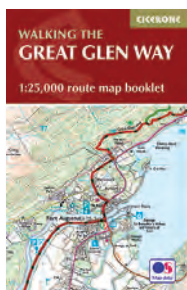


### The Great Glen Way

*Paddy Dillon*

A two-way description of the 79 mile trail from Fort William to Inverness. Links with the West Highland Way. Year-round walking, with OS 1:25K mapping booklet.

**9781852848019** **2019**  
192pp 172x116mm P/B PVC **£14.95**

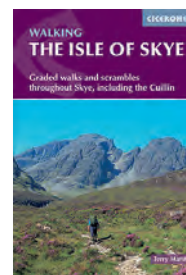


### The Great Glen Way

*Map Booklet*

Map booklet of the 79 mile (124km) Great Glen Way (one of Scotland's Great Trails), between Fort William and Inverness. The full route is shown on Ordnance Survey 1:25K maps.

**9781852848958** **2019**  
48pp 166x106mm P/B **£7.95**



### The Isle of Skye

*Terry Marsh*

87 walks and scrambles in Sleat and south-east Skye, Strath, Minginish, Duirinish, Waternish, Trotternish and the Cuillin. Coastal walks to challenging exposed mountain scrambling.

**9781852847890** **2018**  
288pp 172x116mm P/B PVC **£14.95**



### Mountain Biking in Southern and Central Scotland

*Peter Edwards*

21 mountain biking routes, including the 7stanes in Dumfries and Galloway, and cross country routes in the Borders. Graded moderate to very hard, 17 to 66km.

**9781852847470** **2016**  
208pp 172x116mm P/B PVC **£15.95**

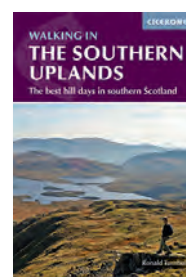


### Mountain Biking in West and North West Scotland

*Sean Benz*

25 mountain biking routes in an area including Fort William and north of the Great Glen, the Outer Hebrides and the mountains of Torridon and Skye. From 20 to 73km and graded for difficulty.

**9781852847463** **2016**  
224pp 172x116mm P/B PVC **£15.95**



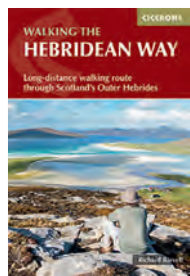
### Walking in the Southern Uplands

*Ronald Turnbull*

44 full-day walking routes in wild and remote hill country for all seasons and abilities. With over 80 hills of 2000ft or more between the Galloway Hills in the west and the coast east of Edinburgh.

**9781852847401** **2015**  
272pp 172x116mm P/B **£14.95**





### The Hebridean Way

Richard Barrett

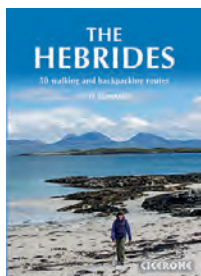
154 mile (247km) walking trail from the island of Vatersay to Stornoway on Lewis, the waymarked route takes 8 to 13 days and is suitable for most abilities. With extension to the Butt of Lewis.

9781852847272

2019

192pp 172x116mm P/B

£14.95



### The Hebrides

Peter Edwards

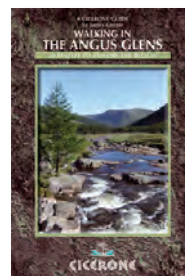
An inspirational guide to 50 varied walking and backpacking routes right across the Hebrides, featuring classic routes such as the Cuillin Ridge on Skye alongside lesser-known challenges.

9781852847050

2015

256pp 240x170mm P/B

£18.95



### Walking in the Angus Glens

James Carron

30 walks exploring the five Glens, Munros and other mountains south of the Cairngorms, north of Dundee. For more competent walkers seeking challenging upland routes.

9781852846985

2013

192pp 172x116mm P/B

£14.95



### Walking Highland Perthshire

Ronald Turnbull

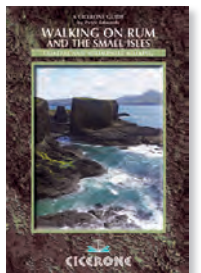
80 routes on a collection of grassy green giants. Munros, Corbetts and low-lying walks included, with routes graded according to difficulty.

9781852846732

2013

320pp 172x116mm PVC

£14.95



### Walking on Rum and the Small Isles

Peter Edwards

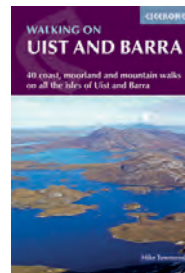
A guide to walking the hidden gems of the Western Isles – Rum, Eigg, Muck, Canna, Coll and Tiree – including a 55km backpack round the Rum coastline and round of the Rum Cuillin.

9781852846626

2012

192pp 172x116mm PVC

£14.95



### Walking on Uist and Barra

Mike Townsend

40 day walks in the Outer Hebrides

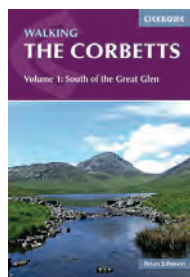
– Berneray, North Uist, Grimsay, Benbecula, South Uist, Eriskay, Barra, Vatersay and Mingulay. Easy beach walks to mountainous excursions.

9781852846602

2018

192pp 172x116mm P/B

£14.95



### Walking the Corbetts Vol 1

South of the Great Glen

Brian Johnson

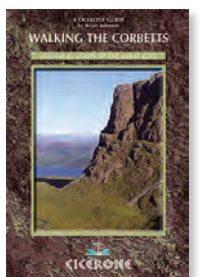
Part of a 2-volume set, this guide describes routes up all 112 Corbetts south of the Great Glen. Challenging ascents and descents on steep slopes.

9781852846527

2019

352pp 172x116mm P/B

£16.95



### Walking the Corbetts Vol 2

North of the Great Glen

Brian Johnson

Part of a 2-volume set, this guide describes routes up all 109 Corbetts north of the Great Glen. Challenging ascents and descents on steep slopes.

9781852846534

2013

352pp 172x116mm PVC

£16.95



### The Ayrshire and Arran Coastal Paths

Keith Fergus

An easy 150 mile route over a range of terrain in an area rich in history, renowned architecture and scenic beauty. Described in 11 day stages but can be easily walked in separate outings.

9781852846329

2011

176pp 172x116mm P/B

£12.95



### Winter Climbs in the Cairngorms

Allen Fyffe, Blair Fyffe

Sixth edition guide covering the best winter climbs in the Cairngorms, Lochnagar and Creag Meagaidh. With stunning photographs, topos and route descriptions.

9781852846220

2011

272pp 172x116mm PVC

£16.95



### Winter Climbs

Ben Nevis and Glen Coe

Mike Pescod

Nearly 1000 routes, all illustrated with photo topos, with all the best routes and access points and a wide choice of options for all grades and types of climb.

9781852846206

2010

384pp 172x116mm

PVC with ribbon

£16.95



### Not the West Highland Way

Ronald Turnbull

This book allows you to explore mountain alternatives to all but one of the West Highland Way stages, including 5 one-day hill circuits and 2 two-day routes for warm-up trips.

9781852846152

2017

224pp 172x116mm P/B

£14.95



### Great Mountain Days in Scotland

Dan Bailey

50 testing routes spread across Scotland's mountainous landscape. Classic routes and novel approaches in settings including the Cairngorms and the Hebrides.

9781852846121

2015

272pp 240x170mm P/B

£18.95



### Scotland's Best Small Mountains

Kirstie Shirra

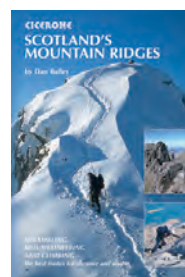
Ascents of 40 mountains across Scotland, grouped into 7 regions. Selected for character, views, historical significance, difficulty or simply beauty.

9781852845780

2013

256pp 172x116mm PVC

£14.95



### Scotland's Mountain Ridges

Dan Bailey

A rich mix of summer scrambling, rock climbing and winter mountaineering on Scotland's ridges, with outstanding photography. Both inspirational and practical.

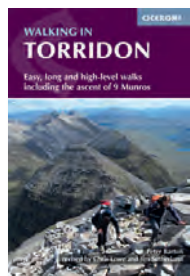
9781852844691

2018

256pp 240x170mm P/B

£18.95





### Walking in Torridon

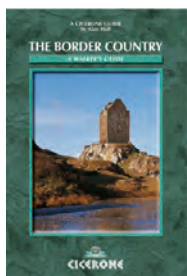
Peter Barton, Chris Lowe

Based around Shildaig and Slioch. Describes 11 easy walks and 11 long or high-level walks, ascents of 32 summits over 2000ft and 5 outline ridge walks.

9781852844660

2019

224pp 172x116mm P/B PVC £14.95



### The Border Country

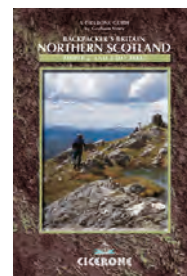
Alan Hall

46 varied walks in the broad uncrowded hills of the Southern Uplands, Cheviots, Tweeddale and Teviotdale, Ettrick Forest and the Tweedsmuir Hills.

9781852844592

2010

272pp 172x116mm P/B £12.95



### Backpacker's Britain: Northern Scotland

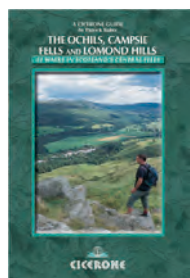
Graham Uney

30 backpacking routes, each taking between 2 and 5 days to complete. Covers north of the Great Glen, including Shetland Isles, Knoydart, Skye and Glen Affric.

9781852844585

2010

288pp 172x116mm P/B £12.95



### Walking in the Ochils, Campsie Fells and Lomond Hills

Patrick Baker

Close to Edinburgh, Glasgow and Perth, these three ranges remain a remarkably uncrowded wilderness area. A selection of 33 mainly circular walks.

9781852844578

2014

176pp 172x116mm P/B £12.95



### Scotland

Chris Townsend

A resource book covering the finest walks, treks and climbs in Scotland, to help you understand the character and possibilities of every area from the Southern Uplands to the Cuillin.

9781852844424

2013

560pp 234x156mm P/B £25.00



### Walking in Scotland's Far North

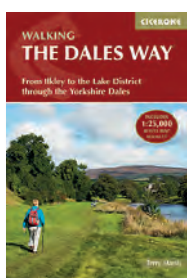
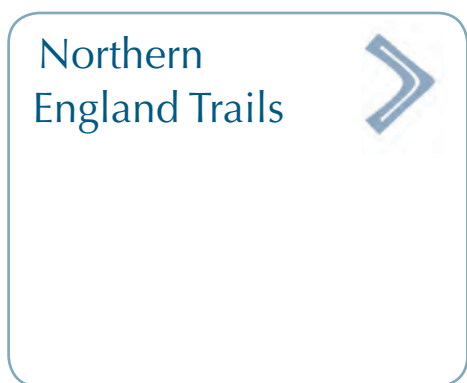
Andy Walmsley

62 mainly day walks in Scotland's north west, with 3 longer mountain traverses, the Assynt Horseshoe, a Reay traverse and a long ascent of Cranstackie.

9781852843779

2019

160pp 172x116mm P/B £12.95



### The Dales Way

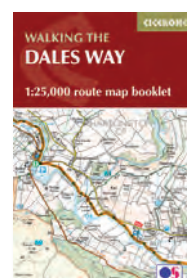
Terry Marsh

Beautiful 79 mile route through the Yorkshire Dales between Ilkley and Bowness-on-Windermere, described in both directions, with 1:25K OS map booklet.

9781852849436

2018

176pp 172x116mm P/B PVC £14.95



### The Dales Way Map Booklet

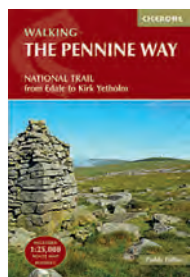
Terry Marsh

Map of the 79 mile (127km) Dales Way through the Yorkshire Dales between Ilkley and Bowness-on-Windermere. This booklet is included with the Cicerone guidebook and shows the full route on OS 1:25K maps.

9781852849443

2018

48pp 166x106mm P/B PVC £7.95



### The Pennine Way

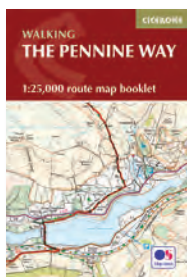
Paddy Dillon

This 270 mile National Trail from Edale to Kirk Yetholm is described in 20 stages, and is suitable for most experienced long-distance walkers. Includes separate OS 1:25K map booklet of the route.

9781852849061

2017

240pp 172x116mm P/B PVC £16.95



### Pennine Way Map Booklet

Paddy Dillon

This compact booklet of OS 1:25K maps shows the full route of the 270 mile (435km) Pennine Way National Trail, providing all of the mapping you need.

9781852849078

2017

136pp 172x116mm P/B PVC £12.95



### Hadrian's Wall Path

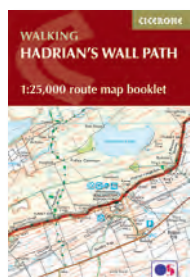
Mark Richards

84 mile National Trail described both ways, with main west to east description between Bowness-on-Solway and Wallsend in Newcastle. Extensive historical information on World Heritage site, with 1:25K OS map booklet.

9781852845575

2018

240pp 172x116mm P/B PVC £14.95



### Hadrian's Wall Path Map Booklet

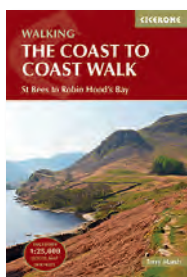
Mark Richards

This compact booklet of OS 1:25K maps shows the full route of the 84 mile (135km) Hadrian's Wall Path National Trail, providing all of the mapping you need.

9781852848934

2019

56pp 166x106mm P/B PVC £7.95



### The Coast to Coast Walk

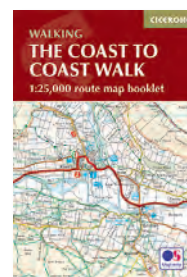
Terry Marsh

St Bees Head in Cumbria to Robin Hood's Bay, this popular 190 mile (300km) route can be walked in 2 weeks. With trek planner, accommodation guide and a separate 1:25K map booklet included.

9781852847593

Jan 2020

256pp 172x116mm P/B PVC £16.95



### The Coast to Coast Map Booklet

Terry Marsh

Coast to Coast Walk maps – 190 miles (300km) between St Bees Head and Robin Hood's Bay. This booklet is included with the Cicerone guidebook to the trail, and shows the full route on OS 1:25K maps.

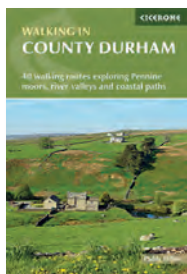
9781852849269

Jan 2020

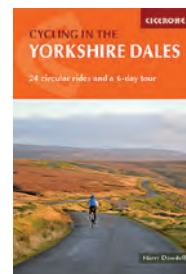
104pp 172x116mm P/B PVC £9.95



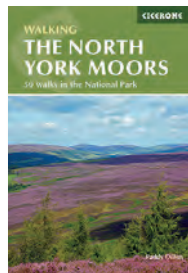
# North East England, Yorkshire Dales and Pennines



**Walking in County Durham**  
*Paddy Dillon*  
40 day walks across County Durham. Walks range from 5 to 24km and show off the region's history and natural wonders. The terrain covers field paths and open moorlands, from the North Sea to the high Pennines.  
**9781786310583** **2019**  
200pp 172x116mm P/B **£12.95**



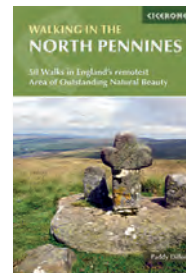
**Cycling in the Yorkshire Dales**  
*Harry Dowdell*  
23 of the best circular day rides, plus Stage 1 of the 2014 Tour de France (Leeds to Harrogate) and a circular 200 mile, 6-stage 'La Vuelta a Dales'. Day rides range from 14 to 57 miles.  
**9781786310170** **2019**  
272pp 172x116mm P/B **£14.95**



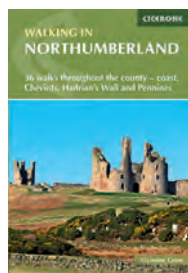
**The North York Moors**  
*Paddy Dillon*  
50 varied walks ranging from short and easy low-level valley walks to coastal cliff walks and long, strenuous routes across the high moors, including the Lyke Wake Walk.  
**9781852849511** **2019**  
272pp 172x116mm P/B **£12.95**



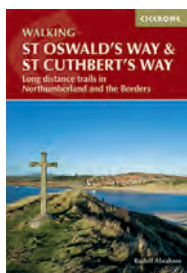
**Trail and Fell Running in the Yorkshire Dales**  
*Pete Ellwood*  
Ranging from 5 to 24 miles, the 40 graded runs take in the region's diverse delights, from castles and waterfalls to iconic mountains such as Wharfedale, Ingleborough and Pen Y Ghent.  
**9781852849221** **2019**  
240pp 172x116mm P/B **£12.95**



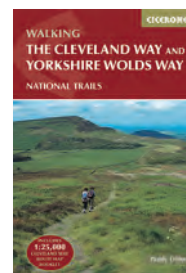
**Walking in the North Pennines**  
*Paddy Dillon*  
50 day walks across England's remotest Area of Outstanding Natural Beauty taking in parts of Cumbria, County Durham and Northumberland. Mostly circular routes ranging from 5 to 14 miles.  
**9781852849054** **2016**  
256pp 172x116mm P/B **£12.95**



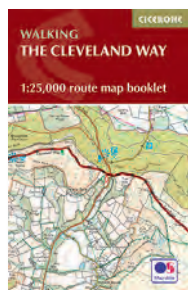
**Walking in Northumberland**  
*Vivienne Crow*  
36 graded walks of 4 to 14 miles, from the beautiful coast with its immense, empty beaches and dramatic, crag-top castles to the remote hills of the Cheviots and Pennines. Includes Hadrian's Wall, Lindisfarne and Kielder.  
**9781852849009** **2018**  
224pp 172x116mm P/B **£12.95**



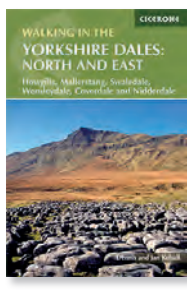
**St Oswald's Way and St Cuthbert's Way**  
*Rudolf Abraham*  
Described in easy stages, St Oswald's Way (97 miles) and St Cuthbert's Way (62 miles) pass through the Northumberland National Park to meet at Holy Island.  
**9781852848392** **2019**  
192pp 172x116mm P/B **£12.95**



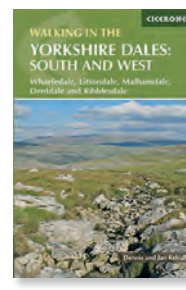
**The Cleveland Way and the Yorkshire Wolds Way**  
*Paddy Dillon*  
Two National Trails plus the Tabular Hills Walk. Crossing the North York Moors National Park, coastal walking and quiet gentle countryside. With separate OS 1:25K map booklet.  
**9781852848231** **2016**  
192pp 172x116mm P/B PVC **£16.95**



**The Cleveland Way Map Booklet**  
*Paddy Dillon*  
Map booklet of the Cleveland Way National Trail, a 177km (110 mile) walk around the North York Moors National Park. This compact booklet of OS 1:25K maps shows the full route.  
**9781852849344** **2016**  
64pp 166x106mm P/B PVC **£7.95**



**Walking in the Yorkshire Dales: North and East**  
*Dennis Kelsall*  
43 circular walks in the northern and eastern dales of the National Park. Covers the Howgills, Mallerstang, Swaledale, Wensleydale, Coverdale and Nidderdale.  
**9781852847982** **2018**  
256pp 172x116mm P/B **£12.95**



**Walking in the Yorkshire Dales: South and West**  
*Dennis Kelsall, Jan Kelsall*  
44 mostly circular routes of 3½ to 13 miles in Wharfedale, Littondale, Malhamdale, Dentdale and Ribblesdale, including the Three Peaks circuit.  
**9781852848859** **2017**  
256pp 172x116mm P/B **£12.95**



**Mountain Biking in the Yorkshire Dales**  
*Ian Boydon*  
30 routes throughout this National Park, exploring all the best riding available. Visits all the major dales and two of the park's famous 'Three Peaks'. All routes graded for difficulty.  
**9781852846763** **2012**  
224pp 172x116mm P/B **£14.95**



**Great Mountain Days in the Pennines**  
*Terry Marsh*  
An inspirational and detailed guide to 50 classic expeditions on the rolling Pennines. Suitable for moderately adventurous walkers. Graded four-season routes.  
**9781852846503** **2013**  
256pp 240x170mm P/B **£17.95**



**The Reivers Way**  
*Paddy Dillon*  
A guide to this 240km walk from Corbridge to Alnmouth visiting the North Pennines, Hadrian's Wall, the Simonside Hills, Coquetdale and the Cheviot Hills, over 9 days.  
**9781852844981** **2009**  
160pp 172x116mm P/B **£10.00**

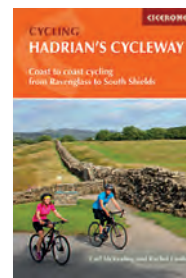




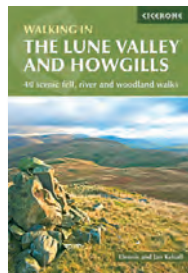
**The Teesdale Way**  
*Martin Collins, Paddy Dillon*  
A guide to walking along the Tees from its source in the Cumbrian Pennines through the North East to the North Sea. 100 miles in 8 stages with 10 circular walks.  
**9781852844615** **Dec 2019**  
160pp 172x116mm P/B **£12.95**



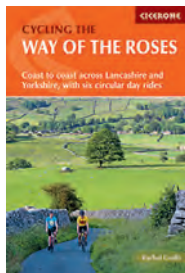
## North West England and the Isle of Man



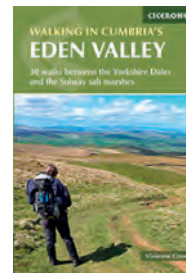
**Hadrian's Cycleway**  
*Rachel Crolla, Carl McKeating*  
A 174 mile coast-to-coast route following the corridor of the Hadrian's Wall World Heritage Site. From Ravenglass in Cumbria through Northumberland to South Shields on cycle paths and quiet roads, with alternative Tynemouth finish.  
**9781786310422** **Jun 2020**  
136pp 172x116mm P/B **£11.95**



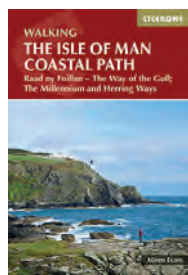
**The Lune Valley and Howgills**  
*Dennis Kelsall, Jan Kelsall*  
40 walks, from 3 to 11 miles, exploring the Lune Valley and Howgill Fells, set mainly within the Yorkshire Dales National Park, and the AONBs of Bowland and Arnside and Silverdale.  
**9781852849160** **2017**  
208pp 172x116mm P/B **£12.95**



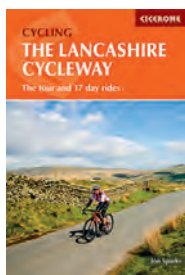
**Cycling the Way of the Roses**  
*Rachel Crolla*  
A 170 mile coast to coast cycle route from Morecambe (Lancashire) to Bridlington (Yorkshire), across the north of England. Described in 3 days with alternative 4 and 5 day schedules.  
**9781852849122** **2018**  
176pp 172x116mm P/B **£11.95**



**Walking in Cumbria's Eden Valley**  
*Vivienne Crow*  
30 graded walks from 3 to 15 miles from bases such as Kirkby Stephen and Appleby, explore diverse landscapes offering dramatic views of the Pennines, Lake District and Scotland.  
**9781852849016** **2018**  
184pp 172x116mm P/B **£12.95**



**Isle of Man Coastal Path**  
*Aileen Evans*  
The 98 mile Way of the Gull (Raad ny Foillan) is described in 9 stages featuring beaches, glens, moorland and rugged sea cliffs and can be walked within a week. The Millennium Way and the Herring Way (Bayr ny Skeddan) are also described.  
**9781852848798** **2018**  
160pp 172x116mm P/B **£12.95**



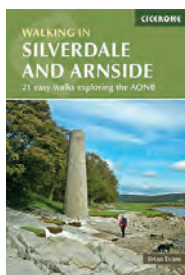
**The Lancashire Cycleway**  
*Jon Sparks*  
The Lancashire Cycleway has two distinct loops of 130 miles (225km) crossing at Whalley; cycle a loop in a weekend or do the whole cycleway. Visits Morecambe Bay, the Bowland Fells and the West Pennine Moors.  
**9781852848491** **2017**  
192pp 172x116mm P/B **£12.95**



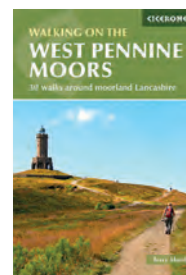
**Walking on the Isle of Man**  
*Terry Marsh*  
A guide to 40 accessible walks from 2 to 22km, covering moorlands, peaks (especially Snaefell), glens, coastal walks, beaches and cliffs.  
**9781852847685** **2018**  
176pp 172x116mm P/B **£12.95**



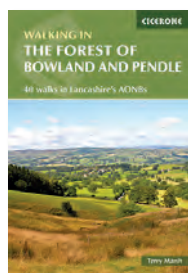
**Cycling the Pennine Bridleway**  
*Keith Bradbury*  
Describes the 144km Yorkshire Dales section of the Pennine Bridleway, plus 11 graded circular loops to give a total of over 250 miles of trail riding.  
**9781852846558** **2017**  
208pp 172x116mm P/B PVC **£15.95**



**Walks in Silverdale and Arnside**  
*Brian Evans*  
A walking guide to the AONB on the peninsula at the top of Morecambe Bay, overlooking the Lake District. 21 day walks on contrasting terrain. Hand-illustrated.  
**9781852846282** **2018**  
160pp 172x116mm P/B **£12.95**



**Walking on the West Pennine Moors**  
*Terry Marsh*  
30 walks including both short and easy country rambles and more challenging walks. Easily accessible from Blackburn, Darwen, Chorley and Bolton.  
**9781852845803** **2013**  
176pp 172x116mm P/B **£12.95**



**Walking in the Forest of Bowland and Pendle**  
*Terry Marsh*  
40 circular walks in two of Lancashire's largest Areas of Outstanding Natural Beauty. Includes Ward's Stone, Pendle Hill, Longridge Fell and Fair Snape Fell.  
**9781852845155** **2018**  
176pp 172x116mm P/B **£11.95**



**The Ribble Way**  
*Dennis Kelsall, Jan Kelsall*  
A 71 mile long-distance route along the Ribble valley, from the estuary mouth, near Preston, to the river's source on Cam Fell in the Yorkshire Dales.  
**9781852844561** **2010**  
144pp 172x116mm P/B **£12.00**



**Walking in Lancashire**  
*Mary Welsh*  
40 walks from gentle strolls to fell-top hikes, visiting rivers, coastline, woodlands, hills and moors, including Martin Mere and Pendle Hill.  
**9781852844394** **2017**  
208pp 172x116mm P/B **£12.95**



# Lake District



## Walking the Lake District Fells – Mardale and the Far East

Mark Richards

A wide range of routes to 36 Lakeland summits that can be climbed from the Ullswater, Haweswater, Troutbeck, Kentmere and Longsleddale valleys, including High Street, Place Fell and the Kentmere fells. Suggestions for longer ridge routes are also included.

9781786310354 **Mar 2020**  
256pp 172x116mm P/B **£14.95**



## Walking the Lake District Fells – Patterdale

Mark Richards

A wide range of routes to 35 Lakeland summits that can be climbed from Ambleside, Grasmere, Patterdale and the Thirlmere and Ullswater valleys, including Helvellyn and Fairfield. Suggestions for longer ridge routes are also included.

9781786310347 **Mar 2020**  
256pp 172x116mm P/B **£14.95**



## Walking the Lake District Fells – Langdale

Mark Richards

A range of routes to 25 Lakeland summits accessed from the Great Langdale valley, Ambleside and Grasmere, including Scafell Pike, Bowfell, the Langdale Pikes and Helm Crag. Includes suggestions for longer ridge routes.

9781786310323 **2019**  
248pp 172x116mm P/B **£14.95**



## Walking the Lake District Fells – Wasdale

Mark Richards

One of eight guides covering the Lake District Fells, this guide covers a wide range of routes to 25 Lakeland summits and connecting ridge routes from the Wasdale, Eskdale and Ennerdale valleys, including Scafell Pike, Great Gable and Pillar.

9781786310316 **2019**  
256pp 172x116mm P/B **£14.95**



## Outdoor Adventures with Children – Lake District

Rachel Crolla, Carl McKeating

Outdoor adventures in the Lake District with children under 12, including walking, cycling, orienteering, paddling, boating, hostelling and more. Graded activities for families.

9781852849566 **2019**  
224pp 172x116mm P/B **£12.95**

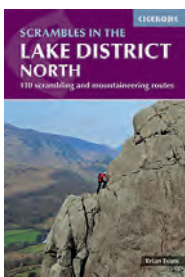


## Trail and Fell Running in the Lake District

Kingsley Jones

40 of the best trail, fell and skyrunning routes in the Lake District, plus race reces including Tour of Helvellyn, Langdale and Borrowdale. With races, training notes and history of fell running.

9781852848804 **2017**  
240pp 172x116mm P/B **£14.95**

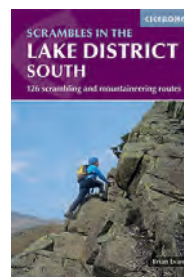


## Scrambles in the Lake District – North

Brian Evans

110 routes in Wasdale, Ennerdale, Newlands, Buttermere, Borrowdale, Thirlmere, Patterdale, Mardale and Swindale. Graded 1 through grades 2 to 4, where use of a rope is recommended.

9781852848323 **2016**  
256pp 172x116mm PVC **£14.95**

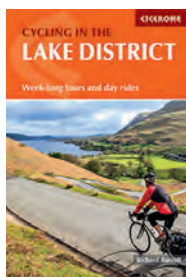


## Scrambles in the Lake District – South

Brian Evans

126 routes in Langdale, Easedale, Conistone, Duddon Valley, Howgills, Eskdale, Longsleddale and Kentmere. Grade 1 through grades 2 to 4, where the use of a rope is recommended.

9781852848316 **2016**  
272pp 172x115mm PVC **£14.95**

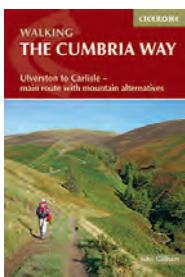


## Cycling in the Lake District

Richard Barrett

A 5-day 186 mile cycle tour of the Lake District, with optional routes, and 15 tough day rides throughout the National Park. Includes the Fred Whitton Challenge and other tours.

9781852847784 **2016**  
208pp 172x116mm P/B **£14.95**

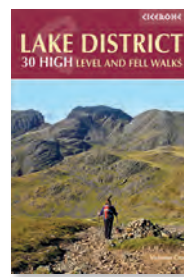


## The Cumbria Way

John Gillham

An easy 73 mile long-distance walk from Ulverston to Carlisle, on mostly low-level terrain but with optional mountain days to climb some of the famous fells en route.

9781852847609 **Dec 2019**  
144pp 172x116mm P/B **£12.95**

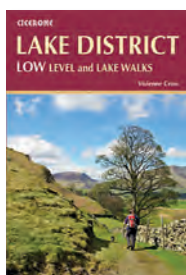


## Lake District: High Level and Fell Walks

Vivienne Crow

30 graded fell walks, including classic horseshoe routes and both traditional and unusual ascents of the iconic Lake District fells as well as well-trodden routes onto the quieter summits.

9781852847357 **2019**  
208pp 172x116mm P/B **£9.99**



## Lake District: Low Level and Lake Walks

Vivienne Crow

30 easy-to-follow, graded walks that show walkers need not climb the highest heights to appreciate the Lakes' renowned beauty.

9781852847340 **2018**  
192pp 172x116mm P/B **£9.99**



## Lake District Winter Climbs

Brian Davison

The best winter climbing routes in the Lake District. Nearly 1000 winter climbs in every part of the Lake District. Published with the Fell and Rock Club.

9781852847166 **2012**  
464pp 172x116mm PVC **£20.00**



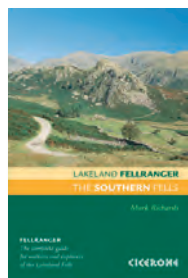
## Mountain Biking in the Lake District

Ian Boydon

24 original and exciting graded routes throughout the national park for riders of all abilities, including a full circumnavigation of Windermere.

9781852846442 **2017**  
192pp 172x116mm P/B PVC **£14.95**





### The Southern Fells

Mark Richards

Walking guide covering 23 summits in the Southern Fells between the Wrynose and Hardknott passes, including the Conistown fells and coastal fringes.

9781852845421

2014

256pp 196x130mm

PVC with ribbon

£14.95



### Great Mountain Days in the Lake District

Mark Richards

An inspirational and detailed guide to 50 expeditions on the high fells of Lakeland. Suitable for moderately adventurous walkers. Graded, four-season routes.

9781852845162

2019

288pp 240x170mm P/B

£18.95



### Short Walks in Lakeland Book 2: North Lakeland

Aileen Evans, Brian Evans

Covers Borrowdale, Newlands, Bassenthwaite, Thirlmere, Ullswater, Haweswater and the area north of Keswick up to Caldbeck. 57 routes of half- to full-day walks.

9781852842321

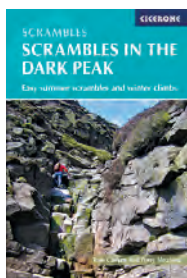
2015

272pp 172x116mm P/B

£12.95



## Derbyshire, Peak District and Midlands



### Scrambles in the Dark Peak

Tom Corker, Terry Sleaford

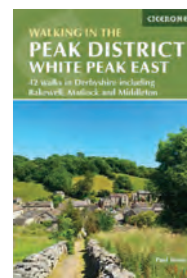
41 graded scrambles in the Dark Peak and Roaches areas of the Peak District, most of which can be done year round. Includes Kinder Scout, the Wilderness Gullies and Bleaklow.

9781786310163

2018

192pp 172x116mm P/B

£12.95



### Walking in the Peak District - White Peak East

Paul Besley

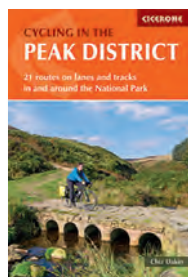
42 half-day and day walks in the limestone landscapes of Derbyshire's White Peak, part of the Peak District National Park. This book covers walks from potential bases including Bakewell, Eyam, Castleton, Birchover, Matlock and Wirksworth.

9781852849764

Apr 2020

216pp 172x116mm P/B

£12.95



### Cycling in the Peak District

Chiz Dakin

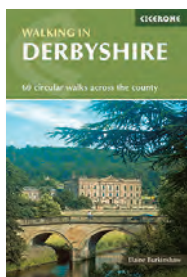
20 day routes and one multi-day cycle tour of the Peak District using minor roads, towpaths and tracks, suitable for road and trail bikes.

9781852848781

2017

232pp 172x116mm P/B

£12.95



### Walking in Derbyshire

Elaine Burkinshaw

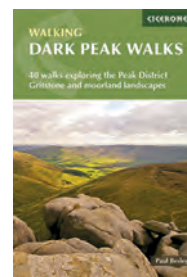
60 walking routes centred around Derbyshire's history, taking walkers past remnants of ancient settlements and to visit market towns, mines, castles and country houses.

9781852846336

2019

288pp 172x116mm P/B

£12.95



### Dark Peak Walks

Paul Besley

40 walks: 35 circular routes (8 to 19km) and 5 longer routes (25 to 45km) around Edale, Marsden, Fairholmes, Baslow and Castleton, including Kinder Scout and Mam Tor.

9781852845193

2019

224pp 172x116mm P/B

£12.95



### White Peak Walks: The Southern Dales

Mark Richards

30 easy circular walks in the southern limestone Peak District between Ashbourne, Matlock, Buxton and Leek, crossing the high plateau and intersecting dales.

9781852845186

2017

208pp 172x116mm P/B

£12.95



### White Peak Walks: The Northern Dales

Mark Richards

35 circular walks cross the gritstone uplands and moors, exploring the Wye and its tributary dales of the Peak District between Edale, Matlock and Buxton.

9781852845179

2017

224pp 172x116mm P/B

£12.95



## Southern England



### The South West Coast Path

Paddy Dillon

Covers the entire South West Coast Path National Trail. 630 miles from Minehead to Poole along the Devon, Cornish and Dorset coastlines. Divided into 45 stages, a minimum of 4 weeks walking.

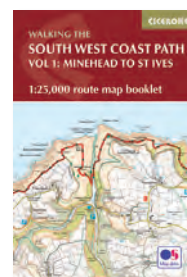
9781852847579

2019

352pp 172x116mm

P/B PVC

£15.95



### South West Coast Path Map Booklet - Vol 1: Minehead to St Ives

Paddy Dillon

Convenient and compact booklet of OS 1:25K maps of the northern section of the 630 mile South West Coast Path National Trail. Covers the trail from Minehead to St Ives.

9781852849368

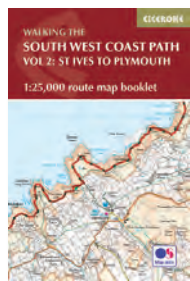
2017

112pp 172x116mm

P/B PVC

£12.95





### South West Coast Path Map Booklet – Vol 2: St Ives to Plymouth

*Paddy Dillon*

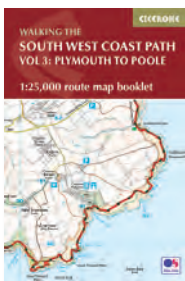
Convenient and compact booklet of OS 1:25K maps of the southern section of the 630 mile South West Coast Path National Trail. Covers the trail from St Ives to Plymouth.

**9781852849375**

88pp 172x116mm  
P/B PVC

**2017**

**£12.95**



### South West Coast Path Map Booklet – Vol 3: Plymouth to Poole

*Paddy Dillon*

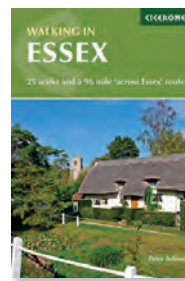
Convenient and compact booklet of OS 1:25K maps of part of the southern section of the 630 mile South West Coast Path National Trail. Covers the trail from Plymouth to Poole.

**9781852849627**

112pp 172x116mm P/B PVC

**2017**

**£12.95**



### Walking in Essex

*Peter Aylmer*

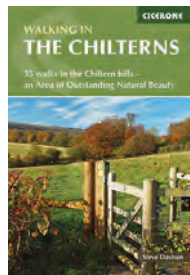
25 day walks ranging from 4 to 17 miles, plus a full description of the 96 mile 'Across Essex' route, incorporating the Essex Way and a traverse of Epping Forest.

**9781786310224**

208pp 172x116mm P/B

**2019**

**£12.95**



### Walking in the Chilterns

*Steve Davison*

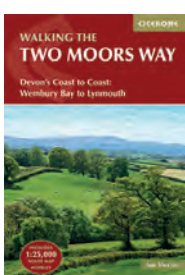
35 walks in the chalk hills and ancient woodlands from Reading and the Thames valley through Oxfordshire, Buckinghamshire and Hertfordshire to Luton. Walks range from 4 to 12 miles.

**9781786310187**

224pp 172x116mm P/B

**2018**

**£12.95**



### The Two Moors Way

*Sue Vickers*

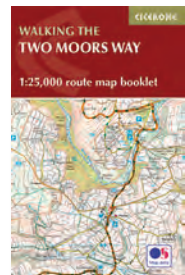
A 117 mile route incorporating the Two Moors Way and a section of the Erme-Plym Trail, from Wembury Bay on the south to Lynmouth, passing through Dartmoor and Exmoor. Includes an OS 1:25K map booklet.

**9781852849917**

216pp 172x116mm P/B PVC

**2019**

**£16.95**



### Two Moors Way Map Booklet

*Sue Vickers*

Map booklet for Devon's Coast to Coast, a 117 mile route incorporating the Two Moors Way and a section of the Erme-Plym Trail. This booklet shows the full route on OS 1:25K maps and is included with the Cicerone guide.

**9781786310071**

72pp 166x106mm P/B PVC

**2019**

**£7.95**



### Walking Hampshire's Test Way

*Malcolm Leatherdale*

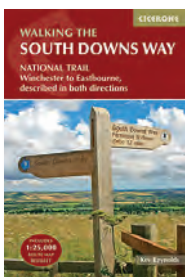
The 71km (44 mile) Test Way in Hampshire from Inkpen Beacon to the Eling Tide Mill near Southampton, following the crystal clear River Test. Also includes 15 day walks.

**9781852849535**

160pp 172x116mm P/B

**2018**

**£12.95**



### The South Downs Way

*Kev Reynolds*

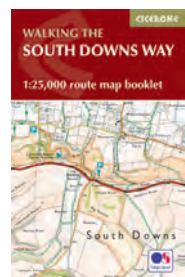
A 100 mile (160km) route between Winchester and Eastbourne through the South Downs National Park, described in both directions over 12 stages. Good introduction to long-distance walking.

**9781852849405**

200pp 172x116mm  
P/B PVC

**2019**

**£16.95**



### The South Downs Way

*Kev Reynolds*

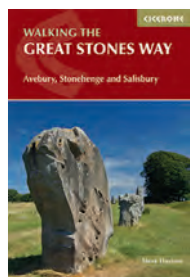
This compact booklet of OS 1:25K maps shows the full route of the 100 mile (160km) South Downs Way National Trail, providing all of the mapping you need. Included with the guidebook.

**9781852849399**

64pp 166x106mm P/B PVC

**2019**

**£9.95**



### The Great Stones Way

*Steve Davison*

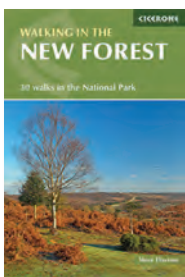
This route runs for 36 miles through the Wiltshire Downs from Barbury Castle near Swindon to Old Sarum on the outskirts of Salisbury. Optional detours pass prehistoric sites including Avebury and Stonehenge. Perfect for an energetic long weekend or a leisurely week.

**9781852849115**

80pp 172x116mm P/B

**2016**

**£9.95**



### Walking in the New Forest

*Steve Davison*

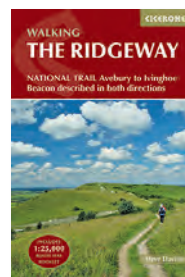
30 walks of between 3 and 10 miles set throughout the New Forest National Park. Explore ancient woodland, heather-clad heath and dramatic coastline. Walks for all abilities, easily combined to create longer challenges.

**9781852848774**

208pp 172x116mm P/B

**Feb 2020**

**£12.95**



### The Ridgeway National Trail

*Steve Davison*

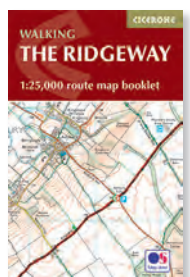
An 87 mile (139km) route from Avebury in Wiltshire to Ivinghoe Beacon in Buckinghamshire. Accompanied by a pull-out 1:25K mapping booklet, described in both directions.

**9781852848743**

208pp 172x116mm  
P/B PVC

**2016**

**£16.95**



### The Ridgeway Map Booklet

*Steve Davison*

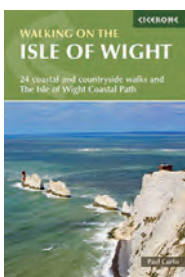
This compact booklet of Ordnance Survey 1:25K maps shows the full route of the 87 mile (139km) Ridgeway National Trail, providing all of the mapping you need. Included with the guidebook.

**9781852849351**

56pp 166x106mm P/B PVC

**2016**

**£7.95**



### Walking on the Isle of Wight

*Paul Curtis*

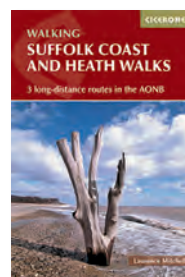
32 walking routes from 4 to 18 miles long exploring forest trails and downland, and visiting Yarmouth, Cowes and Ventnor. Includes a complete circuit of the island's coast.

**9781852848736**

232pp 172x116mm P/B

**2017**

**£12.95**



### Suffolk Coast and Heath Walks

*Laurence Mitchell*

3 long-distance walks in 1 AONB – the Suffolk Coast Path (Lowestoft to Felixstowe), the Stour and Orwell Walk (Felixstowe to Cattawade) and the Sandlings Walk (Ipswich to Southwold).

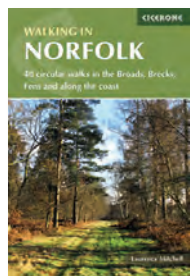
**9781852848705**

176pp 172x116mm P/B

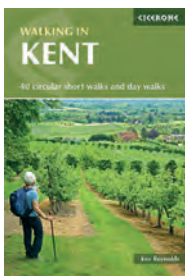
**2017**

**£12.95**

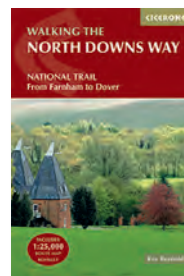




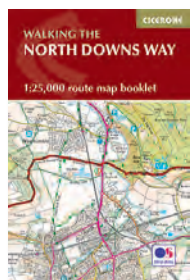
**Walking in Norfolk**  
*Laurence Mitchell*  
40 easy to moderate 4-12 mile circular walks featuring a spectacular coastline of sand dunes, saltmarsh and tidal creeks, the Norfolk Broads and the big-sky country of the Fens.  
**9781852848699 Jan 2020 £12.95**  
208pp 172x116mm P/B



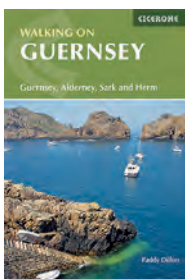
**Walking in Kent**  
*Kev Reynolds*  
40 walks in west Kent and The Weald and north and east Kent, including the Kent Downs and the Greensand Hills. Walks of 5 to 9 miles explore rivers, coastline, countryside and historic villages.  
**9781852848620 2017 £12.95**  
240pp 172x116mm P/B



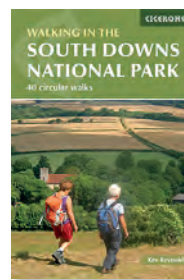
**The North Downs Way**  
*Kev Reynolds*  
130 mile (208km) National Trail through pleasant countryside between Farnham and Dover, with an optional visit to Canterbury. The walk is described over 11 stages. With 1:25K OS map booklet.  
**9781852848613 2017 £16.95**  
144pp 172x116mm P/B PVC



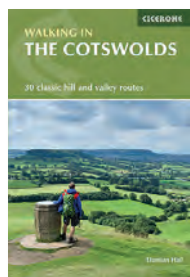
**North Downs Way Map Booklet**  
*Kev Reynolds*  
This compact booklet of OS 1:25K maps shows the full route of the 130 mile (208km) North Downs Way National Trail, providing all of the mapping you need. Included with the guidebook.  
**9781852849559 2017 £9.95**  
96pp 172x116mm P/B PVC



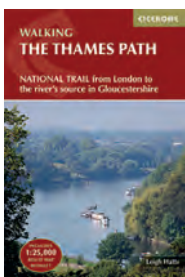
**Walking on Guernsey**  
*Paddy Dillon*  
25 short, easy walks exploring the Channel Islands of Guernsey, Alderney, Sark and Herm, including the Guernsey Coastal Walk. With notes on travel and the history of the islands.  
**9781852848385 2016 £12.95**  
192pp 172x116mm P/B



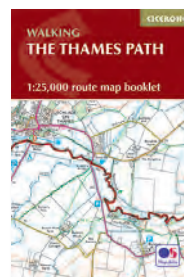
**Walks in the South Downs National Park**  
*Kev Reynolds*  
40 circular walks (5 to 11 miles) throughout the South Downs National Park, between Eastbourne and Winchester. Walks include Beachy Head and the Seven Sisters and hundreds of prehistoric sites.  
**9781852848354 2016 £12.95**  
224pp 172x116mm P/B



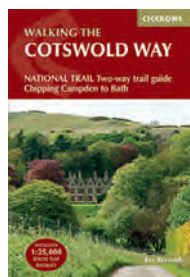
**Walking in the Cotswolds**  
*Damian Hall*  
30 walks including 14 circular routes on the Cotswold Way National Trail. Ranging from 4 to 12 miles long, the walks cover valley and hill country, with superb views and delightful villages.  
**9781852848330 2019 £12.95**  
176pp 172x116mm P/B



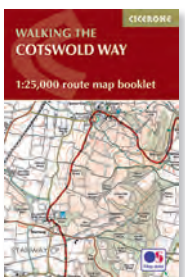
**The Thames Path**  
*Leigh Hatts*  
Easy 180 mile (2-week) riverside National Trail from London's Thames Barrier passing through Windsor and rural countryside to the river's source in Gloucestershire. With 1:25K OS map booklet.  
**9781852848293 2018 £15.95**  
224pp 172x116mm P/B PVC



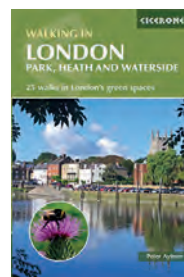
**The Thames Path Map Booklet**  
*Leigh Hatts*  
This compact booklet of OS 1:25K maps shows the full route of the 180 mile (288km) Thames Path National Trail, providing all of the mapping you need. Included with the guidebook.  
**9781852849252 2019 £9.95**  
96pp 172x116mm P/B PVC



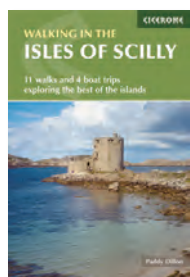
**The Cotswold Way**  
*Kev Reynolds*  
102 mile National Trail, described in both directions over 13 stages, through the Cotswolds AONB between Chipping Campden and Bath. With separate OS 1:25K map booklet.  
**9781852848163 2019 £14.95**  
240pp 172x116mm P/B PVC



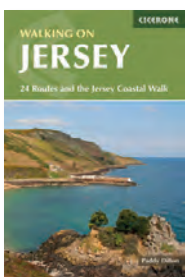
**The Cotswold Way Map Booklet**  
*Kev Reynolds*  
This compact booklet of OS 1:25K maps shows the full route of the 102 mile (163km) Cotswold Way National Trail, providing all of the mapping you need. Included with the guidebook.  
**9781852848972 2019 £7.95**  
48pp 166x106mm P/B PVC



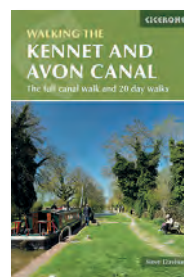
**Walking in London**  
*Peter Aylmer*  
25 walks in London's green spaces and nature reserves, covering both the city centre and Greater London area. With information about some of the species you might encounter as well as conservation.  
**9781852848132 2019 £12.95**  
200pp 172x116mm P/B



**Walking in the Isles of Scilly**  
*Paddy Dillon*  
A guide to 11 day walks (from 2.5 to 16km) and 4 boat trips on and around the Scilly Isles, which enjoy a mild climate, rich birdlife and wildflowers.  
**9781852848064 2018 £8.95**  
96pp 172x116mm P/B

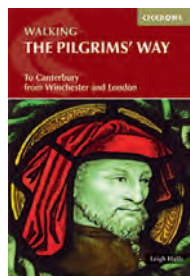


**Walking on Jersey**  
*Paddy Dillon*  
24 short, easy walks exploring Jersey's excellent coastline and countryside, with historical and scenic interest. Walks can be combined to make longer routes, including the Jersey Coastal Walk.  
**9781852847920 2017 £12.95**  
192pp 172x116mm P/B



**The Kennet and Avon Canal**  
*Steve Davison*  
From Reading to Bristol (94 miles) in 7 stages of fairly easy walking visiting Bath and Bristol's Floating Harbour. 20 circular walks also included, ranging from 4¼ to 9 miles.  
**9781852847869 2016 £12.95**  
240pp 172x116mm P/B





### The Pilgrims' Way

Leigh Hatts

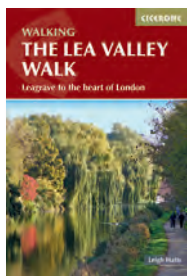
138 mile walk from Winchester in Hampshire to Canterbury in Kent, through wood and farmland, with views across the Weald. Divided into stages of about 10 miles.

9781852847777

2018

208pp 172x116mm P/B

£12.95



### The Lea Valley Walk

Leigh Hatts

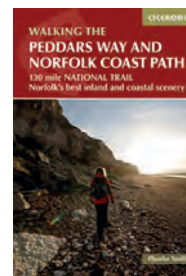
A 53 mile walk, split into 9 stages, following the River Lea from its source at Leagrave to East India Dock or Limehouse, London where it joins the Thames Path.

9781852847746

2015

144pp 172x116mm P/B

£12.95



### The Peddars Way and Norfolk Coast path

Phoebe Smith

An easy 130 mile (one-week) route combining the best of inland and coastal walking from near Thetford to Hopton-on-Sea via Hunstanton, ideal for people new to long-distance walks.

9781852847500

2019

152pp 172x116mm P/B

£12.95



### 20 Classic Sportive Rides in South West England

Colin Dennis

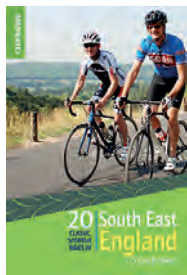
20 graded routes in south west England, a challenging and scenic area that boasts miles of quiet, cycle-friendly roads. Routes can be mixed and matched for sportive training.

9781852847449

2015

128pp 172x116mm P/B

£12.95



### 20 Classic Sportive Rides in South East England

Colin Dennis

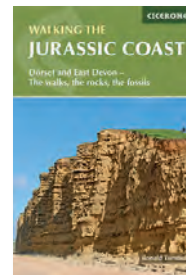
20 graded routes on quiet, cycle-friendly roads between Kent, Oxford and the New Forest. Routes can be mixed and matched, suitable for sportive training.

9781852847432

2015

128pp 172x116mm P/B

£12.95



### Walking the Jurassic Coast

Ronald Turnbull

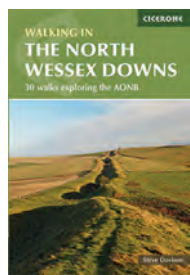
30 walks on the Jurassic Coast of Devon and Dorset, between Exmouth and Bournemouth. Including both coastal and some inland areas, the routes range from 3 to 16 miles exploring the spectacular geology, which is clearly explained.

9781852847418

2019

240pp 172x116mm P/B

£12.95



### Walking in the North Wessex Downs

Steve Davison

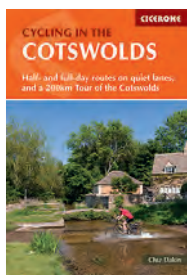
30 half and full-day walks (7 to 20km) exploring the North Wessex Downs Area of Outstanding Natural Beauty, covering parts of Berkshire, Hampshire, Wiltshire and Oxfordshire.

9781852847289

2015

192pp 172x116mm P/B

£12.95



### Cycling in the Cotswolds

Chiz Dakin

21 day routes and a 4-day 200km tour describe the best cycling throughout the Cotswolds AONB, mainly using quiet lanes, canal paths and bridleways, with some challenges.

9781852847067

2017

208pp 172x116mm P/B

£12.95



### Mountain Biking on the North Downs

Peter Edwards

20 routes and 59km linking the North Downs Way with the South Downs Way, covering many of the finest trails. All graded for difficulty and illustrated on OS maps and height profiles.

9781852847029

2014

208pp 172x116mm

PVC with ribbon

£14.95



### Mountain Biking on the South Downs

Peter Edwards

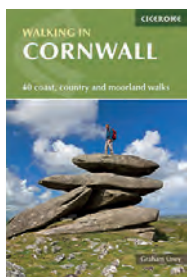
A fantastic selection of 26 off-road routes throughout the National Park, including 3-day South Downs national trail route, using byways and bridleways. Graded for length and difficulty.

9781852846459

2018

240pp 172x116mm P/B

£14.95



### Walking in Cornwall

Graham Uney

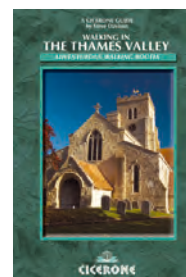
40 walks in Cornwall, from short strolls to longer, wilder routes. Routes explore the interior and coasts, including ancient archaeological sites, old tin-mining areas and the Lizard and Land's End.

9781852846848

2018

160pp 172x116mm P/B

£12.95



### Walking in the Thames Valley

Steve Davison

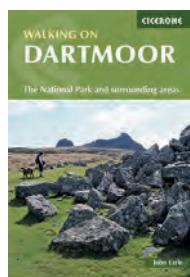
A guide to 25 challenging circular walks and one 2-day walk in the Thames and Kennet Valleys, southern Chilterns, North Hampshire Downs and East Wiltshire.

9781852845704

2008

240pp 172x116mm P/B

£12.00



### Walking on Dartmoor

John Earle

42 walks between 2 and 12 miles, with 5 longer routes throughout the Dartmoor National Park. Most walks graded easy to moderate, with some more challenging.

9781852843601

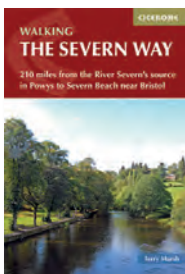
2019

256pp 172x116mm P/B

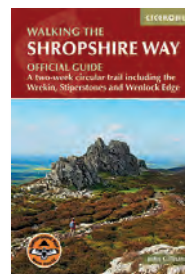
£12.95



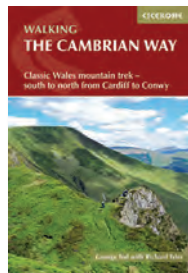
# Wales and Welsh Borders



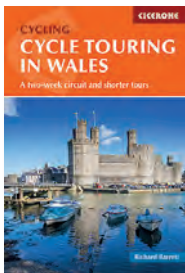
**The Severn Way**  
*Terry Marsh*  
A 210 mile (338km) walking route beginning near the source of the River Severn in Powys, mid-Wales, and finishing in Bristol. Described over 22 stages ranging from 3 to 14 miles.  
**9781786310194** **2019**  
176pp 172x116mm P/B **£12.95**



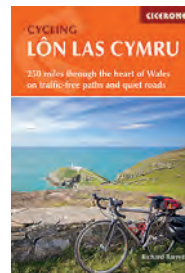
**Walking the Shropshire Way**  
*John Gillham*  
A 180 mile (290km) route made up of two loops centred on Shrewsbury – visits Stiperstones, Wenlock Edge, Ironbridge and the Wrekin. Includes the challenging 20 mile (32km) Stretton Skyline Walk.  
**9781786310088** **2019**  
192pp 172x116mm P/B **£14.95**



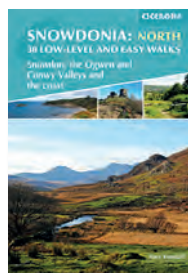
**The Cambrian Way**  
*George Tod, Richard Tyler*  
A challenging 470km unwaymarked three-week mountain trek through Wales from Cardiff to Conwy, described from south to north. Often following long, beautiful ridgelines, it crosses wild and rugged terrain and visits many of Wales's highest mountains, including Snowdon.  
**9781852849900** **2019**  
264pp 172x116mm P/B PVC **£14.95**



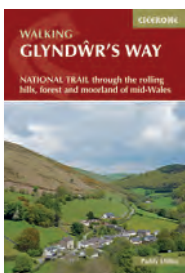
**Cycle Touring in Wales**  
*Richard Barrett*  
A circuit of Wales – perfect for a 2-week trip – plus 6 cross routes, which range from 45 to 73 miles and can be completed as day or weekend rides, or used to create shorter versions of the main circuit.  
**9781852849887** **2019**  
240pp 172x116mm P/B **£12.95**



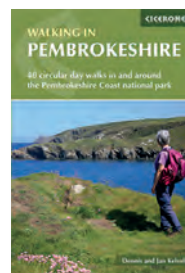
**Cycling Lon Las Cymru**  
*Richard Barrett*  
Lôn Las Cymru is a 255 mile (410km) route from Cardiff, or 242 mile (390km) from Chepstow to Holyhead, through Wales's rural heartland. Can be completed in 4-7 days using quiet roads and traffic-free paths.  
**9781852849870** **2018**  
128pp 172x116mm P/B **£11.95**



**Snowdonia: Low-level and easy walks – North**  
*Alex Kendall*  
30 mostly low-level walks on clear paths to showcase the region's beautiful scenery. Covers the Snowdon area, the Ogwen and Conwy Valleys, Betws-y-Coed, Beddgelert, Ffestiniog and the coast.  
**9781852849849** **2019**  
176pp 172x116mm P/B **£9.95**



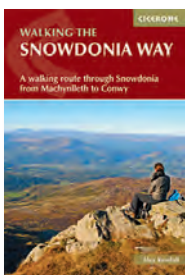
**Glyndwr's Way**  
*Paddy Dillon*  
The 135 mile route from Knighton via Machynlleth to Welshpool takes 9 days to walk, and 2 days (29 miles) to complete the loop down the Offa's Dyke Path to create a circular trail through quiet hills, forests and rolling countryside.  
**9781852849504** **2018**  
176pp 172x116mm P/B **£12.95**



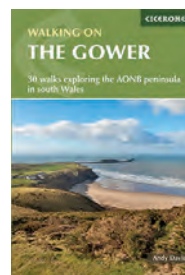
**Walking in Pembrokeshire**  
*Dennis Kelsall, Jan Kelsall*  
40 circular walks of 1 to 12 miles. Routes take in the dramatic beauty of the national park and its coast, the Daugleddau and the Preseli Hills, exploring wooded gorges, prehistoric hillforts and medieval castles.  
**9781852849153** **2018**  
208pp 172x116mm P/B **£12.95**



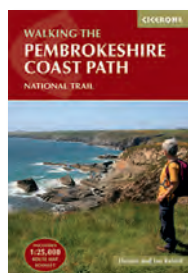
**Scrambles in Snowdonia**  
*Steve Ashton, Rachel Crolla*  
80 graded scrambles in Snowdonia, 16 new routes, plus all the popular scrambles including the Snowdon Horseshoe, North Ridge of Tryfan, Bristly Ridge and the Cneifion and Cyfrwy Arêtes.  
**9781852848903** **2017**  
280pp 172x116mm P/B PVC **£14.95**



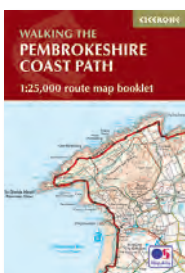
**The Snowdonia Way**  
*Alex Kendall*  
Machynlleth to Conwy through Snowdonia National Park. Low-level route of 97 miles (6 to 8 stages) includes Ogwen Valley. The 122 mile mountain route (9 stages) includes Cadair Idris, Snowdon and Glyders.  
**9781852848569** **Jan 2020**  
176pp 172x116mm P/B PVC **£14.95**



**Walking on the Gower**  
*Andrew Davies*  
30 circular routes (2½ to 14 miles) combine the peninsula's rugged coastline and beaches with valleys, hills and ridges inland, in this beautiful south Wales AONB. Routes avoid crowds.  
**9781852848217** **2015**  
192pp 172x116mm P/B **£12.95**



**The Pembrokeshire Coast Path**  
*Dennis Kelsall, Jan Kelsall*  
Scenic 180 mile National Trail from Amroth to St Dogmaels typically takes around 2 weeks to walk. Rugged cliffs and sandy beaches. Includes 1:25K OS map booklet.  
**9781852848156** **2016**  
272pp 172x116mm P/B PVC **£16.95**

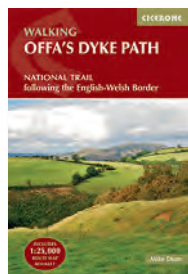


**Pembrokeshire Coast Path Map Booklet**  
*Dennis Kelsall, Jan Kelsall*  
Map booklet of the 182 mile (291km) Pembrokeshire Coast Path National Trail, between Amroth and St Dogmaels. OS 1:25K maps show the full route. Included with the guidebook.  
**9781852848965** **2016**  
80pp 172x116mm P/B PVC **£9.95**



**Hillwalking in Shropshire**  
*John Gillham*  
32 routes range from 3 miles (5km) to 12 miles (19km), taking in highlights such as The Wrekin, Wenlock Edge, Long Mynd and Stiperstones, Castle Ring and Bury Ditches.  
**9781852848071** **2016**  
192pp 172x116mm P/B **£12.95**





### Offa's Dyke Path

Mike Dunn

177 miles (283km) along the English and Welsh border between Sedbury (near Chepstow) and Prestatyn, split into 12 stages with suggestions for alternative itineraries. With 1:25K OS map booklet.

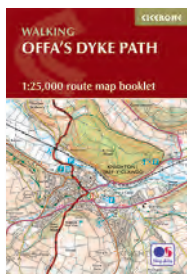
9781852847760

2019

192pp 172x116mm

P/B PVC

£16.95



### Offa's Dyke Map Booklet

Mike Dunn

This compact booklet of OS 1:25K maps shows the full route of the 177 mile (283km) Offa's Dyke Path National Trail, between Sedbury (nr Chepstow) and Prestatyn. Included with the guidebook.

9781852848941

2019

80pp 172x116mm

P/B PVC

£9.95



### Mountain Walking in Snowdonia

Terry Fletcher

40 of Snowdonia's best day walks, from exposed scrambles to sheltered river and forest walks. Includes a 2-day traverse of all 15 of Snowdonia's 3000ft peaks.

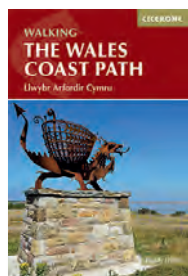
9781852847678

2018

224pp 172x116mm

P/B PVC

£14.95



### The Wales Coast Path

Paddy Dillon

Guidebook covering the entire 870 mile Wales Coast Path, from Chester to Chepstow. Described in 57 stages, it leads through 2 national parks and numerous AONBs.

9781852847425

2019

368pp 172x116mm

P/B PVC

£14.95



### The Ceredigion and Snowdonia Coast Paths

John B Jones

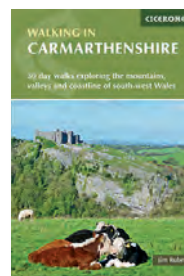
A key section on the Wales Coast Path, covering 233km (147 miles) down Cardigan Bay in 16 stages from Porthmadog to St Dogmaels, linking with the Pembrokeshire Coast Path.

9781852847388

2014

176pp 172x116mm P/B

£12.95



### Walking in Carmarthenshire

Jim Rubery

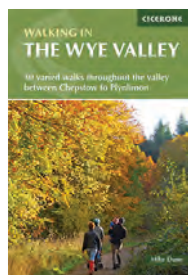
30 walking routes (2 to 10 miles) including parts of Carmarthenshire Coast Path. Walks for all abilities include coastal, river, forest and hill walks in Cambrian and Black Mountains and Brecon Beacons.

9781852847371

2015

176pp 172x116mm P/B

£12.95



### Walking in the Wye Valley

Mike Dunn

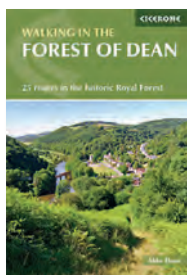
30 varied walks in the valley of the Wye, the most scenic river in England and Wales. Spectacular river scenery and pastoral moorland tranquility, from Chepstow to Plynlimon.

9781852847241

2015

176pp 172x116mm P/B

£12.95



### Walking in the Forest of Dean

Mike Dunn

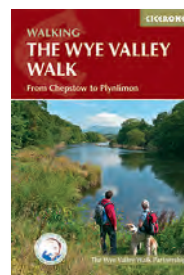
25 varied walks in ancient forest and rolling farmland. Short walks to all-day outings in a unique historic landscape. Includes sections of the Gloucestershire Way.

9781852846893

2019

160pp 172x116mm P/B

£12.95



### The Wye Valley Walk

The Wye Valley Walk Partnership

A perfect mix of river and hill walking, following the River Wye for 136 miles through woodland, moorland and peaceful meadows from Chepstow to the slopes of Plynlimon in Powys.

9781852846251

2019

176pp 172x116mm P/B

£12.95



### Great Mountain Days in Snowdonia

Terry Marsh

An inspirational guide to 40 graded walks within the Snowdonia National Park. Some routes include mild scrambling and all encourage exploration and adventure.

9781852845810

2017

240pp 240x170mm P/B

£18.95



### Walking on the Brecon Beacons

Andrew Davies, David Whittaker

A guide to 45 quality mountain and valley circular routes throughout the National Park covering Mynydd Du, Fforest Fawr, Brecon Beacons and the Black Mountains.

9781852845544

2017

256pp 172x116mm P/B

£12.95



### Hillwalking in Wales - Vol 1

Peter Hermon

The first of two guides to 166 routes up every 2000ft hill in Wales. Hill groups are arranged alphabetically and this volume covers from the Arans to the Dovey hills.

9781852844677

2010

288pp 172x116mm P/B

£12.95



### Hillwalking in Wales - Vol 2

Peter Hermon

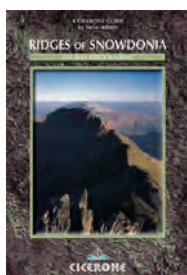
The second of two guides to routes up every 2000ft hill in Wales. Hill groups are arranged alphabetically and this volume covers from the Ffestiniog hills to the Tarens.

9781852844684

2011

304pp 172x116mm P/B

£12.95



### Ridges of Snowdonia

Steve Ashton

The best ridge routes of Carneddau, Glyders, Tryfan, Snowdon range, Moelwyns, Nantlle, Rhinogs, Arans and Cader Idris including a traverse of the 14 Snowdon 3000ers.

9781852843502

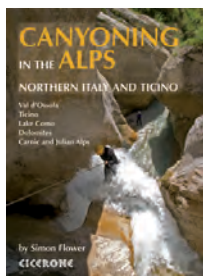
2013

192pp 172x116mm P/B

£12.95



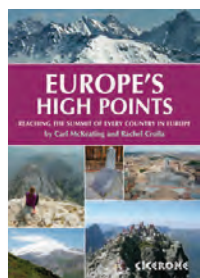
## International Challenges, Collections and Activities



**Canyoning in the Alps**  
*Simon Flower*  
The best descents in the Alps regions of northern Italy and Ticino in Switzerland, as well as routes in Austria, Slovenia and the Valais Alps. For beginners to experts.  
**9781852846831** **2012**  
448pp 210x148mm P/B **£25.00**



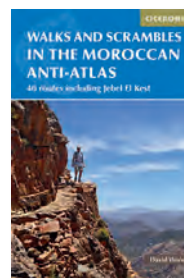
**The Via Francigena**  
**Canterbury to Rome – Part 2**  
*Alison Raju*  
A guide to the partly waymarked Via Francigena, a 1900km pilgrim walking route from Canterbury to Rome. Describes 940km from the Great St Bernard Pass to Rome.  
**9781852846077** **2019**  
336pp 172x116mm P/B **£16.95**



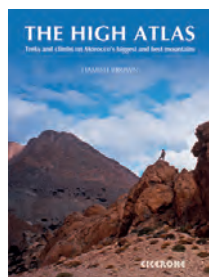
**Europe's High Points**  
*Rachel Crolla, Carl McKeating*  
Detailed descriptions of routes to the highest points in each of Europe's 50 countries from Liechtenstein to Latvia and Germany to Greece.  
**9781852845773** **2018**  
256pp 210x148mm P/B **£14.95**



## Africa



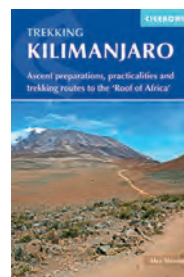
**Walks and Scrambles in the Moroccan Anti-Atlas**  
*David Wood*  
40 routes from 5 to 25km, including a summary of a 1-week north to south long-distance trail. Covers 6 main areas; Tafrout, Jebel El Kest, Ait Mansour, Ameln Valley, Taskra and Tanalt.  
**9781852848095** **2018**  
280pp 172x116mm P/B **£17.95**



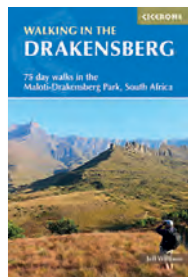
**The High Atlas**  
*Hamish Brown*  
An inspirational guidebook detailing how to complete the mountains' most rewarding treks and climbs. Endless tops over 3000m surround welcoming valley villages.  
**9781852846718** **2012**  
224pp 240x170mm P/B **£17.95**



**Mountaineering in the Moroccan High Atlas**  
*Des Clark*  
Single and multi-day winter mountaineering routes on 40 selected peaks, all over 3000m including Toubkal, covering a huge variety of scenery and terrain.  
**9781852846114** **2011**  
192pp 172x116mm P/B PVC **£15.00**



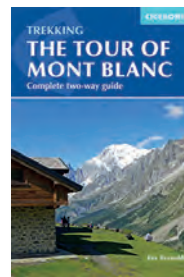
**Kilimanjaro**  
*Alex Stewart*  
All the trekking routes on Kilimanjaro (5895m). 6 ascent routes, 3 summit ascents, the Circuit Path plus information on preparation, access, accommodation and a route on Mt Meru.  
**9781852847586** **2018**  
272pp 172x116mm P/B PVC **£16.95**



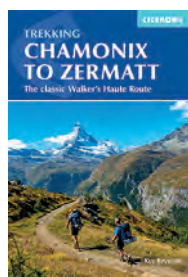
**Walking in the Drakensberg**  
*Jeff Williams*  
75 day walks of 1 to 26km in South Africa's Maloti-Drakensberg Park, a UNESCO World Heritage Site. Easily accessible from Johannesburg, walks explore the cliffs, gorges, waterfalls and abundant wildlife.  
**9781852848811** **2017**  
256pp 172x116mm P/B **£17.95**



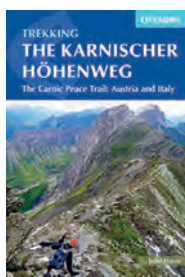
## Alps cross-border routes



**Trekking The Tour of Mont Blanc**  
*Kev Reynolds*  
The 170km TMB route typically takes 11 days and is described in both anti-clockwise and clockwise directions, with optional variants. Includes information about refuges and facilities and a separate booklet showing the entire route on IGN 1:25,000 maps.  
**9781786310620** **Apr 2020**  
256pp 172x116mm P/B PVC **£17.95**



**Trekking Chamonix to Zermatt**  
*Kev Reynolds*  
Guidebook to the iconic 225km Walker's Haute Route between Chamonix and Zermatt through the French and Swiss Alps. Described in 14 stages of between 9 and 23km, with alternative options.  
**9781786310484** **2019**  
256pp 172x116mm P/B PVC **£14.95**



**Trekking The Karnischer Höhenweg**  
*John Hayes*  
A 170km waymarked hut-to-hut trek along the border between Italy and Austria. Also known as the Carnic Peace Trail, it runs west to east along the Ridge of the Carnic Alps, the site of the WW1 front line.  
**9781852849429** **2018**  
160pp 172x116mm P/B **£15.95**

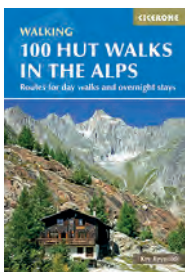


**Trekking Munich to Venice**  
*John Hayes*  
The Traumpfad, 'Dream Way', is a 570km trek from Munich to Venice in 30 stages. The guide includes 5 alternate stages and a day's via ferrata in the Dolomites. Crosses some of the best Alpine scenery.  
**9781852848040** **2016**  
264pp 172x116mm P/B PVC **£16.95**





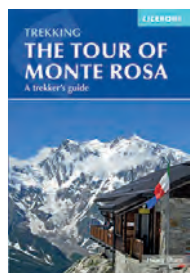
**Trail Running – Chamonix and the Mont Blanc region**  
*Kingsley Jones*  
40 graded runs in the Mont Blanc regions of France, Switzerland and Italy, from wide trails to technical skyrunning, with ascent/descent and distance. Includes 168km ultra-trail of Mont Blanc.  
**9781852848002** **2016**  
240pp 172x116mm P/B **£14.95**



**100 Hut Walks in the Alps**  
*Kev Reynolds*  
100 day walks to suit alpine walkers of all abilities, with suggestions for some hut-to-hut tours. Circular routes in France, Switzerland, Italy, Austria and Slovenia.  
**9781852847531** **2018**  
256pp 172x116mm P/B **£14.95**



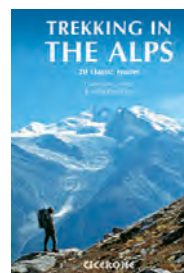
**The Tour of the Bernina**  
*Gillian Price*  
Two multi-stage treks on the Swiss-Italian border around Piz Bernina, close to St Moritz. The 9-stage, 119km Tour of the Bernina is suitable for first-time trekkers. The 8-stage, 94km Alta Via Valmalenco is more challenging.  
**9781852847524** **2015**  
176pp 172x116mm PVC **£15.95**



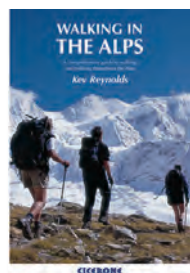
**Tour of Monte Rosa**  
*Hilary Sharp*  
134km, 8-stage circular route from Zermatt, through Switzerland and Italy, with comprehensive planning and background details to a challenging, varied, high-level adventure.  
**9781852847302** **2015**  
176pp 172x115mm PVC **£15.95**



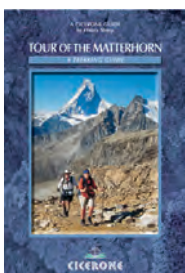
**Trekking in the Silvretta and Rätikon Alps**  
*Kev Reynolds*  
Three treks, between 5 and 8 days, in the Silvretta and Rätikon Alps, and 12 other half-day hut-to-hut routes, on the borders of Switzerland, Austria and Liechtenstein.  
**9781852846961** **2014**  
208pp 172x116mm P/B **£16.95**



**Trekking in the Alps**  
*Kev Reynolds*  
An exciting and inspiring collection of 20 treks of varying difficulty, including classics such as the Tour of Mont Blanc and more adventurous routes such as the Traverse of the Slovenian Alps.  
**9781852846008** **2019**  
256pp 240x170mm P/B **£17.95**



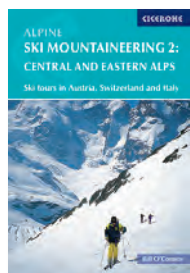
**Walking in the Alps**  
*Kev Reynolds*  
An outstanding and comprehensive volume suggesting many thousands of possible walks and trekking routes in every alpine region. Kev Reynolds' lifetime Alpine knowledge in one book.  
**9781852844769** **2017**  
512pp 234x156mm P/B **£25.00**



**Tour of the Matterhorn**  
*Hilary Sharp*  
A superb 145km alpine trek with a huge variety of scenery and culture, anti-clockwise from Zermatt. Includes two glacier crossings and takes 8 to 10 days.  
**9781852844721** **2009**  
176pp 172x116mm PVC **£12.95**



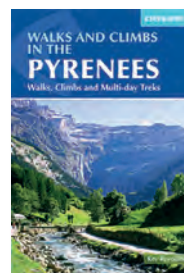
**Alpine Ski Mountaineering Vol 1 – Western Alps**  
*Bill O'Connor*  
The finest ski-mountaineering tours in the Écrins, Vanoise, Mont Blanc, Gran Paradiso and Pennine Alps. Includes the classic Chamonix to Zermatt Haute Route.  
**9781852843731** **2017**  
256pp 172x116mm P/B PVC **£16.95**



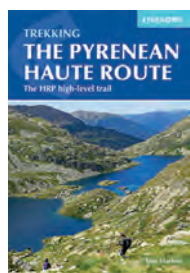
**Alpine Ski Mountaineering Vol 2 – Central and Eastern Alps**  
*Bill O'Connor*  
The finest ski-mountaineering tours in the Swiss, Austrian and Italian Alps. Covers the Bernese, Urner, Albula, Bernina Silvretta, Otztal, Stubai and Ortler.  
**9781852843748** **2016**  
256pp 172x116mm P/B PVC **£16.95**



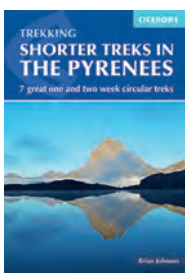
Pyrenees  
and France/  
Spain cross-  
border routes



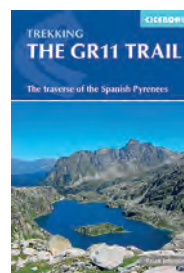
**Walks and Climbs in the Pyrenees**  
*Kev Reynolds*  
170 selected walks, multi-day tours and moderate summit ascents in the Central and High Pyrenees. Graded routes lasting from 1hr to 12 days explore mountains including Monte Perdido, Pic du Midi d'Ossau, Vignemale, Ordesa National Park and Gavarnie.  
**9781786310538** **2019**  
408pp 172x116mm P/B PVC **£17.95**



**The Pyrenean Haute Route**  
*Tom Martens*  
A largely unwaymarked 750km route presented in 44 stages, staying close to the main ridge in the highest and most spectacular central Pyrenees. Suitable for strong and experienced mountain walkers.  
**9781852849818** **2019**  
344pp 172x116mm P/B PVC **£17.95**

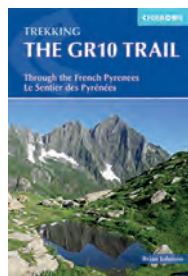


**Shorter Treks in the Pyrenees**  
*Brian Johnson*  
Seven circular treks of 4-12 days covering both sides of the French-Spanish border, including both the High Pyrenees and lower mountains of the Basque Country and Catalonia.  
**9781852849306** **2019**  
280pp 172x116mm P/B PVC **£16.95**



**The GR11 Trail**  
*Brian Johnson*  
The GR11 traverses the Spanish Pyrenees from Irun on the Atlantic coast to Cap de Creus on the Mediterranean. 820km route in 47 stages over high passes. Trekkers require experience of high mountains.  
**9781852849214** **2018**  
272pp 172x116mm P/B PVC **£16.95**





### The GR10 Trail

Brian Johnson

A 955km trek across the French Pyrenees from Hendaye on the Atlantic Coast to the Mediterranean coast at Banyuls-sur-Mer, described in 55 daily stages, with full information.

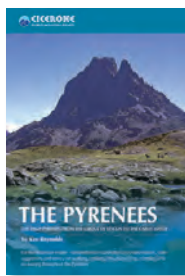
9781852847739

320pp 172x116mm

P/B PVC

2019

£16.95



### The Pyrenees

Kev Reynolds

A planning resource for a range of mountain activities (walks, treks and climbs) in the High Pyrenees from the Cirque de Lescun to the Carlit massif and Andorra.

9781852844202

464pp 216x138mm P/B

2010

£22.00



## Austria



### Innsbruck Mountain Adventures

Sharon Boscoe

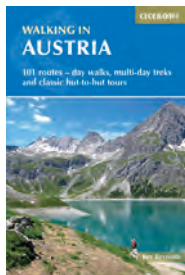
60 summer mountain adventures: alpine mountaineering routes, overnight hut trips, adventure hikes and multi-pitch scrambles, day walks, rock climbing, via ferratas, mountain biking, road cycling, trail running, plus activities for families.

9781852849580

280pp 172x116mm P/B

2018

£14.95



### Walking in Austria

Kev Reynolds

101 routes, day walks, multi-day treks and tours in the Ratikon, Silvretta, Stubai, and Zillertal Alps, the Hohe Tauern, and the Karawanken. Includes 135 mountain huts.

9781852848590

432pp 172x116mm

P/B PVC

2016

£17.95



### Trekking in the Zillertal Alps

Allan Hartley

The Zillertal Rucksack Route traverses the best of the range, and the Zillertal South Tyrol Tour for experienced Alpine trekkers, involving difficult passes and glaciers. Each takes 10 to 12 days.

9781852847173

208pp 172x116mm PVC

2013

£15.95



### The Adlerweg

Mike Wells

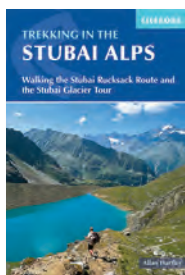
Describes the 300km (186 mile) Eagle's Way from St Johann in the east to St Anton in the west, in 23 main stages with higher and lower variants in places.

9781852846411

240pp 172x116mm P/B

2012

£14.95



### Trekking in the Stubai Alps

Allan Hartley

This guide describes 2 multi-day hut-to-hut tours: the Stubai Rucksack Route and the more challenging Stubai Glacier Tour, either of which can be completed in 8 to 10 days.

9781852846237

192pp 172x116mm

P/B PVC

2018

£14.95



### Trekking in Austria's Hohe Tauern

Allan Hartley

A guide to 4 treks and a 10-day traverse in this National Park, the largest in Europe and a World Conservation Area, taking in the Tirol, Salzburg and Karnten.

9781852845681

256pp 172x116mm PVC

2010

£15.00



## Eastern Europe



### The Mountains of Romania

Janneke Klop

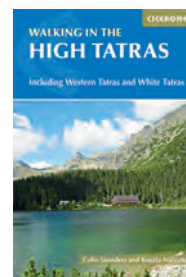
Walks and multi-day treks in the Carpathian mountains of Romania. Includes routes in the Maramures and Bucovina regions, Piatra Craiului ridge, and the Retezat and Fagaras mountains.

9781852849481

416pp 172x116mm P/B

Feb 2020

£18.95



### The High Tatras

Renáta Nárožná, Colin Saunders

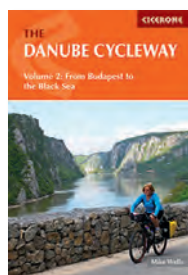
Walks and scrambles in the High Tatras on the Poland-Slovakia border, and neighbouring White and Western Tatras ranges, most using a network of waymarked routes.

9781852848873

336pp 172x116mm

2017

£17.95



### The Danube Cycleway

Volume 2

Mike Wells

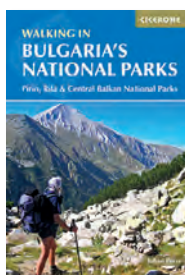
Explores the route from Budapest to the Black Sea. Starts in Hungary and continues into Serbia and Bulgaria before ending at Constanta in Romania. Part of EuroVelo 6 (EV6).

9781852847234

288pp 172x116mm P/B

2016

£16.95



### Walking in Bulgaria's National Parks

Julian Perry

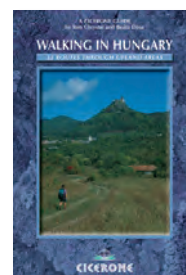
A guide to 12 superb 2 to 3-day walks for experienced mountain walkers in the Pirin, Rila and Central Balkan National Parks. Includes a full-day ascent of Mount Vihren.

9781852845742

256pp 172x116mm P/B

2017

£15.00



### Walking in Hungary

Tom Chrystal, Beáta Dósa

A guide to exploring Hungary's limestone landscape in 32 walks. Includes information on accommodation, sights of cultural interest, vocabulary and public transport.

9781852843526

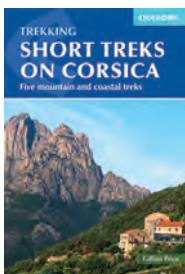
256pp 172x116mm P/B

2003

£14.00



# France, Belgium and Luxembourg

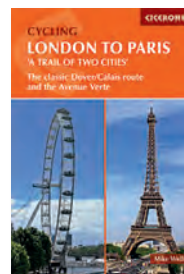


## Short Treks on Corsica

Gillian Price

Five mountain and coastal treks: the 2-day Sentier du Douanier (Custom Officer's Path), the 10-day Mare e Monti, the 11-day coast-to-coast Mare a Mare Nord, the 5-day Mare a Mare Sud and the 5-day Mare e Monti Sud.

9781786310590 May 2020  
176pp 172x116mm P/B £16.95



## Cycling London to Paris

Mike Wells

Describes both the 500km traditional route, on cycle tracks and quiet roads via Dover/Calais, and the 400km waymarked Avenue Verte via Newhaven/Dieppe mainly on dedicated cycle paths. Each takes 5 to 7 days.

9781852849146 2018  
272pp 172x116mm P/B £14.95

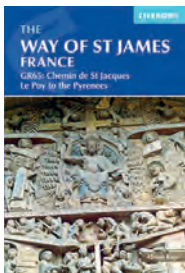


## Walking in the Briançonnais

Andrew McLuggage

Short and full-day walks in the stunning valleys of Clarée, Cerveyrette, Ayes, Durance and Guisane, including the mountains around Vallouise and Montgenèvre.

9781852848880 2018  
240pp 172x116mm P/B £16.95

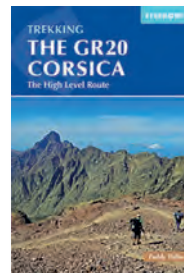


## The Way of St James - Le Puy to the Pyrenees

Alison Raju

730km from Le Puy-en-Valey in central France to Saint-Jean-Pied-de-Port in the Pyrenees, including points of interest, links to other routes and accommodation.

9781852848767 2018  
208pp 172x116mm P/B £14.95

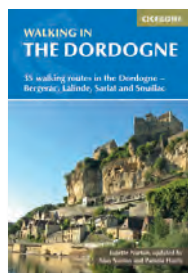


## The GR20 Corsica

Paddy Dillon

This tough 190km route between Calenzana and Conca takes experienced walkers two weeks to complete, and includes hands-on scrambling. With high and low-level options and essential information.

9781852848521 Dec 2019  
272pp 172x116mm P/B PVC £14.95

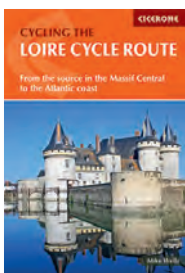


## Walking in the Dordogne

Pamela Harris, Janette Norton

35 walking routes based around Sarlat and Souillac regions (Perigord Noir) and Bergerac (Perigord Pourpre). The walks range from short walks to mountain circuits.

9781852848439 2018  
264pp 172x116mm P/B £14.95



## The Loire Cycle Route

Mike Wells

The 1052km (654 mile) route from the Massif Central to the Atlantic. The route incorporates a section of EuroVelo 6 and the popular, waymarked Loire à Vélo.

9781852848422 2017  
256pp 172x116mm P/B £16.95

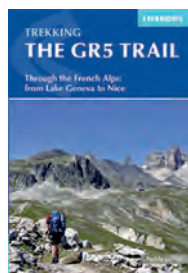


## Mont Blanc Walks

Hilary Sharp

50 day walks near Chamonix and Courmayeur, plus outlines of 4 multi-day treks. Walks range from 3 to 20km, from easy valley walks to more challenging alpine routes.

9781852848194 2018  
288pp 172x116mm P/B £14.95

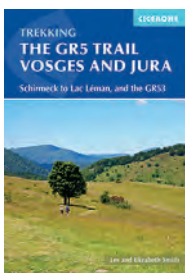


## The GR5 Trail

Paddy Dillon

The 660km GR5 trail from Lake Geneva to the Mediterranean at Nice (or Menton) through the whole of the French Alps. Includes variants. A month of fantastic walking.

9781852848286 2016  
320pp 172x116mm format £17.95



## The GR5 Trail - Vosges and Jura

Les Smith, Elizabeth Smith

A traverse of the Vosges and the Haut-Jura plateau, from Wissembourg to Schirmeck (GR53), then the GR5 to Nyon on Lac Léman, a total of 687km (427 miles), through wooded and grassy hills and gorges in 11 sections.

9781852848125 2017  
208pp 172x116mm P/B £16.95

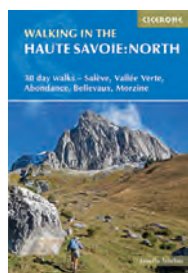


## Walking in the Haute Savoie: South

Pamela Harris, Janette Norton

30 half to full-day routes in the area between Chamonix and Annecy. Walks are located near Samoëns, Sixt, Thônes, and Lake Annecy. Includes Chaîne des Aravis, Plateau de la Borne and Haut Giffre.

9781852848118 2017  
272pp 172x116mm P/B £14.95

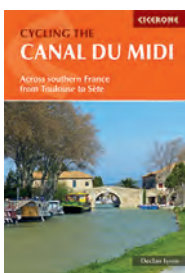


## Walking in the Haute Savoie: North

Pamela Harris, Janette Norton

30 walks south of Lake Geneva to the Swiss border including pré-Alpe areas Salève, Chablais, the Vallée Verte, near Evian and Morzine. Walks include local summits and ridges.

9781852848101 2017  
264pp 172x116mm P/B £14.95

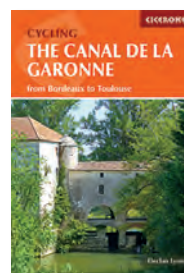


## Cycling the Canal du Midi

Declan Lyons

A guide to cycling this 240km route along a World Heritage listed site rich in history and culture, linking Toulouse and Sète. Perfect cycling with flat, car-free paths.

9781852847845 2017  
192pp 172x116mm P/B £14.95



## Cycling the Canal de la Garonne

Declan Lyons

Describing 290km of cycle route from Bordeaux to Toulouse, connecting with the Canal du Midi, with excursions to towns and villages along the route. With accommodation and key facilities.

9781852847838 2019  
192pp 172x116mm P/B £14.95





### The River Rhone Cycle Route

Mike Wells

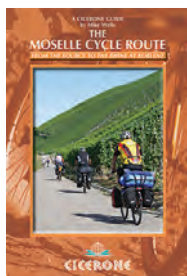
A 895km cycle route from the Swiss Alps through France to the Mediterranean Sea. Divided into 20 (45km) stages, the route can be completed by most cyclists in 10-14 days.

9781852847555

2016

256pp 172x116mm P/B

£14.95



### The Moselle Cycle Route

Mike Wells

14 stages cover the entirety of the Moselle river, from its source in the Vosges Mountains to its confluence with the Rhine at Koblenz. Well-waymarked, easy cycling suitable for all experience levels.

9781852847210

2014

208pp 172x116mm P/B

£14.95



### Chamonix Mountain Adventures

Hilary Sharp

Routes include walking, mountain biking, road cycling, rock climbing and via ferratas. There is something for everyone here, from families to veteran adventurers.

9781852846633

2016

288pp 172x116mm

P/B PVC

£14.95



### Walking in the Auvergne

Rachel Crolla, Carl McKeating

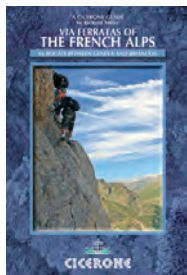
42 walks, from easy to challenging, in the volcanic hills of central France. Ideal for day-walkers and hikers to explore a beautiful, quiet region.

9781852846510

Jan 2020

256pp 172x116mm P/B

£14.95



### Via Ferratas of the French Alps

Richard Miller

The best routes between Geneva and Briançon from easy protected routes to exposed challenges suitable for the experienced. Covers techniques and equipment.

9781852846480

2014

352pp 172x116mm

P/B PVC

£17.95



### Mountain Adventures in the Maurienne

Andy Hodges

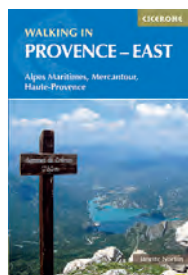
Walks, treks, via ferratas, road cycling and mountain biking routes in an area perfect for Alpine adventures. Readers can mix and match their activities to suit.

9781852846213

2011

192pp 172x116mm PVC

£14.95



### Walking in Provence - East

Janette Norton

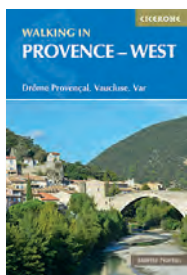
30 varied day walks in the Alpes Maritimes, Alpes de Haute-Provence and Mercantour, with charming bases such as Vence, Grasse and Digne-les-Bains.

9781852846176

2014

240pp 172x116mm P/B

£14.95



### Walking in Provence - West

Janette Norton

30 varied day walks in the Drôme Provençale, the Vaucluse and the Var, from the Baronnies in the north to the Ste-Baume ridge in the south, staying in Nyons, Apt and Aix-en-Provence.

9781852846169

2014

272pp 172x116mm P/B

£14.95



### The Grand Traverse of the Massif Central

Alan Castle

A guide to this 700km mountain biking trail from Clermont-Ferrand to Montpellier and Sète. 17 stages with information for walkers and an on-road route for road cyclists.

9781852845711

2010

176pp 172x116mm P/B

£14.00



### Tour of the Oisans: The GR54

Kev Reynolds

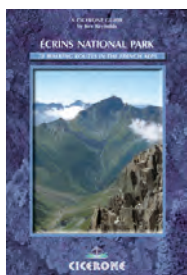
The GR54 around the Dauphiné massif and Écrins national park to the east of Grenoble is one of the more demanding Alpine treks. A 2-week trek over 176km.

9781852845506

2008

144pp 172x116mm PVC

£12.00



### Ecrins National Park

Kev Reynolds

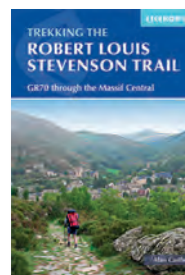
In spectacular scenery, the Écrins offer huge potential for walkers. Most of the area is a national park, with summits over 3000m. Good trails and alpine huts.

9781852845216

2017

256pp 172x116mm P/B

£14.95



### The Robert Louis Stevenson Trail

Alan Castle

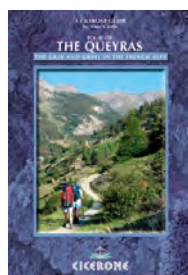
Guide to a 140km route through the Cevennes, ideal for a first walking holiday, starting at Le Puy and finishing at St Jean de Gard, with a historic and literary theme.

9781852845117

2019

208pp 172x116mm P/B

£12.95



### Tour of the Queyras

Alan Castle

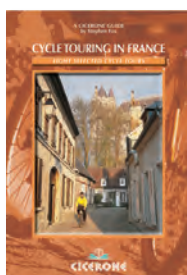
An unspoilt region of the French Alps, from the Durance Valley to the Italian border. A high-level route, along the GR58 and GR541 trails over 12 stages.

9781852845100

2009

192pp 172x116mm format

£14.00



### Cycle Touring in France

Stephen Fox

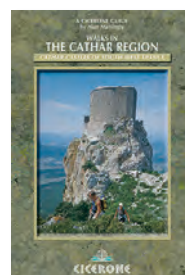
A guide to eight 1 and 2-week tours, for all levels and tastes, covering Brittany, Picardy, Alsace, Auvergne/Languedoc, Provence, Dordogne/Lot, the Alps and the Pyrenees.

9781852844325

2010

272pp 172x116mm P/B

£14.00



### Walks in the Cathar Region

Alan Mattingly

Over 30 walks, from 16 centres, in the foothills of the Pyrenees dominated by these medieval castles, including Foix, Roquefixade, Puivert and Montségur. With extensive historical information.

9781852844233

2014

208pp 172x116mm P/B

£14.95





### Walking in Corsica

Gillian Price

A guide to 3 long-distance routes – Mare e Monti, Mare-Mare Nord and Mare-Mare Sud – crossing the island, and 18 day walks. Excellent local information.

9781852843878

2013

160pp 172x116mm P/B

£14.95



### Vanoise Ski Touring

Paul Henderson

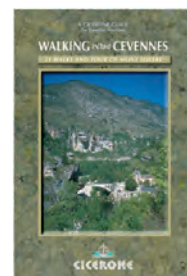
A guide to ski touring in the Vanoise. 11 routes for the best tours in the region, plus the best ski-mountaineering ascents.

9781852843755

2003

192pp 172x116mm PVC

£12.00



### Walking in the Cevennes

Janette Norton

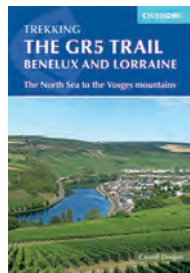
A guide to 15 day walks in the north, 16 walks in the south, and a 5-day trek around Mont Lozère, including Parc National des Cevennes and upper Tarn gorge.

9781852843366

2010

256pp 172x116mm P/B

£12.95



### The GR5 Trail – Benelux and Lorraine

Carroll Dorgan

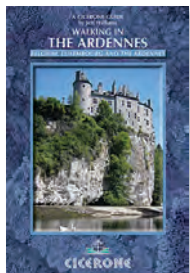
The northern section of the GR5 – 1000km starting in Hoek van Holland and passing through the Netherlands, Belgium, Luxembourg and Lorraine to Schirmeck in France.

9781852849597

2018

312pp 172x116mm P/B

£17.95



### Walking in the Ardennes

Jeff Williams

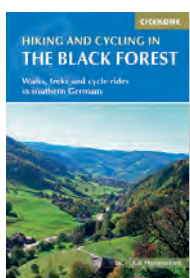
32 day walks and a 68km multi-stage route, the Sentier du Nord, in Belgium/Luxembourg/France, among rolling hills, deep valleys, rivers and forests, taking in WW2 battlefields and medieval castles.

9781852846862

2014

224pp 172x116mm P/B

£16.95



### Hiking and Cycling in the Black Forest

Kat Morgenstern

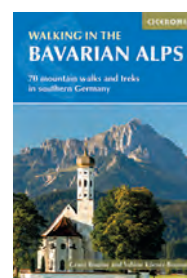
From easy routes for families to multi-day journeys, the walks and 5 cycle rides explore the many forests, villages, castles and hills near Strasbourg, Baden-Baden, Freiburg and Basle.

9781786310217

2019

320pp 172x116mm P/B

£16.95



### Walking in the Bavarian Alps

Grant Bourne, Sabine Körner-Bourne

70 mountain routes, from half-day walks to 3-day hut-to-hut treks. Highlights include the Königssee and Breitach, Partnach and Höllental gorges. Also includes suggestions for valley walks.

9781852849290

2018

336pp 172x116mm P/B PVC

£17.95



### The Rhine Cycle Route

Mike Wells

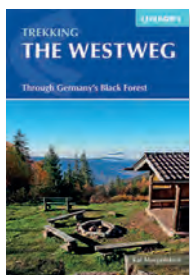
From the summit of Oberalp pass to the Hook of Holland through Switzerland, Germany, France and the Netherlands, 1372km in 27 stages, mostly on well-surfaced cycle tracks.

9781852848996

2018

312pp 172x116mm P/B

£16.95



### The Westweg

Kat Morgenstern

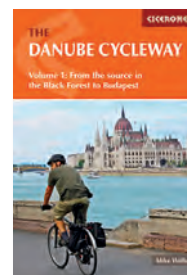
This 285km walk across Germany's Black Forest from Pforzheim to Basel includes ascent of Feldberg. Takes 13 to 14 days, each day stage from 15 to 28km. Two variants are described.

9781852847753

2016

224pp 172x116mm P/B

£16.95



### The Danube Cycleway Volume 1

Mike Wells

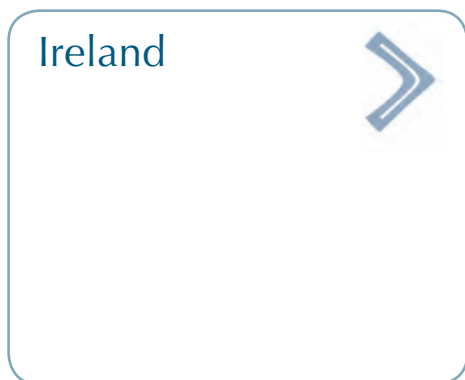
The first 1269km of cycling the Danube river, from its source in the Black Forest to Budapest. Suitable for all levels of cyclist, on all types of bike.

9781852847227

2019

272pp 172x116mm P/B

£14.95



### The Wild Atlantic Way and Western Ireland

Tom Cooper

Six cycling tours of 7 to 10 days, based on the Wild Atlantic Way, that can be combined to create a 44-stage, 2400km tour of Ireland's west coast from Derry/Londonderry to Cork.

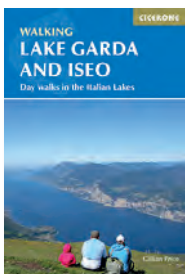
9781852849092

2018

256pp 172x116mm P/B

£14.95



**Walking Lake Garda and Iseo***Gillian Price*

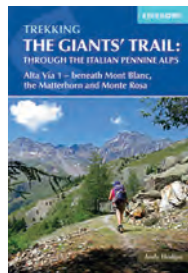
20 day walks around the majestic Italian lakes of Garda and Iseo. The routes, which range from leisurely strolls to more strenuous routes up panoramic peaks, are easily accessible by public transport.

**9781786310248** **2019**  
128pp 172x116mm P/B **£14.95**

**Walking Lake Como and Maggiore***Gillian Price*

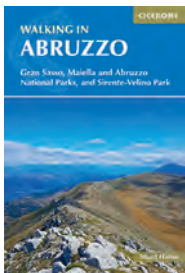
30 walks in the beautiful Italian lakes area of Maggiore and Como. Routes are graded by difficulty and range from easy lakeside strolls to challenging mountain peaks. Well-waymarked trails.

**9781786310231** **2019**  
176pp 172x116mm P/B **£14.95**

**The Giants' Trail: Alta Via 1 through the Italian Pennine Alps**

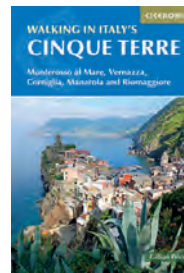
Italy's Alta Via 1 is a 180km trail through the Italian Alps, following the northern flank of the Aosta Valley from Donnas to Courmayeur. Nicknamed the Giants' Trail, the route offers fantastic views of the Alpine giants: Mont Blanc, the Matterhorn and Monte Rosa.

**9781852849924** **May 2020**  
160pp 172x116mm P/B **£16.95**

**Walking in Abruzzo***Stuart Haines*

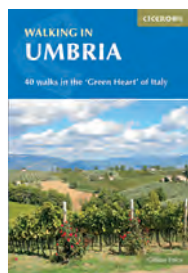
40 day-walks incorporating the wild Abruzzo, Maiella, and Gran Sasso national parks and the Sirente-Velino regional park, including an ascent of Corno Grande, the highest point in the Apennines.

**9781852849788** **2019**  
256pp 172x116mm P/B **£16.95**

**Walking in Italy's Cinque Terre***Gillian Price*

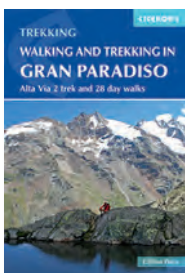
16 routes in and around the five famous fishing villages of Monterosso, Vernazza, Corniglia, Manarola and Riomaggiore. Breathtakingly beautiful, this UNESCO World Heritage coastline is a walker's (and foodie's) dream destination.

**9781852849733** **2019**  
112pp 172x116mm P/B **£14.95**

**Walking in Umbria***Gillian Price*

40 walks in Umbria, among the ancient towns of Assisi, Perugia, Orvieto and Norcia. Known as the 'green heart' of Italy, the hills reach up to the Apennines and Sibillini mountains, as well as ancient villages, Roman and Etruscan ruins, dense woodland and nature reserves.

**9781852849665** **2019**  
208pp 172x116mm P/B **£16.95**

**Walking and Trekking in the Gran Paradiso***Gillian Price*

28 day walks in the Gran Paradiso National Park south of Mont Blanc, and the challenging 12-day (148km) Alta Via 2 trek through the rugged mountains between Chardonnay and Courmayeur.

**9781852849238** **2018**  
224pp 172x116mm P/B PVC **£16.95**

**Walking on the Amalfi Coast***Gillian Price*

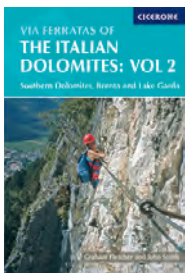
32 graded day walks on the Sorrento Peninsula, Amalfi Coast, Positano and Monti Lattari, and on the islands of Capri and Ischia, from family strolls to strenuous treks.

**9781852848828** **2019**  
192pp 172x116mm P/B **£14.95**

**Via Ferratas of the Italian Dolomites Volume 1**

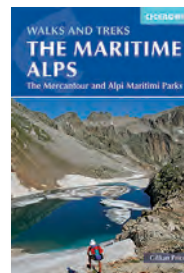
This volume covers 75 graded routes in the northern, central and eastern Dolomites, including Cortina, Fassa, Sesto, Canazei and Corvara. Comprehensive route descriptions alongside maps and topos.

**9781852848460** **2019**  
320pp 172x116mm P/B PVC **£17.95**

**Via Ferratas of the Italian Dolomites: Vol 2***Graham Fletcher, John Smith*

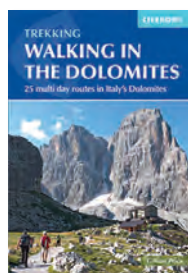
A guide to 77 via ferratas in the south and west Dolomites of Civetta, Schiara, Pala and the Brenta, also Lake Garda and the Piccole Dolomites north of Vicenza.

**9781852843809** **2019**  
320pp 172x116mm P/B PVC **£17.95**

**Walks and Treks in the Maritime Alps***Gillian Price*

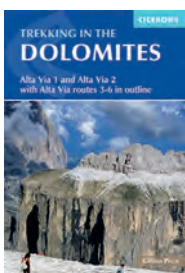
18 day walks and 6 long-distance treks, including a 5-day traverse of the French Mercantour National Park, a 7-day traverse of the Alpi Maritime Park, and walks from 6 to 20km.

**9781852848453** **2016**  
224pp 172x116mm P/B **£16.95**

**Walking in the Dolomites***Gillian Price*

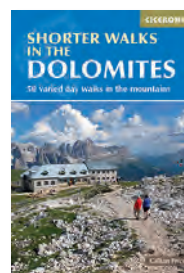
25 extended, mostly circular walks, 2 to 4 days long, which take in the Marmarole, Marmolada, Civet, Sella and Cortina Dolomites among others. Includes practical local information.

**9781852848446** **2018**  
288pp 172x116mm P/B PVC **£16.95**

**Trekking in the Dolomites***Gillian Price*

Detailed coverage of Alta Via 1 and 2. The AV1 is 120km over 11 day stages, suitable for novice alpine trekkers; AV2 covers 160km in 13 days and is more strenuous. AV3-6 routes are also outlined.

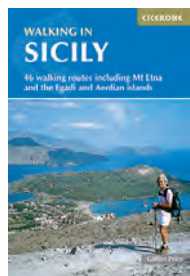
**9781852848200** **2019**  
192pp 172x116mm P/B PVC **£16.95**

**Shorter Walks in the Dolomites***Gillian Price*

50 walks ranging from short 5km strolls to full-day expeditions, all graded for difficulty between easy and strenuous. The Dolomites is an ideal walking destination from June to September.

**9781852847876** **2019**  
288pp 172x116mm P/B **£14.95**





### Walking in Sicily

*Gillian Price*

A guide to 46 graded walks encompassing ancient ruins, olive groves, coastal and volcanic landscapes. Includes Mt Etna, Madonie and Nebrodi mountains, and Egadi and Aeolian islands.

**9781852847852** **2017**  
256pp 172x116mm P/B **£14.95**



### Trekking in the Apennines

*Gillian Price*

Grande Escursione Appenninica (GEA). Through Tuscany and Emilia-Romagna and 2 national parks, this 400km trail takes 23 days to complete, exploring the mountains, forests and hills of central Italy.

**9781852847661** **2016**  
160pp 172x116mm P/B **£14.95**

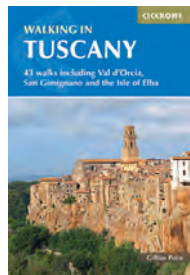


### Ski Touring and Snowshoeing in the Dolomites

*James Rushforth*

50 ski touring and snowshoeing graded routes, all of which take less than a day to complete, commencing from the bases of Cortina, Arabba, Val di Zoldo, San Martino and San Vigilio.

**9781852847456** **2017**  
280pp 172x116mm P/B PVC **£18.95**



### Walking in Tuscany

*Gillian Price*

43 graded, mostly easy walks near Florence and Siena, the World Heritage scenery of Val d'Orcia and San Gimignano and the stunning island of Elba, using historical pathways.

**9781852847128** **2018**  
240pp 172x116mm P/B **£16.95**

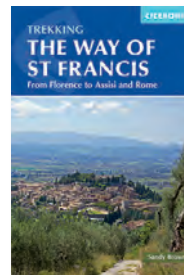


### Walking in Italy's Stelvio National Park

*Gillian Price*

38 walks explore a renowned national park in the Italian Alps, bordering the Dolomites to the east and Switzerland to the west. The first English-language guide to the area.

**9781852846909** **2013**  
192pp 172x116mm P/B **£16.95**

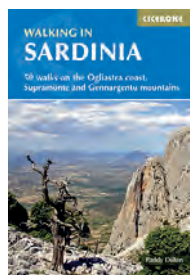


### The Way of St Francis

*The Reverend Sandy Brown*

550km Via di Francesco from Florence, through Assisi to Rome. Described in 28 day-stages, includes detailed maps, profiles and information about all the shrines, churches and towns along the way.

**9781852846268** **2019**  
288pp 172x116mm P/B **£16.95**



### Walking in Sardinia

*Paddy Dillon*

50 varied day walks across Gennargentu, Ogliastra and Barbaglia, stretching from the high mountains in the middle of the island to the dramatic eastern cliff coastline.

**9781852846190** **2017**  
208pp 172x116mm P/B **£14.95**

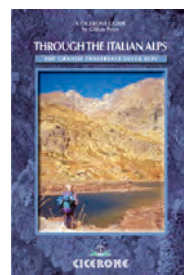


### Italy's Sibillini National Park

*Gillian Price*

A guide to 21 walks and the 8-day Grande Anello dei Sibillini trek that encircles the massif and Sibillini National Park. Easily accessible from Rome.

**9781852845353** **2013**  
192pp 172x116mm P/B **£14.95**



### Through the Italian Alps

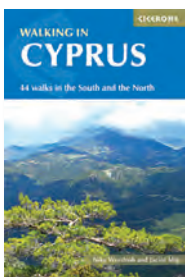
*Gillian Price*

A guide to this 663km, 47-day route across the western Italian Alps traversing the Ligurian, Maritime, Cottian, Graian and Pennine Alps to finish near Monte Rosa.

**9781852844172** **2005**  
208pp 172x116mm PVC **£12.00**



## Mediterranean

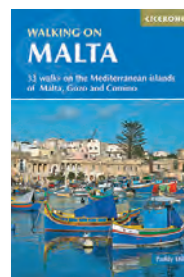


### Walking in Cyprus

*Jacint Mig, Nike Werstroph*

44 graded routes of 3 to 20km covering both the south and north of the island. Taking in pine-clad slopes, olive groves, rugged coastline and dramatic gorges and historical sites of interest.

**9781852848378** **2017**  
232pp 172x116mm P/B **£16.95**

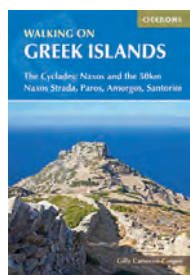


### Walking on Malta

*Paddy Dillon*

33 walks on Malta and the islands of Gozo and Comino. Walks from 3 to 17km include heritage trails, coast walks and the 30km 'Victoria Lines' route. Year-round walking.

**9781852848224** **2019**  
240pp 172x116mm P/B **£14.95**



### Walking on the Greek Islands

*Gilly Cameron-Cooper*

Guidebook to 35 walks exploring the Greek islands of Naxos, Paros, Amorgos and Santorini in the Cyclades. Walks range from 4km to 17km, and includes the 5-stage Naxos Strada coast-to-coast route.

**9781786310095** **Apr 2020**  
256pp 172x116mm P/B **£14.95**



### Trekking in Greece

*Michael Cullen, Tim Salmon*

Challenging treks traversing the Pindos Range, near Athens, and the Peloponnese, plus shorter routes including Zagori and Mount Olympus. For experienced trekkers through difficult and remote terrain.

**9781852849689** **2018**  
304pp 172x116mm P/B **£17.95**



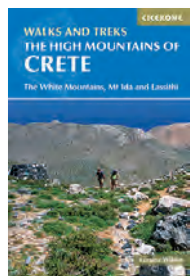
### Walking and Trekking in Zagori

*Aris Leontaritis*

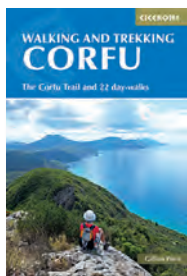
30 graded walks and 3 treks centred on the Zagori and Konitsa national parks, including the Vikos gorge, Drakolimni Lake and rugged Pindos summits.

**9781852849412** **2019**  
248pp 172x116mm P/B **£16.95**





**The High Mountains of Crete**  
*Loraine Wilson*  
 87 routes between 2 and 28km throughout the island, including the White Mountains, Mt Ida (the Psiloritis range) and the Lassithi range, and coverage of the E4 Trail.  
**9781852847999** **2015**  
 400pp 172x116mm P/B **£16.95**



**Walking and Trekking on Corfu**  
*Gillian Price*  
 22 day walks and the 150km Corfu Trail from Kavos north to Agios Spyridonas, described in 10 stages. Enjoy olive groves, coastal paths, beaches, lush hillsides and picturesque villages.  
**9781852847951** **2018**  
 192pp 172x116mm P/B **£14.95**



**Trekking and Climbs in Wadi Rum, Jordan**  
*Tony Howard*  
 A guide to one of the world's best desert climbing and trekking areas, with full visitor information and a selection of explorations, both trad and sport, at all grades.  
**9781852842543** **2014**  
 240pp 210x148mm P/B **£20.00**



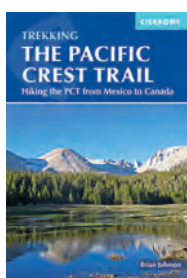
## New Zealand and Australia



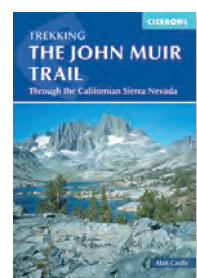
**Hiking the Overland Track**  
*Warwick Sprawson*  
 An iconic walk in wild Tasmania. Described over 7 stages, the 80km trail from Cradle Valley to Lake St Clair takes in glacier-carved valleys, vast buttongrass moorlands, mossy rainforests, rugged peaks, thundering waterfalls, alpine meadows and peaceful lakes. Includes side trips.  
**9781786310132** **Feb 2020**  
 208pp 172x116mm P/B **£17.95**



## North America



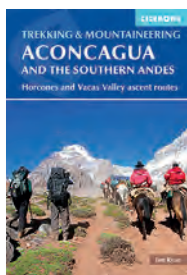
**The Pacific Crest Trail**  
*Brian Johnson*  
 2650 mile trek from the Mexican border to British Columbia, passing through California, Oregon and Washington State, taking in the Mojave desert, High Sierras and Cascades.  
**9781852849207** **2018**  
 352pp 172x116mm P/B PVC **£16.95**



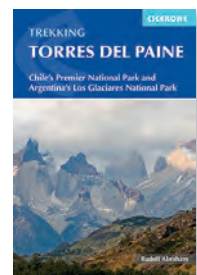
**The John Muir Trail**  
*Alan Castle*  
 21 daily stages covering 216 miles, from the Yosemite Valley through 3 national parks of the Californian Sierra Nevada. Includes information on preparation, permits, wilderness etc.  
**9781852847906** **2018**  
 224pp 172x116mm P/B **£16.95**



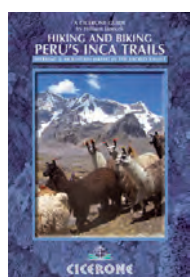
## South America



**Aconcagua and the Southern Andes**  
*Jim Ryan*  
 Describes the Normal route (taking 12 days) or the Vacas Valley route (14 days). Difficult mountain terrain up to 6962m, for experienced mountaineers. With treks in the Vallecitos and Tupungato ranges.  
**9781852849740** **2018**  
 184pp 172x116mm P/B PVC **£16.95**



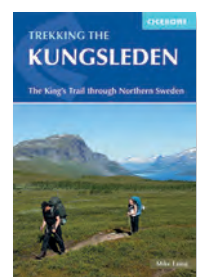
**Torres del Paine**  
*Rudolf Abraham*  
 Chile's 10 to 11-day Torres del Paine Circuit, a shorter Half Circuit (4 to 5 days), and treks and day walks in the Torres del Paine and Los Glaciares National Parks, centred on Puerto Natales.  
**9781852848408** **2018**  
 192pp 172x116mm P/B PVC **£17.95**



**Hiking and Biking Peru's Inca Trails**  
*William Janecek*  
 A range of half, full and multi-day walking and mountain bike routes, including 7 different routes with access to Machu Picchu via little-frequented Inca roads and trails.  
**9781852846312** **2013**  
 288pp 172x116mm P/B **£16.95**

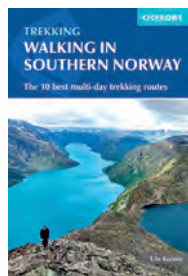


## Scandinavia, Iceland and Greenland



**Trekking the Kungsleden**  
*Mike Laing*  
 The Kungsleden (King's Trail) is Sweden's 460km premier long-distance trek, mostly within the Arctic Circle across Lapland. 28 stages. Includes an optional ascent of Kebnekaise.  
**9781852849825** **2019**  
 272pp 172x116mm P/B PVC **£17.95**





**Trekking in Southern Norway**  
*Ute Koninx*  
 10 short treks in southern Norway with variants. The hut-to-hut routes, of 3 to 8 days, cover Jotunheimen, Rondane, Dovrefjell, Trollheimen and Ryfylke, and an ascent of Galdhopiggen, Norway's highest peak at 2469m, is included. Suitable for experienced hikers.  
**9781852849757** **Jun 2020**  
 272pp 172x116mm **£17.95**  
 P/B PVC



**Trekking in Greenland – The Arctic Circle Trail**  
*Paddy Dillon*  
 Comprehensive backpacking guide to the 100 mile trail from Kangerlussuaq to Sisimiut crossing the largest ice-free area of West Greenland, 25-30 miles north of the Arctic Circle. Takes 7 to 10 days to complete.  
**9781852849672** **2019**  
 136pp 172x116mm P/B PVC **£16.95**



**Walking and Trekking in Iceland**  
*Paddy Dillon*  
 A range of walks and treks (a total of 100 days) right across the country, taking in amazing volcanic and glacial landscapes, coastal, off-island and inland, with lots of tips for budget travellers.  
**9781852848057** **2019**  
 352pp 172x116mm **£17.95**  
 P/B PVC



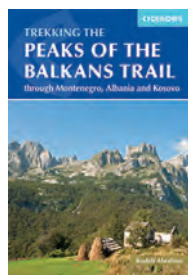
## Slovenia, Croatia, Serbia, Montenegro and Albania



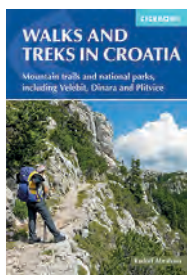
**The Slovene Mountain Trail**  
*Justi Carey, Roy Clark*  
 550km across Slovenia from Maribor near the Austrian border to Ankaran on the Adriatic coast, described as a series of 3 to 6-day treks through the Karavanke and Kamnik-Savinja mountains and Julian Alps.  
**9781786310200** **2019**  
 256pp 172x116mm P/B **£16.95**



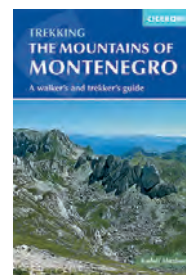
**Mountain Biking in Slovenia**  
*Rob Houghton*  
 35 full-day and half-day mountain biking routes in Slovenia. The graded routes range from 12 to 59km, taking in Gorenjska, Soca Valley, the South, as well as Central and North East Slovenia.  
**9781852848088** **2017**  
 208pp 172x116mm P/B **£16.95**



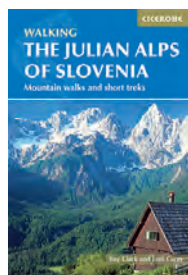
**The Peaks of the Balkans Trail**  
*Rudolf Abraham*  
 A 192km waymarked trek through Montenegro, Albania and Kosovo. Takes 2 weeks and covers terrain between 670m and 2300m in altitude, crossing remote valleys and mountain passes.  
**9781852847708** **2019**  
 160pp 172x116mm P/B **£16.95**



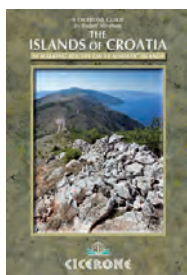
**Walks and Treks in Croatia**  
*Rudolf Abraham*  
 Day walks and treks in all Croatia's main hiking areas and national parks on the mainland, including the national parks of Northern Velebit, Paklenica, Risnjak, UNESCO-listed Plitvice Lakes and more.  
**9781852847692** **2019**  
 288pp 172x116mm P/B **£16.95**



**The Mountains of Montenegro**  
*Rudolf Abraham*  
 A guide to walking and trekking throughout the Dinaric Alps. 17 circular and linear routes, from easy hour-long outings to challenging 5-day treks involving exposure and scrambling.  
**9781852847319** **2019**  
 256pp 172x116mm P/B **£16.95**



**The Julian Alps of Slovenia**  
*Justi Carey, Roy Clark*  
 A guide to 58 walks in attractive limestone mountain scenery, from five bases – Kranjska Gora, Bovec, Kobarid, Bled and Bohinj. Valley strolls to high mountain routes, including Triglav, requiring via ferrata equipment.  
**9781852847098** **2019**  
 352pp 172x116mm **£17.95**  
 P/B PVC



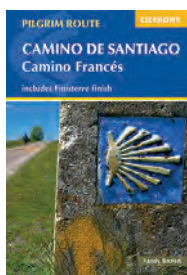
**The Islands of Croatia**  
*Rudolf Abraham*  
 30 day walks on 14 islands of the Croatian Adriatic, ranging from short, easy coastal strolls to more challenging, full-day outings, with spectacular views.  
**9781852847036** **2014**  
 240pp 172x116mm P/B **£16.95**



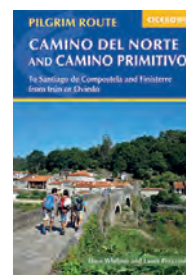
**Walking in Slovenia: The Karavanke**  
*Justi Carey, Roy Clark*  
 23 routes set across the mountainous border between Slovenia and Austria, with most approaches from the relatively gentle Slovenian side. Beautiful, untouched Alpine walking.  
**9781852846428** **2013**  
 192pp 172x116mm P/B **£15.95**



## Spain and Portugal



**Camino de Santiago: Camino Francés**  
*The Reverend Sandy Brown*  
 Guidebook and map book to walking the 784km Camino Francés from St Jean-Pied-de-Port in southern France to Santiago de Compostela in Spain, including an additional route to Finisterre. Split into 6 sections and 36 customisable stages, the guide lists over 500 pilgrim hostels.  
**9781786310040** **Jan 2020**  
 304pp 172x116mm P/B PVC **£17.95**

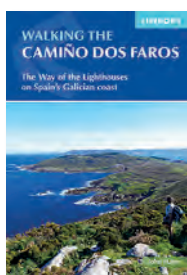


**The Camino del Norte and Camino Primitivo**  
*Laura Perazzoli, Dave Whitson*  
 The 820km Camino del Norte from Irún via Bilbao and Santander takes around 5 weeks to complete. The 355km Camino Primitivo takes about 2 weeks. Includes the Camino Finisterre.  
**9781786310149** **2019**  
 312pp 172x116mm P/B **£16.95**





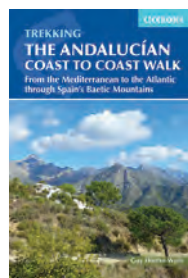
**The Camino Inglés and Ruta do Mar**  
*Laura Perazzoli, Dave Whitson*  
 116km Camino Inglés from Ferrol or A Coruña to Santiago de Compostela and the 190km Ruta do Mar linking Ribadeo with the Inglés at Ferrol. Includes the 120km camino to Finisterre or Muxia.  
**9781786310064** **2019**  
 152pp 172x116mm P/B **£14.95**



**Walking the Camino dos Faros**  
*John Hayes*  
 The Camino dos Faros, also known as the way of the lighthouses on Spain's Galician coast is a 200km route in eight stages and takes in some of the area's most enchanting coastal scenery. Incorporates some challenging walking.  
**9781852849719** **2019**  
 120pp 172x116mm P/B **£14.95**



**Cycling the Camino de Santiago**  
*Mike Wells*  
 850km cycle route from St Jean-Pied-de-Port to Santiago de Compostela, following the original pilgrim route with optional road variants. Suitable for most abilities, in 19 stages averaging 45km each.  
**9781852849696** **2019**  
 264pp 172x116mm P/B **£14.95**



**The Andalucian Coast to Coast Walk**  
*Guy Hunter-Watts*  
 A 416km, 21-day route from Maro on the Mediterranean coast to Bolonia, on the Atlantic, passing through 7 Natural Parks, and sites with Roman and Moorish origins including Ronda and Tarifa.  
**9781852849702** **2018**  
 216pp 172x116mm P/B PVC **£14.95**



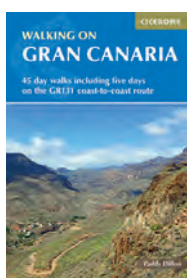
**Mountain Walking in Mallorca**  
*Paddy Dillon*  
 50 full and half-day walks (5.5km to 24km) in Mallorca's mountainous Serra de Tramuntana. Potential bases include Pollença, Sóller, Valldemossa and Andratx.  
**9781852849498** **2018**  
 288pp 172x116mm P/B **£14.95**



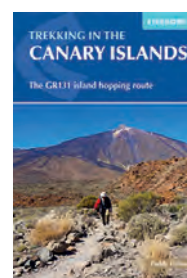
**Walking and Trekking in the Sierra Nevada**  
*Richard Hartley*  
 Walks and multi-day treks in the Sierra Nevada of Andalucía. The 38 routes take in the summit of Mulhacén, and villages including Trevélez and Capileira. Includes main ridge traverses and high mountain scrambles.  
**9781852849177** **2017**  
 272pp 172x116mm P/B **£14.95**



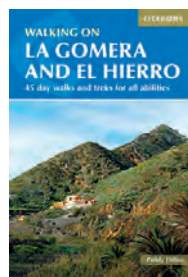
**The Mountains of Ronda and Grazalema**  
*Guy Hunter-Watts*  
 32 graded routes (4 to 16km) exploring the Natural Parks of Grazalema and La Sierra de las Nieves, the 'Pueblos Blancos' (White Villages), and the Genal and Guadalupe river valleys.  
**9781852848927** **2018**  
 224pp 172x115mm P/B **£16.95**



**Walking on Gran Canaria**  
*Paddy Dillon*  
 45 day walks on Gran Canaria, generally averaging 10 to 12km each. A long-distance coast-to-coast route on the GR131 is included, and shorter walks can be linked to form longer itineraries.  
**9781852848545** **Jan 2020**  
 240pp 172x116mm P/B **£14.95**



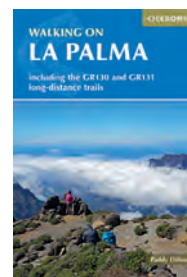
**Trekking in the Canary Islands**  
*Paddy Dillon*  
 The GR131 is an island-hopping 560km (348 miles) trail that runs coast to coast across each of the 7 Canary Islands. Described over 32 stages between Lanzarote and El Hierro, the route will take about 1 month to complete.  
**9781852847654** **Jan 2020**  
 272pp 172x116mm P/B **£16.95**



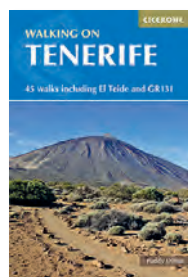
**Walking on La Gomera and El Hierro**  
*Paddy Dillon*  
 45 day walks and treks for all abilities from rugged mountain treks to coastal walks. The selection also covers the Camino de la Virgen and sections of the GR 131 and GR132.  
**9781852848415** **Apr 2020**  
 240pp 172x116mm P/B **£14.95**



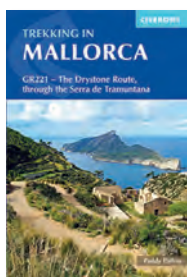
**Walking on Lanzarote and Fuerteventura**  
*Paddy Dillon*  
 45 walks including 14 on the long-distance GR131 trail, which crosses both islands. Lanzarote has a fascinating volcanic national park; Fuerteventura has famous golden beaches.  
**9781852846039** **2019**  
 240pp 172x116mm P/B **£14.95**



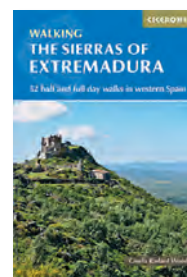
**Walking on La Palma**  
*Paddy Dillon*  
 45 walks and scrambles ranging from 7 to 31km in length. Some walks combine to complete the GR130 long-distance trail (eight days) and GR131 trail (three days).  
**9781852848538** **2019**  
 240pp 172x116mm P/B **£14.95**



**Walking on Tenerife**  
*Paddy Dillon*  
 45 walks revealing all the best walking along waymarked routes including routes on the slopes of, and ascent of, El Teide. Walks from 4 to 12 miles and from easy to arduous, including a 20 mile 'Three Peaks of Tenerife' tour.  
**9781852847937** **2017**  
 240pp 172x116mm P/B **£14.95**

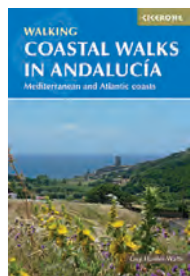


**Trekking in Mallorca**  
*Paddy Dillon*  
 The GR221 Drystone Route (140km in 10 day stages) traverses the Serra de Tramuntana between Pollença and Andratx, through forests, mountains and welcoming villages.  
**9781852848507** **2017**  
 216pp 172x116mm P/B **£16.95**

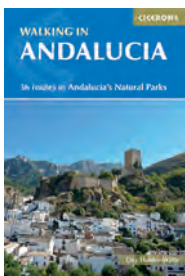


**The Sierras of Extremadura**  
*Gisela Radant Wood*  
 32 mainly circular walks (6 to 19km) in the provinces of Cáceres and Badajoz. Walks visit mountain Sierras, oak forests and ancient paths. Includes the Jerte Valley, Montánchez, Guadalupe and Monasterio.  
**9781852848484** **2017**  
 224pp 172x116mm P/B **£16.95**

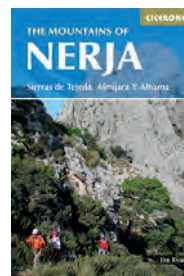




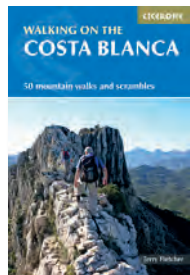
**Coastal Walks in Andalucia**  
*Guy Hunter-Watts*  
Over 40 half and full-day walks in Andalucia's Natural Parks and Reserves. Year-round walking, on Costa de la Luz, Costa del Sol, Nerja region and Costa del Almeria.  
**9781852848033** **2016**  
272pp 172x116mm P/B **£14.95**



**Walking in Andalucia**  
*Guy Hunter-Watts*  
The Alpujarra region of the Sierra Nevada, Aracena, Grazalema, Los Alcornocales and Gaucin, La Axarquía, and Cazorla. 6 walks in each region from 5 to 21km, graded for difficulty.  
**9781852848026** **Jan 2020**  
256pp 172x116mm P/B **£14.95**



**The Mountains of Nerja**  
*Jim Ryan*  
24 graded day walks in the Sierras de Tejeda, Almijara and Alhama in Azarquía, easily accessible from Nerja and Malaga on the Costa del Sol. Easy strolls to strenuous climbs.  
**9781852847548** **2017**  
160pp 172x116mm P/B **£14.95**



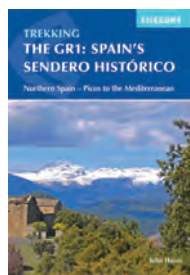
**Walking on the Costa Blanca**  
*Terry Fletcher*  
50 circular walks and scrambles exploring the mountains around the resorts of Alicante, Benidorm and Calp. Gentle strolls to demanding, steep and exposed routes from 3 to 20km long.  
**9781852847517** **2015**  
224pp 172x116mm P/B **£14.95**



**Walking in Menorca**  
*Paddy Dillon*  
16 day walks, plus a 4-day coast to coast and a 10-day trek of 185km round the coast. The trek uses historic trails that have been completely restored for easy walking.  
**9781852846886** **2013**  
224pp 172x116mm P/B **£14.95**



**Mountain Walking in Southern Catalunya**  
*Philip Freakley, Vivien Freakley*  
30 routes in 3 national parks between Barcelona and Valencia, including the immense limestone crags of the Parc Natural dels Ports overlooking the Mediterranean.  
**9781852845827** **2010**  
192pp 172x116mm P/B **£12.95**



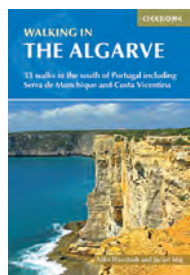
**Spain's Sendero Historico: The GR1**  
*John Hayes*  
1250km route traversing northern Spain from Puerto de Tarna (Leon) to the Mediterranean near L'Escala in Catalonia. Fascinating, varied landscapes and Pyrenees foothills. Described in 53 stages.  
**9781852845698** **2015**  
304pp 172x116mm P/B **£17.95**



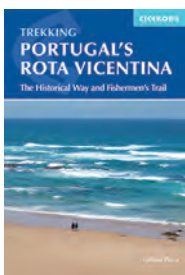
**Cycle Touring in Spain**  
*Harry Dowdell*  
A guide to eight 1 or 2-week routes including the Pyrenees and Picos de Europa, the Sierras de Demanda, Gredos and Guadarrama, Sierra Nevada and the Serranía de Ronda.  
**9781852843816** **2017**  
288pp 172x116mm P/B **£14.95**



**Walking in the Cordillera Cantabrica**  
*Robin Walker*  
A guide to remote mountain walking in the Cordillera Cantabrica in northern Spain, arranged by valley bases and offering 60 routes throughout this region.  
**9781852843632** **2003**  
352pp 172x116mm PVC **£15.00**



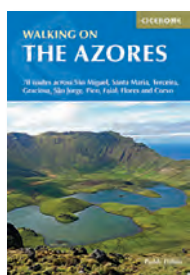
**Walking in the Algarve**  
*Jacint Mig, Nike Werstroph*  
33 day walks in the Algarve, Portugal's southernmost region. The selected routes offer both coastal and inland options, including the Serra de Monchique and Costa Vicentina, the south and west coasts, the central region and East Algarve.  
**9781852849948** **2019**  
192pp 172x116mm P/B **£16.95**



**Portugal's Rota Vicentina**  
*Gillian Price*  
Rota Vicentina is a stunning 220km route down the southwestern Atlantic coast, through the Alentejo and Algarve districts. The route, which is suitable for all fit walkers, is described across 12 stages, making it perfect for a two-week holiday.  
**9781852849603** **2019**  
112pp 172x116mm P/B **£14.95**



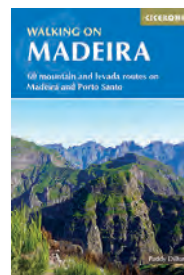
**The Camino Portugués**  
*Kat Davis*  
The 620km route from Lisbon in Portugal to Santiago de Compostela in Spain, split into 25 stages with two coastal options, and takes in historic and religious sites and stunning scenery.  
**9781852849320** **2019**  
336pp 172x116mm P/B **£16.95**



**Walking on the Azores**  
*Paddy Dillon*  
70 walks on the Azores, a remote archipelago in the North Atlantic Ocean. Most of the walks are easy or moderate, across all nine islands, from easy village-to-village to remote mountain walks including Portugal's highest mountain, Pico.  
**9781852849085** **2019**  
296pp 172x116mm P/B **£16.95**



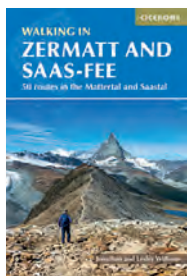
**Walking in Portugal**  
*Andrew Mok, Simon Whitmarsh*  
Over 40 graded walks throughout Portugal. The mostly circular half-day and day routes showcase the country's varied scenery and beautiful national parks.  
**9781852848897** **2018**  
264pp 172x116mm P/B **£16.95**



**Walking on Madeira**  
*Paddy Dillon*  
Selection of day walks exploring Madeira's network of levadas (water channels) as well as routes across steep and rugged mountains, with slopes of bare rock or laurisilva 'cloud' forest. Includes the neighbouring island of Porto Santo.  
**9781852848552** **2018**  
296pp 172x116mm P/B **£14.95**



## Switzerland



### Walking in Zermatt and Saas-Fee

*Lesley Williams,  
Jonathan Williams*

50 graded day walks based around the resort towns of Zermatt and Saas-Fee. The routes cover the Mattertal and Saatal valleys and their surrounding mountains and offer spectacular views of the Swiss 4000m giants, including the Matterhorn and Monte Rosa.

9781786310750 **Jun 2020**  
256pp 172x116mm P/B **£16.95**

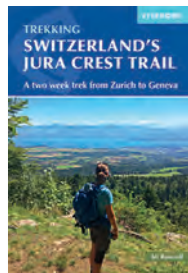


### Walking in the Engadine - Switzerland

*Kev Reynolds*

100 day walks in the Engadine, Val Bregaglia, neighbouring valleys and the Engadine National Park. Gentle rambles to adventurous high-level routes from 4 to 16km visiting forests, meadows, lakes and high mountains.

9781786310521 **2019**  
312pp 172x116mm P/B PVC **£16.95**

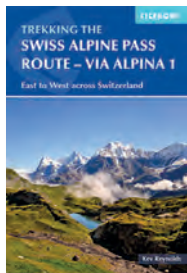


### Switzerland's Jura Crest Trail

*Ali Rowsell*

Also known as the Jura High Route, this 2-week, 310km trek traverses the undulating limestone plateau of the Swiss Jura from Dielsdorf near Zurich to Nyon on Lac Léman (Lake Geneva).

9781852849450 **2019**  
184pp 172x116mm P/B **£16.95**



### The Swiss Alpine Pass Route - Via Alpina Route 1

*Kev Reynolds*

The Alpine Pass Route between Sargans and Montreux, following the Swiss Via Alpina 1, including prologue from Liechtenstein. Demanding 3-week trek crossing 16 passes including 2778m Hohtürl pass.

9781852849276 **2017**  
224pp 172x116mm P/B PVC **£16.95**



### Tour of the Jungfrau Region

*Kev Reynolds*

The Tour of the Jungfrau Region is described as a clockwise circuit, in 10 stages (with alternatives offered), through the Bernese Oberland under the Mönch, Eiger and Jungfrau.

9781852848644 **2018**  
128pp 172x116mm P/B PVC **£14.95**



### Walking in the Bernese Oberland

*Kev Reynolds*

Over 100 routes around Grindelwald, Lauterbrunnen, Gsteig and Meiringen dominated by the Oberland's iconic Eiger, Mönch and Jungfrau mountains. Varied selection of routes for all abilities.

9781852847968 **2018**  
320pp 172x116mm P/B PVC **£17.95**



### Walking in the Valais

*Kev Reynolds*

An essential guide to 111 day walks and 10 multi-day tours in the Pennine Alps, with the Matterhorn, Dent Blanche and Monte Rosa providing a perfect background.

9781852847333 **2014**  
320pp 172x116mm PVC **£17.95**



### The Swiss Alps

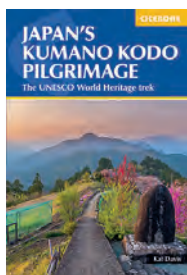
*Kev Reynolds*

An inspirational and comprehensive resource for independent adventurers planning to walk, trek or climb in this iconic mountain country, described in detail valley by valley.

9781852844653 **2012**  
464pp 234x156mm P/B **£25.00**



## Japan and Asia



### Japan's Kumano Kodo Pilgrimage

*Kat Davis*

Japan's Kumano Kodo is a network of ancient pilgrimage trails on the Kii Peninsula, south of Osaka. Covering the Nakahechi, Kohechi and Iseji trails, as well as Koyasan and the Choishimichi route.

9781852849726 **2019**  
240pp 172x116mm P/B **£17.95**

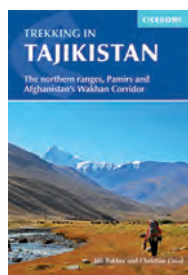


### Hiking and Trekking in the Japan Alps and Mount Fuji

*Tom Fay, Wes Lang*

27 routes in the North, Central and South Alps, and Mt Fuji area. Short easy walks to long, tough treks and scrambles. Covers popular areas of Hakuba, Tateyama, Kamikochi, Kawaguchiko.

9781852849474 **2019**  
400pp 172x116mm P/B PVC **£22.95**



### Trekking in Tajikistan

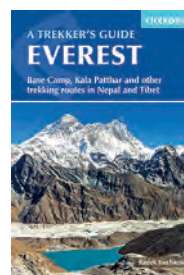
*Jan Bakker, Christine Oriol*

21 treks exploring 7 different mountain areas, including the Northern Ranges, Pamir Mountains and Afghanistan's Wakhan corridor. Includes a few day hikes. With advice on equipment, permits, visas and travel.

9781852849467 **2018**  
400pp 172x116mm P/B PVC **£22.95**



## Himalaya



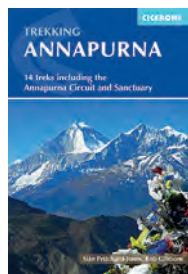
### Everest: A Trekker's Guide

*Radek Kucharski, Kev Reynolds*

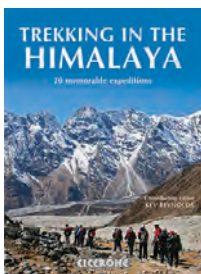
Comprehensive trekking guide to Thame Valley, Lukla to Namche, Everest Base Camp from Namche and Gokyo, two routes in Tibet (Rongbuk and Kharta Valley), and the new Three Passes trek (Dingboche to Namche via Kongma La, Cho La, Renje La).

9781852848361 **2018**  
320pp 172x116mm P/B PVC **£17.95**

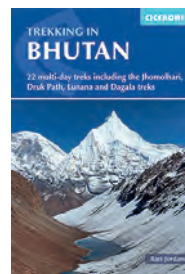




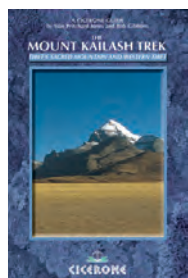
**Annapurna**  
*Bob Gibbons,  
 Siân Pritchard-Jones*  
 14 treks of various lengths  
 throughout the Annapurna  
 Conservation area, including the  
 Annapurna Circuit and Sanctuary.  
 Packed with extensive planning  
 information.  
**9781852848262** **2017**  
 328pp 172x116mm P/B PVC **£18.95**



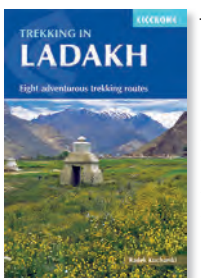
**Trekking in the Himalaya**  
*Kev Reynolds*  
 Inspirational guide outlining 20  
 treks in the Himalaya, including  
 those in Bhutan, India, Nepal,  
 Tibet and Pakistan. Classic routes  
 such as Everest Base Camp and  
 Annapurna covered, as well as  
 quiet, less-frequented explorations.  
**9781852846053** **2013**  
 256pp 240x170mm P/B **£20.00**



**Trekking in Bhutan**  
*Bart Jordans*  
 22 multi-day treks including the  
 Jhomolhari, Druk Path and Dagala  
 treks. The trails are mostly in western  
 and central Bhutan, vary from 2  
 to 23 days and range from easy to  
 strenuous.  
**9781852849191** **2018**  
 320pp 172x116mm  
 P/B PVC **£19.95**



**The Mount Kailash Trek**  
*Bob Gibbons,  
 Siân Pritchard-Jones*  
 A guide to a 3 to 4-day trek following  
 the pilgrim route around Mount  
 Kailash (6714m), including travel  
 and cultural information and a visit  
 to the lost kingdom of Guge.  
**9781852845148** **2007**  
 208pp 172x116mm PVC **£12.95**



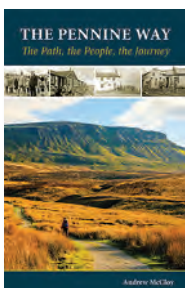
**Trekking in Ladakh**  
*Radek Kucharski*  
 Eight treks in multiple stages, in a  
 remote and high-altitude landscape  
 of Ladakh, Zaskar and the Markha  
 Valley, where trekking is extremely  
 challenging. Ideal for adventurous  
 trekkers.  
**9781852848309** **2015**  
 384pp 172x116mm PVC **£22.95**



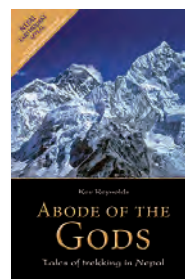
## Mountain Literature



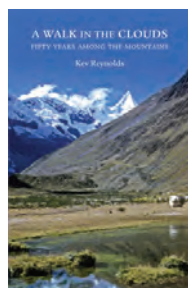
**Fifty Years of Adventure**  
*Kev Reynolds*  
 Commemorating Cicerone's 50th  
 year, this is a compilation of tales  
 by Cicerone authors. A story to  
 celebrate each year, the collection  
 is a delicious hotpot of adventures  
 from around the world in their  
 every shape and form.  
**9781786310309** **2018**  
 160pp 240x220mm H/B **£25.00**



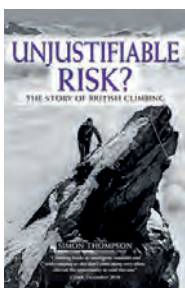
**The Pennine Way – the Path,  
 the People, the Journey**  
*Andrew McCloy*  
 A personal, thoughtful and often  
 humorous story. Well-researched  
 history, delightful people – from  
 rambles to resourceful B&B  
 landladies, and the author's own  
 experiences.  
**9781852849245** **2016**  
 240pp 216x138mm P/B **£12.95**



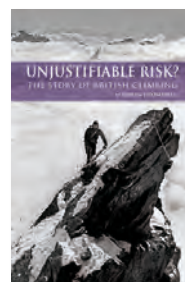
**Abode of the Gods**  
*Kev Reynolds*  
 Covering Kangchenjunga,  
 Annapurna, Everest, Langtang,  
 Mansalu, Daplo, the Far West and  
 the Mugu region, Kev Reynolds  
 tells in lyrical tones of his first  
 explorations, spread over 25 years.  
**9781852847715** **2015**  
 288pp 234x156mm H/B **£19.95**



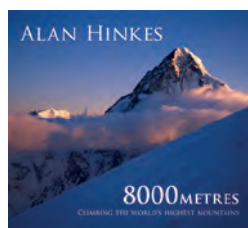
**A Walk in the Clouds**  
*Kev Reynolds*  
 75 stories sharing Kev Reynolds'  
 most treasured moments in 50 years  
 among the mountain tops of the  
 Pyrenees, Alps, Himalaya, Atlas  
 Mountains and elsewhere.  
**9781852847265** **2013**  
 224pp 216x138mm P/B **£12.95**



**Unjustifiable Risk?**  
*Simon Thompson*  
 The story of British climbing over  
 200 years, exploring its social,  
 economic and cultural aspects,  
 and the achievements and motives  
 of those who have shaped its  
 development.  
**9781852846794** **2012**  
 400pp 198x129mm P/B **£9.99**



**Unjustifiable Risk?**  
*Simon Thompson*  
 The story of British climbing over  
 200 years, exploring the social,  
 economic and cultural aspects,  
 and the achievements and motives  
 of those who have shaped its  
 development.  
**9781852846275** **2010**  
 400pp 234x156mm H/B **£20.00**



**9781852845483** **2017**  
 192pp 265x290mm H/B **£25.00**



**8000 metres**  
*Alan Hinkes*  
 Alongside stunning  
 photography, renowned  
 mountaineer Alan Hinkes  
 relates his awe-inspiring  
 experiences of climbing all  
 14 of the world's highest  
 mountains.

## Techniques



**Fastpacking**  
*Lily Dy*  
 An introduction to the fastpacking  
 concept through inspiring stories,  
 tales from endurance legends such  
 as Jez Bragg, 12 route ideas from both  
 adventures to 'hut-hopping' trips,  
 plus practical tips and tricks.  
**9781852849573** **2018**  
 200pp 172x116mm P/B **£12.95**





### The Mountain Hut Book

Kev Reynolds

An informative and entertaining introduction to mountain huts and refuges, exploring their history, and explaining modern-day hut etiquette. With profiles of the author's favourite huts, and sample hut-to-hut routes in the Alps and Pyrenees.

9781852849283

2018

256pp 210x148mm P/B

£14.95



### Geocaching in the UK

Terry Marsh

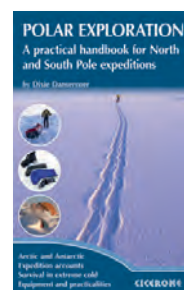
A UK-oriented guide to geocaching, an accessible, fun, family-friendly and popular outdoor activity. Information on gear and how to identify, find and create your own geocaches.

9781852847395

2014

144pp 216x138mm P/B

£12.95



### Polar Exploration

Dixie Dansercoer

A comprehensive guidebook to exploring the world's polar extremes, full of the pioneering author's first-hand experiences, useful tips and unrivalled knowledge.

9781852846657

2012

192pp 216x138mm P/B

£15.95



### Outdoor Photography

Chiz Dakin, Jon Sparks

Thorough introduction to the basics, focusing on capturing outdoor activities on dry land and in the water, and making the most of digital images when you get them home.

9781852846466

2011

256pp 216x138mm P/B

£14.95



### Map and Compass

Pete Hawkins

This comprehensive guide to navigation gives the confidence to get away from crowds, invent your own routes and discover new areas. For veterans and newcomers alike.

9781852845988

2019

176pp 216x138mm P/B

£14.95



### Lightweight Camping

John Traynor

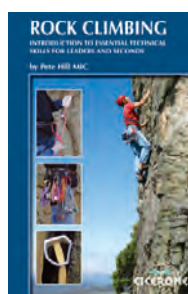
A guide to camping without the kitchen sink – on foot or by bike, canoe or car. Tips on gear, luggage, pitches and campsites, coping with weather and taking the kids.

9781852845834

2010

160pp 216x138mm P/B

£12.95



### Rock Climbing

Pete Hill

A handbook for novice and experienced climbers, covering all the technical skills needed from entry-grades to classic multi-pitch crag and mountain routes.

9781852845292

2008

192pp 216x138mm P/B

£12.95



### Sport Climbing

Pete Hill

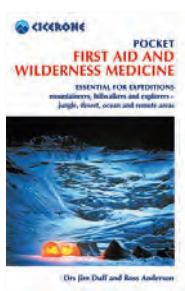
A handbook covering all technical skills needed for bolted sport routes, from short single pitch entry-grade routes to classic multi-pitch crag and mountain routes.

9781852845285

2007

192pp 216x138mm P/B

£12.95



### Pocket First Aid and Wilderness Medicine

Ross Anderson, Jim Duff

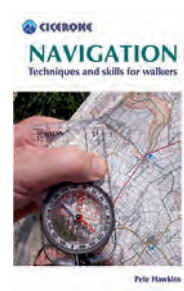
Written by specialist doctors, this pocket guide provides clearly referenced chapters on how to minimise risks (including the preparation of first-aid kits) and how to cope with accident or illness in remote settings.

9781852849139

2019

256pp 155x100mm P/B PVC

£11.95



### Navigation

Pete Hawkins

A pocket handbook to learn map and compass skills for mountain walking. Chapters include map scales, symbols and contours, grid references, map reading, bearings, route planning and night and bad-weather navigation, as well as navigating with a GPS.

9781852848910

2019

152pp 155x100mm P/B PVC

£9.95



### Alpine Flowers

Gillian Price

Small, relevant field guide to 230 of the most commonly found Alpine species. Categorised by colour with notes on curious historical facts and origins of names.

9781852845650

Dec 2019

144pp 155x100mm P/B

£11.95



### Snow

Robert Bognesi

A comprehensive guide to understanding, testing, measuring and assessing snow conditions to help you make better avalanche forecasts.

9781852844745

2015

64pp 155x100mm PVC

£9.99





# Did you miss anything important in 2019?

NEW TITLES AND EDITIONS: 2019				
MAY	The Camino del Norte and Camino Primitivo	9781786310149	£16.95	9 781786 310149
	Shorter Treks in the Pyrenees	9781852849306	£16.95	9 781852 849306
	Walking the Kungsleden	9781852849825	£17.95	9 781852 849825
	The Peddars Way and Norfolk Coast Path	9781852847500	£12.95	9 781852 847500
	Walking Lake Como and Maggiore	9781786310231	£14.95	9 781786 310231
JUNE	Chamonix to Zermatt	9781786310484	£14.95	9 781786 310484
	Walks and Treks in Croatia	9781852847692	£16.95	9 781852 847692
	Cycle Touring in Wales	9781852849887	£12.95	9 781852 849887
	The Camino Ingles and Ruta do Mar	9781786310064	£14.95	9 781786 310064
JULY	Snowdonia: Low level and easy walks - North	9781852849849	£9.95	9 781852 849849
	The Cambrian Way	9781852849900	£14.95	9 781852 849900
	Walking in the Engadine, Switzerland	9781786310521	£16.95	9 781786 310521
	Walking in the Galloway Hills	9781786310101	£12.95	9 781786 310101
	Walking in Umbria	9781852849665	£16.95	9 781852 849665

NEW TITLES AND EDITIONS: 2019				
AUGUST	Walking in Italy's Cinque Terre	9781852849733	£14.95	9 781852 849733
	The Big Rounds	9781852847722	£18.95	9 781852 847722
	Walking on Jura, Islay and Colonsay	9781852849795	£14.95	9 781852 849795
SEPTEMBER	Walks and Climbs in the Pyrenees	9781786310248	£17.95	9 781786 310248
	Walking in the Lake District Fells – Wasdale	9781786310316	£14.95	9 781786 310316
	Walking in the Lake District Fells – Langdale	9781786310323	£14.95	9 781786 310323
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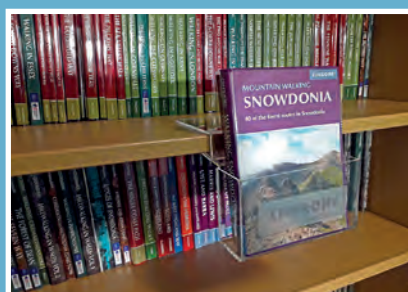
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